

MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

MAY 18, 2016 - 10:00 AM – 2:00 PM
YUKI TRAILS HUMAN SERVICES
23000 HENDERSON LANE
COVELO, CA

BEHAVIORAL HEALTH BOARD

NANCY SUTHERLAND
CHAIR

JOHN WETZLER

VICE CHAIR

DINA ORTIZ
SECRETARY

KATE GASTON TREASURER

JOHN McCOWEN
BOARD OF SUPERVISORS

DAN HAMBURG
BOARD OF SUPERVISORS
ALTERNATE

1ST DISTRICT:

DENISE GCRNY
JAN MCGOURTY
LOIS LOCKART

2ND DISTRICT:

CATHY HARPE
DINA ORTIZ
KATE GASTON

3RD DISTRICT:

MARGIE HANDLEY
MAUREEN O'SULLIVAN
NANCY SUTHERLAND

4TH DISTRICT:

EMILY STRACHAN

JILL McCaughna

Tammy Lowe

5TH DISTRICT:

JOHN GILMORE
JOHN WETZLER
ROGER SCHWARTZ

BOARD RESOURCE INFORMATION:

Office: (707) 472-2310 Fax: (707) 467-2331

EMAIL THE BOARD:

mhboard@co.mendocino.ca.us

Website:

www.co.mendocino.ca.us/hhsa/m h_board.htm Before the Behavioral Health Advisory Board County of Mendocino, State of California Minutes - May 18, 2016

REGULAR MEETING

SPECIAL SESSION

ALL AGENDA ITEMS ARE SUBJECT TO DISCUSSION AND/OR ACTION

TIMED ITEM: 12:30 PM – JOY KINION, BHRS MENTAL HEALTH REHABILITATION SPECIALIST AND SEAN PATRICK, SHERIFF SERVICES TECHNICIAN – PRESENTATION ON THE MENDOCINO COUNTY MOBILE OUTREACH AND PREVENTION SERVICES (MOPS)

AGENDA ITEM NO. 1 – OPEN SESSION, CALL TO ORDER, AND ROLL CALL, QUORUM NOTICE, AGENDA CHANGES

Meeting called to order by Chair Sutherland at 10:30 AM.

James Russ, Chairman of the Round Valley tribe, welcomed everyone to the valley. James expressed his appreciation of the Behavioral Health Advisory Board coming to Round Valley to have this meeting.

Chair Sutherland read the mission statement.

<u>Mendocino County Behavioral Health Advisory Board Mission</u> Statement:

"To be committed to consumers, their families and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

Roll call taken by Vice Chair Wetzler.

Chair Sutherland stated there was a Quorum at 10:31 AM.

Behavioral Health Advisory Board Members Present (13):

Jan McGourty, Lois Lockart, Cathy Harpe, Kate Gaston, Maureen O'Sullivan, Nancy Sutherland, Margie Handley, Emily Strachan, Jill McCaughna, John Wetzler, John Gilmore, Roger Schwartz, John McCowen

HHSA Staff Present (4):

Jenine Miller, Karen Lovato, Mary Alice Willeford, Carolyn Peckham

Providers and Members of the Public Present:

Carol Orton, James Russ, Gayle Zepeda, Julia Russ, Ken Hanover, Helen Falandes, Tim Schraeder, Chandra Gonsales, Joel Merrifield

AGENDA ITEM NO. 2 – APPROVAL AND DISCUSSION OF APRIL 20, 2016 (REGULAR MEETING) MINUTES— DISCUSSION & ACTION ITEM TO APPROVE OR DISAPPROVE MINUTES

Regular Meeting – Handout April 20, 2016

Board Action: Upon Motion by Member Gaston, Seconded by Member Schwartz and carried by unanimous YAY vote by the members present: IT IS ORDERED AT 10:32 that the Behavioral Health Advisory Board (BHAB) approve the minutes as written from the April 20, 2016 Regular Meeting.

