

# **MENDOCINO COUNTY** MENTAL HEALTH ADVISORY BOARD **MINUTES**

MAY 20, 2015, 10:00 AM - 2:00 PM YUKI TRAILS **HUMAN SERVICES** 23000 HENDERSON ROAD **COVELO, CA 95428** 

# Before the Mental Health Board County of Mendocino • State of California Minutes- May 20, 2015

MENTAL HEALTH BOARD	REGULAR MEETING SPECIAL SESSION					
JOHN WETZLER CHAIR	ALL AGENDA ITEMS ARE SUBJECT TO DISCUSSION AND/OR ACTION					
ROGER SCHWARTZ VICE CHAIR	AGENDA ITEM No. 1 – OPEN SESSION, CALL TO ORDER, AND ROLL CALL, QUORUM NOTICE, AGENDA CHANGES - 3 MINUTES					
DENISE GORNY	Chair Wetzler called the meeting to order. (10:10) AM					
SECRETARY  Nancy Sutherland	Chair Wetzler took roll call					
TREASURER  DAN HAMBURG	Mental Health Board members present from 10:10 AM to 2:31 PM (10):					
BOARD OF SUPERVISORS	Kate Gaston, Margie Handley, Tammy Lowe, Jill McCaughna, Jan McGourty, Dina Ortiz, Maureen O'Sullivan, Chair, John Wetzler, Board of Supervisors					
JOHN McCowen BOARD OF SUPERVISORS	representation, Supervisor Dan Hamburg and John McCowen					
ALTERNATE	Mental Health Board members present from 11:15 AM to 2:31 PM (2):					
JAN McGourty William J. Russell	Cathy Harpe and Nancy Sutherland					
CATHY HARPE KATE GASTON	Mental Health Board members absent (5):  Roger Schwartz (excused), Emily Strachan (excused), Denise Gorny (excused),					
DINA ORTIZ  MAUREEN O'SULLIVAN	Sharon Wolbach (excused with resignation to follow) and William Russell					
SHARON WOLBACH TAMMY LOWE	Chair Wetzler noted that a quorum was present at (10:11) AM					
EMILY STRACHAN JILL MCCAUGHNA MARGIE HANDLEY	<b>HHSA Staff Present:</b> Tom Pinizzotto, MSW, HHSA Assistant Director, Bev Rae, BHRS Program Administrator and Marina Baird, BHRS, Administrative Secretary					
OPEN SEATS  1 <sup>ST</sup> DISTRICT - FILLED	Mental Health Services Act (MHSA) Stakeholder Committee members					
2 <sup>ND</sup> DISTRICT — FILLED 3 <sup>RD</sup> DISTRICT — FILLED	present: Todd Harris, MFT, Clinical Director, Ortner Management Group, Mark Montgomery, Psy D, Vice President of Operations, Ortner Management					

Group, Tim Schraeder, Chief Executive Officer, Redwood Quality Management

Group, Dan Hamburg, Supervisor, Tom Pinizzotto, MSW, HHSA Assistant

Director, and Members of the Mental Health Advisory Board.

**BOARD RESOURCE INFORMATION:** 

4TH DISTRICT - FILLED

5<sup>TH</sup> DISTRICT - FILLED

OFFICE: (707)472-2355 FAX: (707) 467-2364

**EMAIL THE BOARD:** mhboard@co.mendocino.ca.us WEBSITE:

www.co.mendocino.ca.us/hhsa/ mh\_board.htm

AGENDA ITEM No. 2 – APPROVAL OF MINUTES – DISCUSSION & ACTION - 5 MINUTES 4/15/15 - Regular Meeting – handout

Board Action: Upon motion by Member Gaston, seconded by Member McGourty and carried with the following YAY votes from: Members Lowe, McCaughna, O'Sullivan, Gaston, McGourty and Chair Wetzler and with Member Handley abstaining for not being a Board member at the last meeting and Member Ortiz abstaining for not being present at the last meeting: IT IS ORDERED that the Mental Health Advisory Board approves the April 15th meeting minutes with a correction to the date and time on Agenda Item 16.

Absent: Members Harpe, Sutherland, Schwartz, Strachan, Wolbach and Russell

AGENDA ITEM No. 3 – TREASURER REPORT & SECRETARY REPORT- 2 MINUTES Mental Health Board Expense Report – handout

The treasurer's report was delayed until 2:18 PM. There was brief discussion on how the remaining balance might be best used.

Board Action: Upon motion by Member Lowe, seconded by Member O'Sullivan and carried with the following YAY votes from: Members Gaston, Handley, Harpe, Lowe, McCaughna, McGourty, Ortiz, O'Sullivan, Sutherland and Chair Wetzler: IT IS ORDERED that the Board Members accept as printed, the remaining balance of \$3,930.80 for FY 14/15.

