



**MENDOCINO COUNTY
BEHAVIORAL HEALTH
ADVISORY BOARD**

MINUTES

**June 15, 2016 from 10:00 AM to 2:00 PM
Conference Room 1
1120 South Dora Street, Ukiah CA**

Chairperson
Nancy Sutherland
Vice Chair
John Wetzler
Secretary
Dina Ortiz
Treasurer
Kate Gaston
BOS Supervisor
John McCowen
BOS Supervisor
Alternat Dan Hamburg

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| 1ST DISTRICT: DENISE GORNY JAN MCGOURTY LOIS LOCKART | 2ND DISTRICT: CATHY HARPE DINA ORTIZ KATE GASTON | 3RD DISTRICT: MARGIE HANDLEY MAUREEN O'SULLIVAN NANCY SUTHERLAND | 4TH DISTRICT: EMILY STRACHAN JILL MCCAUGHNA TAMMY LOWE | 5TH DISTRICT: JOHN GILMORE JOHN WETZLER ROGER SCHWARTZ |
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Regular Meeting **Special Meeting** **Standing Committee Meeting**

All Agenda Items are Subject to Discussion and/or Action

Timed Items:

11:30 - 12:00 Susan Bridge-Mount and Diana Clarke to present on the Senior Peer Counseling Program for the Coast and Inland areas.
12:30 - 1:00 Judge Anne Moorman and Scott Campbell to present on Behavioral Health Court
1:00 - 2:00 Karen Lovato to present on the MHSA 3-Year Plan update - Board Discussion & Action.

| Agenda Item / Description | | Action |
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| Item 1 | <p>Open Session, Call to Order, and Roll Call, Quorum Notice, Agenda Changes:</p> <ul style="list-style-type: none"> • Meeting called to order by Chair Sutherland at 10:05 AM • Roll call by Secretary Ortiz: <ul style="list-style-type: none"> ○ Members present - Gorny, McGourty, Lockart, Harpe, Ortiz, Gaston, Handley, O'Sullivan, Sutherland, Strachan, McCaughna, Gilmore, Schwartz • Quorum notice announced at 10:07 AM • Change to agenda and announcement by Chair Sutherland - Tammy Lowe has resigned from the BHAB. Letter from Tammy was read by Chair Sutherland. • Mission Statement read by Member McGourty. <p align="center"><u>Mendocino County Behavioral Health Advisory Board Mission Statement:</u></p> <p align="center"><i>"To be committed to consumers, their families and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."</i></p> | |
| Item 2 | <p>Approval and Discussion of May 18, 2016 Regular BHAB Meeting Minutes: <i>Handout</i></p> | <p>Board Action: Upon motion by Member Gorny and seconded by Member Schwartz with an unanimous vote by BHAB</p> |

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| | | members present: It is ordered to approve the BHAB minutes from the May 18, 2016 meeting as written. |
| Item 3 | <p>Treasurer and Secretary Reports - Discussion and Action</p> <p>Treasurer Report: a. BHAB Expense Report - Handout</p> <p>Secretary Report: a. Communications: Nothing at this time</p> | <p>Treasurer Gaston requested BHAB members turn in all travel expenses ASAP.</p> <p>Board Action: BHAB members present accepted the treasurer report.</p> |
| Item 4 | <p>Report from Chair Sutherland Report from the Chair - Handouts</p> <ul style="list-style-type: none"> ❖ Review and some changes to the report: <ul style="list-style-type: none"> • Announcement of Tammy Lowe has resigned from the BHAB effective June 14, 2016. • Discussion of the transition meetings being attended by Chair Sutherland and Vice Chair Wetzler. <ul style="list-style-type: none"> ○ Comment from BHRS Director Miller – contracts for RQMC and OMG are going to CEO Angelo for signature today (6/15/16). • Discussion on the Community Health Needs Assessment presentation and planning meeting. <ul style="list-style-type: none"> ○ On May 8, 2016 Mendocino County's Health high risk areas were presented, and three subjects were chosen by the community leadership: poverty, childhood obesity and mental health. Member Gaston is participating in the mental health subcommittee. • Discussion of BHAB members representing the board at other meetings. General direction is that members should have a good idea of what is being done within the BHAB and members should be sure to communicate at the meetings as to what they are doing. | <p>Board Action: Report from the Chair accepted by BHAB members present.</p> |
| Item 5 | <p>Public Comment - Statement to be read by Vice Chair:</p> <p><i>Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Behavioral Health Advisory Board. Comments will be limited to three minutes or longer, at the discretion of the Chair. Speakers do not have to identify themselves.</i></p> <p><i>Members of the public wishing to make comments to the Mendocino County Behavioral Health Advisory Board will be recognized at this time. Public comment is also requested at each agenda item particular to that agenda subject matter.</i></p> <p><i>Board members may only “briefly respond” to public comments.</i></p> | <p>Based on a comment from the public, the Veteran’s Hall will be looked at as a possible location for F/Y 2016/2017 BHAB meeting.</p> |