AGENDA ITEM NO. 3 – APPROVAL AND DISCUSSION OF APRIL 18, 2016 STANDING FINANCE COMMITTEE MEETING MINUTES – DISCUSSION & ACTION ITEM TO APPROVE OR DISAPPROVE MINUTES

Standing Finance Committee Meeting - Handout April 18, 2016

Board Action: Upon Motion by Member McCaughna, Seconded by Member Harpe and carried by unanimous YAY vote by the members present: IT IS ORDERED AT 10:33 that the Behavioral Health Advisory Board (BHAB) approve the minutes as written from the April 18, 2016 Standing Finance Committee Meeting.

AGENDA ITEM NO. 4 – TREASURER & SECRETARY REPORTS - DISCUSSION & ACTION Treasurer Report:

- Behavioral Health Board Expense Report Handout
 - Treasurer Gaston reminded members to get all their mileage and expenses submitted so for an accurate accounting of funds still available.
 - Discussion of members traveling out of county; should get prior approval before traveling.
 - o Thank you to Carolyn Peckham for all the copying.
- Report on incorrect ledger posting
 - o Incorrect posting was removed from the ledger by BHRS fiscal.

Secretary Report:

- Communications
 - Nothing to report at this time

AGENDA ITEM NO. 5 - REPORT FROM THE CHAIR - NANCY SUTHERLAND CHAIR BHAB

Report from the Chair - Handout - Attached to the May 18, 2016 Agenda Packet

Chair Sutherland reviewed her report.

Report from the Chair accepted by BHAB members present.

AGENDA ITEM NO. 6 - PUBLIC COMMENT FORMAT - DISCUSSION & PUBLIC COMMENT - VICE CHAIR READS MISSION STATEMENT

Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Behavioral Health Advisory Board. Comments will be limited to three minutes or longer, at the discretion of the Chair. Speakers do not have to identify themselves.

Members of the public wishing to make comments to the Mendocino County Behavioral Health Advisory Board will be recognized at this time. Public comment particular to each agenda item is also requested as a part of the discussion of that item.

Board members may only "briefly respond" to public comments.

Record of Public Comment may be documented by the Behavioral Health Advisory Board Secretary and added as an addendum to the minutes.

AGENDA ITEM NO. 7 - DIRECTOR'S REPORT — JENINE MILLER, PSY.D., BEHAVIORAL HEALTH AND RECOVERY SERVICES DIRECTOR

- a. Director's Report Handout Attached to the May 18, 2016 Agenda Packet.
- b. The Director provided additional information as noted below.
 - AOT Update:
 - o At this time there have been 4 formal referrals
 - o One referral did not meet criteria and was referred to other services.
 - o The other 3 referrals are in process.
 - A full time AOT Coordinator has been hired and will start Monday May 23, 2016.
 - Wellness Grant /Crisis Residential Treatment: Mendocino Gounty was granted an extension until June 2017.
 - Patient's Rights Advocate update:
 - The PRA received 73 calls for the last 2 month period.
 - Discussion of some of the PRA duties regarding LPS clients.
 - i. Meets with clients at the facility where they are living.
 - ii. PRA will be visiting clients regularly.
 - iii. PRA calls clients before their court dates to discuss what the client wants to present at court.
 - Grievances:
 - All grievances go to the Quality Assurance Unit for processing and investigation.
 - There were 2 formal grievances in March, none in April, and none to date for May.
 - 5150 Procedures and update:
 - Question Who has the authority to issue 5150 holds in Round Valley other than Law Enforcement or Joy Kinion?
 - i. At this time only Law Enforcement and Joy can issue 5150 holds.
 - Discussion of the 5150 process, Law Enforcement transports the mentally ill
 person to the hospital emergency room, the person stays at the hospital until
 they are placed in a psych facility or the 5150 hold is rescinded.