Absent: Members Schwartz, Strachan, Wolbach and Russell

AGENDA ITEM No. 4 – PUBLIC COMMENT FORMAT – DISCUSSION AND PUBLIC COMMENT - VICE CHAIR READS MISSION STATEMENT – 10 MINUTES OR AT CHAIR'S DISCRETION

Read by: Chair Wetzler

Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Mental Health Advisory Board. Comments will be limited to three minutes (or longer, at the discretion of the Chair.) Speakers do not have to identify themselves as per the CA Welfare & Institutions Code. Public comment is also requested at each agenda item.

Read by: Member McGourty

Mendocino County Mental Health Board Mission Statement "To be committed to consumers, their families and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

AGENDA ITEM NO. 5 - MAY IS MENTAL HEALTH MONTH - 5 MINUTES OR AT CHAIR'S DISCRETION

The Mental Health Board members communally read the Proclamation of the Mendocino County Board of Supervisors recognizing May 2015 as Mental Health Month in Mendocino County.

Chair Wetzler commented on the excellent Mental Health Awareness Seminar with keynote speaker Will Hall, MA, held at Consolidated Tribal Health Center on May 14<sup>th</sup>. He also noted the calendar of events being put on by MHSA and stated the MHSA team should be commended for their good work.

The Board directed Administrative Secretary, Marina Baird to email the MHSA Green Calendar to the Board.

**Board Action: No action taken** 

AGENDA ITEM No. 6 - TOM PINIZZOTTO, MSW, HHSA ASSISTANT DIRECTOR, HEALTH SERVICES - 10 MINUTES OR AT CHAIR'S DISCRETION

#### a) 5150 Process for County Jail Inmates

Director Pinizzotto stated that there was a meeting regarding the County Jail dealing with the 4011.6 process (5150 evaluations). Among others this meeting included a number of Judges, the Jail Commander, County Counsel, ASO's, Public Defender, District Attorney and Drs. Riley and Barnett.

The purpose of the meeting was to assist the jail in responding to the needs of a mentally ill person as soon as possible after arriving at the jail. The point of the meeting was to get everyone on the same page and to create a process.

As a result of this meeting, a revision of the release of information (ROI) form and a flow chart with the steps of the process should be available as they go into the next meeting.

Director Pinizzotto stated that the need for a 4011.6 process is not unique to Mendocino County.

#### b) Co-Occurring Disorders Provider Program

Substance abuse disorder treatment program services provided include programs at Manzanita, The Hospitality Center, Stepping Stones, The Arbor Youth Resource Center and The Gibson House. There are programs in Ukiah, Willits and Fort Bragg. A written summary of co-occurring programs and services will be prepared.

Director Pinizzotto proposed that the Mental Health Advisory Board revise their bylaws to become a Behavioral Health and Recovery Services Board. More and more communities are combining their boards to address mental health and substance abuse issues.

#### c) Update on RFQ process

Director Pinizzotto gave an update on the RFQ process. The County did receive \$1,334,049.85. The next step will be for the County Mental Health Department to develop a scope of how the dollars can be used for permeant housing. The Mental Health Board will be represented at these meetings with the final contract eventually going before the Board of Supervisors for approval.

# d) What are the remaining program transfers from County to ASO's to complete the transfers of Mental Health Services to the ASO's in totality?

The transfer of County Mental Health Services to ASO's went before the Board of Supervisors two years ago. The first request and the number one priority was to take care of crisis services

The transferring of medication support is still in progress and is expected to be complete before June 30, 2015. Tim Jackinsky is no longer a county contractor and has completed the transition to OMG. Dr. Garrett is in the process of doing the same.

Medication support transfers remaining are 38 clients on the coast being reassessed while still receiving care during this process.

**Board Action: No action taken** 

# AGENDA ITEM No. 7 - RQMC AND OMG UPDATES - 20 MINUTES OR AT THE CHAIR'S DISCRETION

#### a) RQMC – Tim Schraeder, MFT – Chief Executive Officer

Tim Schraeder stated that they have a staff therapist by the name of Kevin Powers traveling to Covelo each week. They are looking at expanding the kind of services they are providing in Covelo and are working closely with the schools and the community to be more flexible.

It was noted that MHSA is doing a good job of getting the word out about TAY services being available in Covelo.

Chair Wetzler stated the Board needs to do more to get the word to the community when Mental Health Board Meetings are held locally.

Tim Schraeder reported that there are more and more severely abused children coming through the system from Willits. RQMC struggles to figure out how to treat them safely while keeping the children together when there are multiple siblings. RQMC would like the community to be more concerned, find more foster parents and for the Board to collaborate.