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| | <p><i>Record of Public Comment may be documented by the Behavioral Health Advisory Board Secretary and added as an addendum to the minutes.</i></p> <ul style="list-style-type: none"> • Chair Sutherland read the Public Comment Statement. • HHSA Director Tammy Moss Chandler introduced herself to the BHAB members and the public attending. She commented that she is happy to be with Mendocino County. | |
| <p>Item 6</p> | <p>Director's Report - Jenine Miller, Psy. D., Behavioral Health Director: <i>Handout</i></p> <p>a. Director Presentation on the Access Line:</p> <ul style="list-style-type: none"> • Description of access line: The County is required to have a 24 hour access line by the State. We had in the past a combo Crisis/Access line that was answered by OMG. • With the transition, the Crisis and Access lines will be separated. The County will be taking the Access line in-house. RQMC will be answering the Crisis line. <ul style="list-style-type: none"> ○ The public can call the Access line any time and get information on how to access specialty mental health services, how to file a grievance, file an appeal, State Fair hearing or a variety of other information. Every call must be logged. ○ We are required to test the Access line each month, the county does 6 test calls and if possible in a language other than English. The State will do test calls to see if we are handling the calls and logging them correctly. • We will be merging the Access line into a HHSA Access line. SUDT, Mental Health, CWS, APS and EFAS requests for information will all be addressed through the Access line. <ul style="list-style-type: none"> ○ We will be looking to hire about 7 people for the access line to cover 24/7. • Tim Schraeder will be developing a flow chart to map out where and how to get services for Access and Crisis. • Discussion of the phone numbers for Access and Crisis lines. They will be advertised and they are listed in the BHRS Newsletter. We will be putting out cards with the numbers, a special edition BHRS Newsletter all about the transition will be published in July. <ul style="list-style-type: none"> ○ It will not matter which number the public calls they will get the information needed. • Question regarding Felony Competency Training at the Jail. BHRS Director Miller is waiting for a return call from CFMG as they want to be part of the contract with the State and Dr. J Holden. • Discussion of a homeless day center being available for people during the heat of the day. The Wellness centers are available to the homeless also. | <p>Tim Schraeder will make a flow chart for Access / Crisis information.</p> <p>Access line number 800-555-5906 Crisis line number 855-838-0404</p> |

