



MENDOCINO COUNTY
BEHAVIORAL HEALTH ADVISORY BOARD
SPECIAL MEETING
MINUTES
FEBRUARY 26, 2016 - 1:00 PM – 3:00 PM
MENDOCINO COUNTY MUSEUM
WONACOTT ROOM
400 COMMERCIAL STREET
WILLITS, CA

BEHAVIORAL HEALTH BOARD

JOHN WETZLER
CHAIR

NANCY SUTHERLAND
VICE CHAIR

DINA ORTIZ
SECRETARY

KATE GASTON
TREASURER

JOHN McCOWEN
BOARD OF SUPERVISORS

DAN HAMBURG
BOARD OF SUPERVISORS
ALTERNATE

JAN MCGOURTY
CATHY HARPE
MAUREEN O'SULLIVAN
TAMMY LOWE
EMILY STRACHAN
JILL MCCAUGHNA
MARGIE HANDLEY
JOHN GILMORE
LOIS LOCKART
ROGER SCHWARTZ
DENISE GORNY

OPEN SEATS

1ST DISTRICT – FILLED
2ND DISTRICT – FILLED
3RD DISTRICT – FILLED
4TH DISTRICT – FILLED
5TH DISTRICT – FILLED

BOARD RESOURCE INFORMATION:

OFFICE: (707) 472-2310
FAX: (707) 472-2331

EMAIL THE BOARD:

mhboard@co.mendocino.ca.us

WEBSITE:

www.co.mendocino.ca.us/hhsa/mh
_board.htm

*Before the Behavioral Health Advisory Board
County of Mendocino, State of California
Minutes - February 26, 2016*

REGULAR MEETING SPECIAL SESSION

ALL AGENDA ITEMS ARE SUBJECT TO DISCUSSION AND/OR ACTION

AGENDA ITEM NO. 1 – OPEN SESSION, CALL TO ORDER, AND ROLL CALL, QUORUM NOTICE, AGENDA CHANGES - 3 MINUTES

Chair Wetzler called the meeting to order (1:06) PM

Roll Call Taken by: Member Sutherland

Behavioral Health Advisory Board members present (15):

John Wetzler Chair, Jan McGourty, Maureen O'Sullivan, Tammy Lowe, Emily Strachan, Jill McCaughna, Nancy Sutherland Vice Chair, Dina Ortiz Secretary, Kate Gaston, Margie Handley, John Gilmore, Lois Lockart, Roger Schwartz, Denise Gorny; John McCowen Board of Supervisors;

Behavioral Health Advisory Board members absent (2):

Dan Hamburg Board of Supervisor alternate and Cathy Harpe

HHSa Staff Present: Venus Hoaglen, BHRS Fiscal

AGENDA ITEM NO. 2– PUBLIC COMMENT FORMAT – DISCUSSION & PUBLIC COMMENT – ROGER SCHWARTZ READ MISSION STATEMENT – 15 MINUTES OR AT CHAIR'S DISCRETION

Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Behavioral Health Advisory Board. Comments will be limited to three minutes or longer, at the discretion of the Chair. Speakers

do not have to identify themselves as per the CA Welfare & Institutions Code.

Members of the public wishing to make comments to the Mendocino County Behavioral Health Advisory Board, you will be recognized at this time. Public comment is also requested at each agenda item particular to that agenda subject matter.

Board members may only “briefly respond” to public comments as any lengthy response would convert the conversation into an illegal discussion of an item not on the agenda.

Record of Public Comment will be documented by the Behavioral Health Advisory Board Secretary and added as an addendum to the minutes.

Mendocino County Behavioral Health Advisory Board Mission Statement:

“To be committed to consumers, their families and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential.”

AGENDA ITEM NO. 3 – DISCUSSION AND POSSIBLE ACTION OF THE IMPLEMENTATION OF RECOMMENDATIONS PRESENTED IN THE REVIEW OF MENDOCINO COUNTY’S MENTAL HEALTH SERVICES BY KEMPER CONSULTING GROUP.

RECOMMENDED ACTION/MOTION: CREATE AND PRESENT AN ADVISORY LETTER TO THE BOARD OF SUPERVISORS AND BHRS/MENTAL HEALTH DIRECTOR STATING THE BEHAVIORAL HEALTH ADVISORY BOARD’S ADVICE REGARDING THE IMPLEMENTATION OF THE RECOMMENDATIONS PRESENTED IN THE KEMPER REPORT AND OTHER BEHAVIORAL HEALTH ADVISORY BOARD CONCERNS.

Chair recongized Carmel Angelo, Mendocino County Chief Executive Officer -

On March 1, CEO’s office will be getting directions from the Mendocino County Board of Supervisors for:

- a) Implementation
- b) Recommendation
- c) Time line
- d) Executive summary
- e) Recommendation hiring contract specialist to oversee MOU and contracts
- f) RFP time line up Jan 1, 2017

Discussion regarding the items addressed by Carmel Angelo; the Kemper Report timelines and recommendations for ASO’s, MOU’s, RFP, contracts and hiring a contract specialist, Laura’s Law, hiring staff to fill vacent positions, and funding sources.
For more detailed information see Ademdum B (attached).