- RQMC stated they will make sure anyone that is transported out of Covelo on a 5150 hold and needs a ride back home either in the case the hold was rescinded or after hospitalization will have a ride home.
- There is a pilot project that is in the planning stages to be done in the Gualala/Point Arena area to have a local person authorized to issue 5150 holds. Depending on the outcome of the pilot project as to whether it will be expanded to other remote areas of the county.
- Discussion on the process of 5150 issued and the response to a crisis situation and what it would entail for Covelo.
- Member Maureen commented on having a discussion with Olan from OIG regarding whether tribal police could be authorized to issue 5150 holds. She will re-contact and report the findings at the next meeting.
- Member Gilmore requested the document that had the BHRS staff positions outlined.
 BHRS Director Miller stated Carolyn would e-mail the document to BHAB members.
- Discussion of funding for staff positions:
 - Not all the funded positions are filled or is there a plan to fill all of them. There
 is a mix of where the funds come from some funds come from child welfare
 and grants.
- Felony Competency Training in the Jail:
 - The State is looking at funding Mendocino County to provide Felony Competency Training in the local jail instead of sending the clients to State Hospitals. The discussion is going on now as to whether the State contract will be with Mendocino County directly or with Dr. J Holden's group which does the misdemeanor competency training now.
- BHAB members requested BHRS Director Miller come back at the June 15, 2016 meeting with a presentation on the ACCESS line.
- Discussion on the Peer Respite Grant:
 - Mendocino County was not awarded the Grant. The reasons it was denied is that there were so many counties that applied there was not enough money to go around. Mendocino County placed in the process but not high enough to get awarded the grant, the hope is that by the end of June there will be more funds available.
- c. March Expenditure Reports Doug Gherkin, CFO
 - Mary Alice Willeford reporting for Doug Gherkin:
 - o Mary Alice explained the new format for the fiscal report and what the report shows
 - Discussion of what some of the sections represent. The BHAB members requested that any item that is over a million dollars have a breakdown as to how the funds are being used. Discussion on what the members would like to see on the report.
 - There will be a fiscal training for the BHAB members in late August, no date set at this time.
 - Discussion of the financial report sent out by the CEO office: The BOS approved some funding for Senior Centers including the Round Valley Senior Center, Family Resource Centers and Tribal Health.
- d. MHSA Update Karen Lovato, MHSA Supervisor
 - The MHSA Plan Public Comment meeting will be June 23, 2016 at 1120 S. Dora St. Ukiah Conference Room 1 from 10:30 to 12:00.

- All Comments and questions will be recorded and responded to in writing. If anyone is unable to attend their questions/comments can be submitted in writing or by e-mail to MHSA staff.
- There will be an additional MHSA document presented that will be a summary of the 2015/2016 programs. The data for this document will be collected and compiled after the end of the fiscal year.
- Innovation Project in Covelo:
 - Karen clarified some of the issues with the Innovation Project in Covelo. The
 plan has not been denied, but MHSA has presented several drafts and are
 still working at getting the plan to meet the criteria for approval, but
 unfortunately the criteria keeps changing.
 - The MHSA team will be submitting another draft by the end of June 2016.
 - BHAB members offered to send letters to the State in support of the Innovation Project.
 - Discussion of the Innovation Project funds and how they are being handled. The proposed funds needed for the Innovation Project is \$300,000.
 - Discussion of what the Innovation Project entails. Karen summarized the details of what Covelo needs and wants in the project.
 - Discussion of ways to make the project be more innovative including collaboration with other counties, the historical trauma for Native Americans, different wording etc.
- Discussion regarding the misunderstanding that Round Valley was receiving MHSA funds. The Round Valley people in attendance were assured that will be corrected and MHSA funds will be coming to Round Valley in the future.

AGENDA ITEM NO. 8 - RQMC AND OMG DATA AND UPDATES BY WRITTEN REPORT

- a. Ortner Management Group Handout
 - Mark Montgomery, Psy.D. Vice President of Operations to answer questions
 - No presentation
- b. Redwood Quality Management Handout

Tim Schraeder, MFT – Chief Executive Officer to answer questions

- No presentation,
 - Chandra Gonsales informed Chair Sutherland that RQMC has hired 9 new employees to shore up their staff for the transition to Ault Services.
 - o RQMC has secured use of the "old Sizzler" building for the Crisis Center.