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| | <p>b. May Expenditure Reports - Doug Gherkin, Chief Financial Officer</p> <ul style="list-style-type: none"> • The FY 2016/2017 budget for BHRS has been submitted. The fiscal unit didn't do a pre-budget they went directly to a final budget to submit. Everything went very smooth, fiscal is pleased with the results. • All of MHSAs funds will be used for services there will be no administration costs taken out. • CFO Gherkin gave Mary Alice Willeford Kudos for her help and working so many hours to get the budget ready. • The budget is less than last year but is balanced for FY 2016/2017. Discussion of how the budget was balanced with less funding; with some services coming back in-house they can be provided at a lower cost. Going to one ASO is saving also. • Mental Health will be participating in the County Sponsored Job Fair and will be recruiting. • Mental Health Rehab Specialist positions for the Access line are in the process of interviews. | |
| <p>Item 7</p> | <p>RQMC and OMG Data and Updates by Written Report:</p> <p>a. Redwood Quality Management Company - Handouts Tim Schraeder, MFT - Chief Executive Officer to answer questions:</p> <ul style="list-style-type: none"> • Tim Schraeder -RQMC is thrilled with the interaction with the County in the collaboration during this transition process. • Children's system is moving along and seems to be working smoothly. • RQMC is working on training the new adult providers, and have started with new referrals as of June 1st. • RQMC is working on moving clients back into the community. Although housing is an issue in this county. They would like to move clients out of locked facilities and into local housing. • RQMC is continuing to talk about how to include clients in the Mental Health Court program. • RQMC is asking for BHAB board's advocacy in moving clients into the community. • Chandra Gonsales – RQMC is ramping up crisis, have had 2 of their new staff start already, the other staff will be starting July 1st. • RCS Access/Wellness Center will be moving to a building on Perkins Street. On July 15th the State will be coming to certify the building. • Member Lockart asked if RQMC has considered going to the planning commission as an opportunity to get housing for clients. • Question about the access center in Fort Bragg remaining open. RQMC currently has an access center located in Fort | |

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| | <p>Bragg. They will continue to operate out of that building for both children and adults.</p> <ul style="list-style-type: none"> • Question about whether staff training will be directed for Native American people. Chandra stated she thinks it is a good idea to make more of a focus on cultural information in the training. <p>b. Ortnier Management Group - Handouts</p> | No Representative present from OMG |
| Item 8 | <p>Susan Bridge-Mount and Diana Clarke - Presentation on Senior Peer Counseling (SPC)</p> <p>a. Susan Bridge-Mount is the Coordinator for FB senior center. She has been the coordinator for 5 years.</p> <ul style="list-style-type: none"> • There have been 225 in home services on the coast, 700 hours of volunteer service and 475 hours of travel donated by the Senior Peer Counselors. Right now they have 5 volunteers. Susan would like to increase to 10 volunteers. • Peer counselors try to help seniors sort out and deal with problems. • Susan has business cards that are going out to clients and businesses for reference and as a way to refer seniors to SPC. • Susan met with people from Gualala/Point Arena area Senior Center to discuss the SPC program and hope that they can get something going in the South Coast area. <p>b. Diane Clarke- is the coordinator for the inland area.</p> <ul style="list-style-type: none"> • Diane handed out information regarding the program. • The program has really grown in the last 5 years. • The Inland area (Ukiah & Willits) have about 6 volunteers, they do about 50 visits a month, and receive about \$25 for training. • They get referrals from health care providers, family members, and other concerned community members. • The SPC volunteers can help line up other services that seniors need, help them deal with transition to new facilities or situations. • Volunteers come from a lot of different backgrounds. Counselors are 55 or older. Clients are much happier with an older person coming to help them. • The SPC program has been a great help to seniors and has made a huge difference in their lives. | |
| 12:00 to 12:30 LUNCH BREAK | | Adjourned at 12:03 PM Reconvened at 12:35 PM |
| Item 9 | <p>Judge Anne Moorman and Scott Campbell - Presentation on Behavioral Health Court</p> <p>a. Scott Campbell - Worked for the County for 13years in SUDT before going to the Mental Health Court (MHC) program.</p> <ul style="list-style-type: none"> • The MHC started April 18, 2014. Since the start has had 57 | |

clients in Ukiah and 13 clients in Fort Bragg.