#### b) How will the audit reconciliation affect your delivery of services?

Tim Schraeder states they are currently working with the County on a contract negotiations.

# c) OMG - Mark Montgomery, Psy D-Vice President of Operations

Mark Montgomery reported the Hospitality Center and the Fort Bragg City Council are moving forward with the purchase of The Old Coast Hotel.

A lot of work has been done in transitional housing, OMG is busy working with their partners on the audit report and they are actively involved in contract negotiations.

Mark would like to have more providers attend the Mental Health Advisory Board Meetings so they could answer specific questions.

## d) How will the audit reconciliation affect your delivery of services?

Mark Montgomery stated he does not know the answer to this question and cannot comment yet.

## e) Can OMG consider more classes for the MHAB?

OMG would like to coordinate more time for classes on the Coast as well as in Willits. Mark Montgomery will speak with Chair Wetzler regarding times and dates for future classes.

#### f) Senior Peer Counseling Program to the South Coast

Micheline White and Mark Montgomery have spoken about a contract on the South Coast which would resemble Fort Bragg and Ukiah Senior Peer Counseling.

## g) Conservatorships - Process and Funding

Todd Harris and Mark Montgomery explained the conservatorship process starts in a designated psychiatric facility, it then goes to the Public Guardian where there is an investigation and then to court for processing.

There are multiple funding sources and they have been collaborating with the Public Guardian at bi-weekly meetings.

The Patient's Rights Advocate to date has not been involved in these meetings.

Director Pinizzoto would like to invite, Barbie Svendsen to attend these meetings.

**Board Action: No action taken** 

AGENDA ITEM No. 8 - SENIOR PEER COUNSELING OMG UPDATE - 10 MINUTES OR AT THE CHAIR'S DISCRETION

Board Action: The Board directed the Chair to remove Agenda Item 8 which was previously covered by OMG

AGENDA ITEM NO. 9 – OPEN DISCUSSION ON HOWARD HOSPITAL POSSIBILITIES – 10- MINUTES OR AT THE CHAIR'S DISCRETION

Member Handley announced that Howard Hospital recently was awarded a 5 star rating and stated they would like to keep the same rating in the event that it is occupied by mental health.

Her goal is to make it a Behavioral Health Center with OMG running a 16 bed facility and RQMC running an alcohol and drug treatment facility. Possible plans for the kitchen could be a vocational training facility. She has nothing definitive yet but is working hard and following every possible lead.

Director Pinizzotto announced that on Friday he received word that the County was awarded \$500,000.00 in Wellness Grant funding and has requested an additional \$300,000.00 which will be announced in January. There will also be a fourth round of funding.

Board Action: The Board directed the Chair to agendize the Wellness Grant for the June 17<sup>th</sup> Mental Health Advisory Board meeting.

AGENDA ITEM No. 10 - DATA DASHBOARD UPDATE PRESENTATION BY MEMBER GASTON - 10 MINUTES OR AT CHAIR'S DISCRETION

Member Gaston reports there have been a series of meetings with the purpose to standardize reports. The next step is to have the ASO's look at the handouts included in today's packet.

The goal is to have these standardized reports ready to use at the August meeting, reporting the July data.

**Board Action: No action taken** 

AGENDA ITEM No.11 - REPORT ON TRAIN-THE-TRAINER: MENTAL HEALTH BOARDS 101 BY DINA ORTIZ - 10 MINUTES OR AT CHAIR'S DISCRETION

Member Ortiz reported that she attended the California Association of Local Mental Health Boards and Commissions Quarterly Meeting and Train-the-Trainer Seminar. They talked about the mandates of the Board, the Board bylaws and the roles and duties of the Chair, Vice Chair, Secretary and Treasurer.

Member Ortiz provided handouts from the training for review at the Mental Health Advisory Board meeting.

**Board Action: No action taken** 

AGENDA ITEM No. 12 - MEMBERSHIP PROCESS, POLICES AND PROTOCOL DISCUSSION — 30 MINUTES OR AT THE CHAIR'S DISCRETION

Chair Wetzler stated this process has caused him concern and would like to have a special meeting regarding membership.

Board Action: The Board directed the Chair to re- agendize the Membership Process, Polices and Protocol for the June 17<sup>th</sup> Mental Health Advisory Board meeting.

AGENDA ITEM No. 13 - Chair Wetzler extends thanks to the Ad - Hoc committees and asks for a brief summary of their experience - 10 minutes or at Chair's Discretion

Chair Wetzler stated the committees were put together in January and the result was much more successful than anticipated. He expressed his thanks and asked each committee member to say a short sentence or two on their experience.