12:00 P.M. LUNCH BREAK - 30 MINUTES

Adjourned for lunch 12:42 PM Reconvened Meeting at 1:07 PM

AGENDA ITEM NO. 9 – JOY KINION, BHRS MENTAL HEALTH REHABILITATION SPECIALIST AND SEAN PATRICK, SHERIFF SERVICES TECHNICIAN - PRESENTATION ON MENDOCINO COUNTY MOBILE OUTREACH AND PREVENTION SERVICES

Handout

- Joy passed out a data sheet for the Mendocino County Mobile Outreach and Prevention Services (MOPS) showing the statistics for referrals, sources and areas served.
- Joy explained the grant parameters for the MOPS.

- Referrals can and do come from anyone that thinks Joy and Sean should check in on an individual. Joy and Sean will go to any place to meet with people that have been referred.
 - They will try to get the person the services they need.
 - o The bulk of the referrals to date have come from Covelo.
- BHRS is hoping to get a 2nd MOPS team, and are looking for additional funds. Sheriff Allman is in support of getting a 2nd team. The difference that is being made by the MOPS team is being noticed.
- BHRS is working in getting an extension on the MOPS grant.
- Question regarding the common issue of drug use along with the mental illness.
 - Joy discussed how they deal with the problem of when a client is suspected to be on drugs.
- Question of what is Sean's role in the team:
 - He is the liaison between the Sheriff's Office and BHRS.
- The team works well as Joy and Sean are a less intimidating than a Sheriff Deputy showing up in full uniform, patrol car and sometimes a K-9.
- Question regarding transportation:
 - Joy and Sean transport clients as needed, to get services, doctor appointments etc.
- Joy shared a couple of scenarios of how they helped some clients.
- With the support given by Joy and Sean the clients get services they need and can live a more meaningful life.
- When asked, Joy stated she is willing to work with RQMC to make sure that no client's fall through the gaps during and after the transition period.

AGENDA ITEM NO. 10 – SUPERVISOR JOHN MCCOWEN - REPORT FROM MAY 17TH BOS MEETING AND LEE KEMPER PRESENTATION - DISCUSSION AND POSSIBLE ACTION

Supervisor John McCowen reviewed Lee Kemper's duties under the current contract:

 Lee Kemper is to review the MOUs and Contracts the County writes for the ASOs and to review the RFP for a new ASO when it is written. The RFP has been delayed for 1 year to allow for stabilization of the Adult Services.

AGENDA ITEM NO. 11 – BHAB ANNUAL REPORT TO BOS - DISCUSSION AND POSSIBLE ACTION

Board Action - Discussion and approval/acceptance of the Annual Report - Handout

- Discussion of the BHAB prior years' process for Annual report submission.
 - The report has not been placed on the meeting agenda for discussion; it went straight to the BOS without members having a chance to weigh in on the report.
- Chair Sutherland would like to have an Ad Hoc committee in place for next year to be responsible for getting the report completed. The committee would be able to help committees struggling with their individual reports and get them in on time. The report would be brought to a regular meeting for review from all the members.
- Discussion on ways to make the report more meaningful and shorter.

Board Action: Upon Motion by Member Schwartz, Seconded by Member Handley and carried by unanimous YAY vote by the members present: IT IS ORDERED AT 2:01 that the Behavioral Health Advisory Board (BHAB) approve the BHAB Annual Report to BOS subject to corrections of format and typos.

AGENDA ITEM NO. 12 - New By-Laws and Name Discussion - Discussion and Possible Action

Board Action – Discussion and possible action regarding the name of the Behavioral Health Advisory Board.