- In the last year there's been 27 clients in Ukiah and 13 clients in Fort Bragg.
 - In Ukiah there have been 13 clients that have graduated since the grant's start, with 16 clients having exited. In Fort Bragg there have been 3 clients that have graduated and 6 clients having exited.
 - The average number of days for a client to graduate is 447 days. Average number of days before exiting in Ukiah is 135 days, and 88 days in Fort Bragg.
 - Currently there are 15 active clients in Ukiah and 6 clients in Fort Bragg.
 - There are 3 primary organizations that support the clients in life skills, Manzanita and MCAVHN inland, Hospitality Center on coast, RQMC and on occasion Regional Center.
- b. **Judge Moorman** – In 2012-2013 she started talking about the need for a MHC program. It started because she saw how much mental health issues were an influence on people being arrested repeatedly.
- They started with low level crimes, misdemeanors and it has now grown to felony charges also.
 - The DA office made the court aware of a grant (federal) in the amount of \$300,000 to fund the MHC. Judge Moorman was awarded the 3 year grant.
 - The grant has funded a nurse at the jail (the nurse identifies inmates that have mental health issues), respite beds at Ford St, and Wraparound services.
 - Clients must report for every court date.
 - For a client to be accepted into MHC they have to have an unanimous vote from Court, DA, Public Defender/Alternate Defender or private counsel to be accepted into the program.
 - Judge Moorman gives credit to Scott, the providers and medical staff at the jail for the success of the program.
 - MHC saves the County money and saves lives.
 - There will be 2 and maybe 3 clients graduating this month (June).
 - Definition of "Exiting"; client not following the rules, no drugs or alcohol.
 - Only one client has been rearrested since they graduated.
 - If a client that has graduated gets rearrested, they may come back to the program, depending on the crime.
 - Judge Moorman's wish list would include having more access to mental health services, expanding or helping in the quality of services, expand how many clients can be served and contract with a psychiatrist for follow up.
 - Question regarding clients having jobs, and possible vocational training. Providers do provide some job and life skills training. Working on getting clients to start taking classes at the college.
 - Veteran's office has been great in supporting the MHC.

to redraft and resubmit proposals.

- Question regarding why the Innovation Project is not being successful and if the innovation funds can be used for other needs in Covelo.
 - The Innovation funds cannot be used for anything other than a new innovative project.
- Question - Why isn't Covelo made a priority for services and funding? Comment from a community member -BHAB members need to support the funding going to Covelo and the BOS needs to make it a priority. Covelo has never had any support.
- Concern expressed about the Innovation project not being written by Covelo people. Karen explained that everything that has been sent to the State has been written and approved by Round Valley committee members.
- \$393,000 is the funding purposed for the inn project in Covelo.
 - Member Strachan suggested that the history of discrimination toward Mendocino County's Native American Community could be included as a unique/innovative factor to support the Innovation Project.
- Member O'Sullivan stated she talked to the people from Covelo and the money that has been awarded to Covelo is not enough to support the programs they need and they need more funding from MHSA.
- Page 39 regarding if there is a parent partner program in Covelo. Currently there is not, but with the funding allotted for the FY 16/17 there may be.
- Question about a breakout of individual funding in the MHSA Plan.
 - MHSA staff does get the feedback that it's not program specific, it will be addressed in the next 3 year plan.
- Page 51 regarding the annual update funding totals. Is it possible to use some of the money that is not dedicated at this time to fund more services in Covelo?
 - MHSA/Fiscal staff will look at the funds and see what can be allotted to Covelo.
- MHSA will be looking at changing how and where the funds are allotted.
- Question - Will MHSA Facility and Capital funds be used to upgrade the tech systems?
- Question - Will sub-contractors experience issues by not having an EHR system?
- Page 51 regarding unspent funds. Would it be possible to use the funds for forgiving loans to hire a psychiatrist for the County?
 - MHSA /Fiscal will have to look into that possibility.
- Karen announced there will be a Special Edition BHRS Newsletter coming out all about MHSA information. No