## **Standing Committees shall be:**

#### **Mental Health Services Act:**

Chair: Dina Ortiz

Members: John Wetzler and Roger Schwartz

Standing Committee meetings shall be held in accordance with the Brown Act and will become an agendized item during our regular Mental Health Advisory Board meeting.

Member Ortiz stated that a lot has happened in the last year and she learned that there is a lack of housing, employment and ethnic disparity.

# **Ad Hoc Committees shall be:**

#### a) Financial Data Ad Hoc Committee:

**Chair:** Nancy Sutherland

Members: Dina Ortiz and Jan McGourty

Collect baseline financial data to represent to the Mental Health Advisory Board, to increase the MHAB's understanding of federal, state and local revenue and expense financial processes.

Member Sutherland started with a steep learning curve. Her frustration with the County improved over the course of time. She learned a lot and recommended more notes on the County budget would be an improvement.

# b) Adult Services Ad Hoc Committee:

Chair: Sharon Wolbach

Member: Jill McCaughna

Review and evaluate contracts and subcontracts between ASO's and the County Mental Health Program and their providers respectively.

Member McCaughna stated what was most prevalent was the lack of psychiatric help on the Coast and the acquisition of the Old Coast Hotel.

She would like to take more responsibility on getting the word to communities about the Mental Health Advisory Board meetings.

# c) Youth Services Ad Hoc Committee:

**Chair:** Denise Gorny

Member: Maureen O'Sullivan

Review and evaluate contracts and subcontracts between ASO's and the County Mental Health Program and their providers respectively.

Member O'Sullivan noted the lack of drug and alcohol counselors in the County.

#### d) Housing Ad Hoc Committee:

**Chair:** Denise Gorny

**Members:** Tammy Lowe and Roger Schwartz

Review and assess current inventory of available housing.

Member Lowe's focus was in Fort Bragg where she interviewed people on the street. Some people had a misrepresentation of what the Hospitality House would bring. It was heart breaking to see the look on their faces when they were told what it was actually going to be.

#### e) Inmate Services Ad Hoc Committee:

Chair: Kate Gaston

Members: Jan McGourty and Maureen O'Sullivan

Assess the delivery of mental health services to jail inmates.

Member Gaston said they were struck with the variety of people with different backgrounds housed in the same building. She toured the jail, met with the lead staff and went to training. It was the tip of the iceberg in understanding all of the jail services and was an intense experience.

# f) Crisis Care Ad Hoc Committee:

**Chair:** Nancy Sutherland

Members: Jan McGourty, William Russell, Tammy Lowe, Kate

Gaston and Supervisor John McCowen

Work with staff, ASO's and stakeholders to review and assess the status of crises care services.

Member Sutherland said they discovered the most glaring unmet need was the lack of housing and places for people to go.

# g) Cultural Competency/Diversity Ad Hoc

Chair: Dina Ortiz

Members: Maureen O'Sullivan

Work with staff and stakeholders to assess cultural competency and diversity compliance status, training and outreach.

Member Ortiz stated that the last Cultural Competency Plan was in 2011 and thought there should be a new one soon. As far as she is concerned, the Latino community is not getting services.

#### h) AB 1421 Ad Hoc Committee (discussion of audit reconciliation's effect on AOT)

Chair: John Wetzler

Members: Supervisor Dan Hamburg, Supervisor John McCowen,

Denise Gorny, Jill McCaughna

Work with Mental Health Department staff, ASO's and other stakeholders to assist in the implementation of Laura's Law in Mendocino County.

Chair Wetzler stated he was saddened to see the county has postponed the implementation of Laura's Law in Mendocino County and noted the County is looking to find an AOT Coordinator.

# AGENDA ITEM NO. 14 - CORRESPONDENCE AND BACKUP MATERIALS RECEIVED AND FILED

- OMG Data
- RQMC Data

#### AGENDA ITEM No. 15 - AGENDA ITEM HANDOUTS:

- MHAB draft meeting minutes 4-15-15
- Treasurer's Report

#### AGENDA ITEM No. 16 - PUBLIC COMMENT

Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Mental Health Board. Comments will be limited to three minutes (or longer, at the discretion of the Chair.) Speakers do not have to identify themselves as per the CA Welfare & Institutions Code.

THERE BEING NOTHING FURTHER TO COME BEFORE THE BOARD, THE MENTAL HEALTH BOARD OF MENDOCINO COUNTY ADJOURNED ON MAY 20, 2015 AT 2:31P.M.

John Wetzler, Chair

Attest: Marina Baird, Administrative Secretary

Thank you for your interest in the proceedings of the Mendocino County Mental Health Advisory Board.

# AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Mental Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

	,		