- The By-Laws are with County Counsel for review and to get a redline version completed before it can be sent to BOS. The BHAB members will need to review the new version of the redline copy before going to the BOS.
- Discussion regarding the name of the BHAB, the Chair removed the discussion of the name from the agenda.
- Supervisor McCowen stated according to the WIC Code there has to be a voting member from the governing board. Discussion regarding having Supervisor McCowen as a voting member and whether it was a conflict of duties as he would be advising himself as a BOS member.
- Discussion of other possible positions could be added to the BHAB members; medical or Law Enforcement.
- Discussion changing the total number of members on the board from the current 15.
 Some members expressed liking the current number of 15 board members.
- Supervisor McCowen recommended that the member's appointment to term of service be staggered so that all of the BHAB members will not be new to the board at the same time. The current term of service is 3 years.
- Chair Sutherland pulled the vote on the By-Laws from the agenda as County Counsel has not completed the revision yet.

Meeting Adjourned at 2:28 PM

AGENDA ITEM NO. 13 - CORRESPONDENCE AND BACKUP MATERIALS RECEIVED AND FILED

- OMG Data
- RQMC Data

AGENDA ITEM NO. 14 - AGENDA ITEM HANDOUTS:

- BHAB draft regular meeting minutes April 20, 2016
- BHAB draft Standing Finance Committee meeting minutes April 18, 2016
- Treasurer's Report
- Report from the Chair
- Director's Report
- BHAB Annual Report to Board of Supervisors
- MOPS Brochure

Handouts presented at the meeting:

- Mendocino County Mobile Outreach and Prevention Services (MOPS): Current Data (May 2016) Data sheet.
- Mendoicno County Mobile Outreach and Prevention Services (MOPS) brochure
- Mendocino County Health and Human Services Agency Procedure:
 - Travel Procedure # 10-01 for BHAB members.

Thank you for your interest in the proceedings of the Mendocino County Behavioral Health Advisory Board.

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

and, Behavioral Health Advisory Board Chair

Attest: Carolyn Peckham, Acting Administrative Secretary

PUBLIC COMMENT

Addendum A

Mendocino County Behavioral Health Advisory Board May 18, 2016 Yuki Trails Human Services, Covelo, CA Public Comments

- 1. James Russ, President, Round Valley Indian Tribes Council
- Commented on the number of MHSA planning meetings, and the length of time this is taking, and questioned the equity of MHSA funding. Where is the money going, because it is not coming to Round Valley? While MHSA staff have been open to talking, have not receive any money for years and it is frustrating to have money dangling around the respite project, with very slow progress. Yuki Trails is the only health center in town, and they are lacking money for programs and for core funding.
- · Four staff members at the center were introduced
- Drug Medi-Cal, comment was that hopefully this will happen and they can build sustainability in their programs.
- 2. Gayle Zapata, Round Valley Family Resource Center, Wellness, Native Connections, Suicide Prevention
- There appears to be a mistaken understanding in the community that we are receiving funding for mental health in Round Valley from the County, but we are not and don't, and the information in the MHSA plan/report is incorrect.
- If FRC's are funded, then we should receive equitable dollars to what the others receive. In our community, our FRC has been critical.
- 3. Helen Falandes, M.Ed., NCC CATC-IV, Substance Abuse Counselor, Program Manager
- Appreciated meeting being held in Round Valley by the Behavioral Health Board
- While they are off beaten path, they are part of the county and deserve services, and should not be reduced to fighting for crumbs.
- They provide excellent Native American competency training, have a great trainer, and could be the county training program, but have not been contacted to be so, and there has been little participation outside when they do hold a training.
- Stressed that they offer everything service but residential, and have extensive excellent quality staff with licenses and experiences.
- 4. Other comments from attendees:
- Question language in MHSA on cultural competency and inclusion. Feel Department doesn't really include. Distrust comes from being used for need in a grant, including a "misery quotient" but don't provide services after the grant is funded.
- We are still seeking dollars for residential peer respite.
- The Clinic in Round Valley has always been open to all of the County since 1966, not just the Round Valley Tribal people.
- Glad to see from the minutes that there is a break out session with RQMC today to discuss services for next year.

Respectfully recorded, Kate C Gaston