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| | <p>publish date at this time.</p> <p>c. Draft BHAB letter submitted (part of agenda packet).</p> <ul style="list-style-type: none"> • Member Gaston suggested that Chair Sutherland check with the person mentioned in the letter to see if they are willing to give permission to use their name. <ul style="list-style-type: none"> ○ Chair Sutherland will follow up with getting permission to use the name. | <p>Chair Sutherland to follow up with name mentioned in draft letter.</p> |
| <p>Item 11</p> | <p>Discussion and Possible Approval of BHAB By-Laws - Handout</p> <ul style="list-style-type: none"> • Chair Sutherland checked with BHAB members that they had all received the memo that Supervisor McCowen requested Acting Administrative Secretary Peckham to e-mail to BHAB members June 14, 2016. Member Lockart was given a hard copy before the BHAB meeting was called to order. • Supervisor McCowen outlined in the memo a proposed change to the BHAB By-Laws regarding the definition of the 3 year term for BHAB members. • The proposed solution as written in the memo: <i>“Proposed Solution: Retain the appointment to fixed three year terms but simplify the process for re-appointment of incumbent members. Currently, incumbent members who wish to continue must submit a new application. In discussions with Executive Office and COB staff, it has been decided that this process can be streamlined.</i> <p><i>In the future, one email from the BHAB Chair or Secretary attesting that specified incumbent BHAB members wish to be re-appointed is all that will be required. COB staff will then check with the District Supervisor and provided approval is given, the re-appointment can be included on the next available agenda. The only requirement for a BHAB member who wishes to continue in office will be to say so and take the oath of office once the appointment is made.”</i></p> <ul style="list-style-type: none"> • Supervisor McCowen stated he thinks that if the changes as outlined in the memo are approved by the BHAB members the By-Laws will be approved by the BOS easily. • Discussion of the proposed changes by BHAB members. • Discussion regarding changing the By-Laws to having the BOS advisory member being counted as a member of the BHAB but not being able to vote. The members do not want to increase the total number of BHAB members needed for a quorum number. <p>Adjourned 2:36</p> | <p>Board Action: Upon motion by Member Handley and seconded by Member Harpe with a vote of 12 Yay and 1 abstaining by BHAB members present: It is ordered to approve the draft BHAB By-Laws with the proposed change as outlined in the memo sent by Supervisor McCowen.</p> |
| <p>Item 12</p> | <p>Data Reports Received from RQMC and OMG</p> <p>a. RQMC Data</p> | |

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| | b. OMG Data | |
| Item 13 | Agenda Item Handouts: a. BHAB draft regular meeting minutes - May 18, 2016 b. Treasurer Report c. Report from the Chair d. Director's Report e. Expenditure Reports - Fiscal f. BHAB By-Laws - Clean | |

Thank you for your interest in the proceedings of the Mendocino County Behavioral Health Advisory Board.

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

Nancy Sutherland

Nancy Sutherland, Behavioral Health Advisory Board Chair

8/17/16

Date

Carolyn Peckham

Attest: Carolyn Peckham, Acting Administrative Secretary

8/17/16

Date

BOARD RESOURCE INFORMATION: OFFICE: (707) 472-2310 FAX: (707) 472-2331
EMAIL THE BOARD: mhboard@co.mendocino.ca.us
WEBSITE: www.co.mendocino.ca.us/hhsa/mh_board.htm

PUBLIC COMMENT

Addendum A

Mendocino County Behavioral Health Advisory Board June 15, 2016

Comments from the attendees

Item 5 Public Comments

1. Karen from Laws Health Clinic- Great to have a board. Thank you for your time dealing with important life issues. We need to work together, the ASOs, the clinics and County Mental Health. Collaboration
2. You need to have the meetings that are easy to get to.
3. Sharon c. – When is the next 3 Year plan for MHSA? Is there /Will there be money set aside for Mental Health clients to go to San Diego for the consumer conference.
4. Wynd- Manzanita will be occupying the access center
5. Josephina – How is the new crisis numbers getting to the community?
6. Maggie- When clients calls in crisis, are you going to be asking questions to fill out the forms.
7. Josphina- Housing , a co-op housing program may help decrease the homeless population.
8. Maggie – Mental health workers needs training, especially about Native American generational trauma.
9. Josephina- there needs to be on going work to find an MD for medications.
10. Maggie- vented her frustrations about no money to go to San Diego for consumers.

Item 10 MHSA

1. Sharon- Is there any funds for going to the conference in San Diego for consumers. There should be money for this. This is important for consumers and the county.
2. Maggie- You need to let Native Americans write the grant for Covelo. Native Americans knows what they need and what will help.

Submitted by BHAB Secretary Dina Ortiz