Board Action: Upon motion by Member Ortiz, seconded by Member Lowe, and carried with the following YAY votes from: Chair Wetzler, Vice Chair Sutherland,

Members Harpe, Gorny, Ortiz, Strachan, McGourty, McCaughna, Gilmore, Gaston, Handley, Lockart, Handley, O’Sullivan, Schwartz, and Lowe: IT IS ORDERED that the Behavioral Health Advisory Board approved the writing of a letter to BOS with the BHAB recommendations.

A letter was written as approved by BHAB members. A vote was taken on the contents/length of the letter.

Board Action: Upon motion by Member Lowe, seconded by Member Ortiz, and carried with the following YAY votes from: Chair Wetzler, Members Harpe, Gorny, Ortiz, Strachan, McGourty, McCaughna, Gilmore, Handley, Lockart, Handley, O’Sullivan, Schwartz, and Lowe with NAY votes from: Members Vice Chair Sutherland, and Gaston: IT IS ORDERED that the Behavioral Health Advisory Board approve the letter as written to BOS with the BHAB recommendations.

Mendocino Behavioral Health Advisory Board Kemper Report Response Recommendations

1. Section III, line 5: MOUs will meet a 90 day target, as recommended in Kemper Report.
2. Section III, line 1: a) A contract manager to oversee financial claiming and service delivery outcomes. b) A program manager to work with the clinical side and directly with the behavioral health and service delivery director to assure coordination of administration and clinical oversight, and review all facilities.
3. Section IV, line 1: Meet the recommendations to hold the public forums specific to residential care and crisis residential services.
4. Section IV, line 2: Ensure the MOU and 5150 Review happens within 90 days, and develop and implement an arbitration process for psychiatrists, ASOs, hospitals and the County.
5. Section VII: An outside independent financial audit will be conducted of both ASOs contracted services
6. Section VI: Renewed spirit of openness and transparency with the Behavioral Health Advisory Board.
7. Section III, line 4: Electronic health records will be ready to implement by both ASOs with the County by July 1, 2016. 8. Section IV, line 5: Formalize and finalize contracts for 18-24 year olds (TAY) services and transition with both ASOs.
8. Section III, line 6: Clarify definitions for ASO administration, direct men-tal services, and utilization review and proposed methodology for deter-mining payments for these activities.
9. Section VII, line 1: Present quarterly financial summary reports, all inclusive, to Behavioral Health Advisory Board.

Also Board’s recommendations:

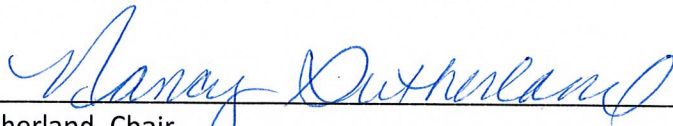
1. A monthly report will be provided to the BHAB from the CEO and BOS on the status of the Kemper recommendations.
2. We recommend the County apply for the peer respite grant due March 8, 2016. This follows in line with Kemper’s suggestion that we look to increasing seeking additional funding. In consideration of residential care and crisis residential services, also address the imminent need to use the \$500,000 wellness grant that has a deadline.
3. Prioritize recruiting and hiring credentialed case managers
4. Prioritize and provide necessary resources to hire a full time County psychiatrist.
5. Credentialed 5150 card holder staff able to respond in all outlying areas within 25 minutes.
6. Talk-therapy and persistent follow-up for those who are discharged from mental health hospitalization.
7. Ensure there is a fully staffed Substance-Use Disorder Treatment department. Provide integrated co-occurring disorder treatment.
8. Create and Implement Mental Health Crisis/Respite and Substance-Use Disorder Treatment Detox Centers inland and coast.
9. Recommend employment of a full-time Assisted Outpatient Treatment Program Coordinator for Laura’s Law pilot program.
10. Board of Supervisors form the ad-hoc committee at the BOS level to track the implementation and management of the Kemper Report’s recommendations, and ensure board member involvement in the process.
11. There was a lack of review, comment or inclusion of Latinos in the Kemper Report.
12. Implement the recommendations from the EQRO (External Quality Re-view Organization) Report to increase the penetration rate for the county Latino population.

Meeting adjourned at 4:45 pm

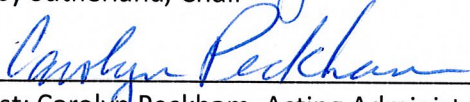
Thank you for your interest in the proceedings of the Mendocino County Behavioral Health Advisory Board.

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health’s Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.



Nancy Sutherland, Chair



Attest: Carolyn Peckham, Acting Administrative Secretary, BHRS

PUBLIC COMMENT

Addendum A

Chair recognized Josephine Silva

Silva comments followed:

1. Thinks this is an improper site, should have been at Methodist church were clients gather so that clients could be at the meeting.
2. Silva stated that her son has been involved with mental health services for the past 15 years and the most successful has been when he received services from a private psychiatrist. He received cognitive therapy it was a slow process.
3. He spend 5 weeks in Mendocino county jail, he was given a drug that kept him in a black out state which made him incapable of going to court.
4. Thoughts of county services now:
 - a. Need housing
 - b. Stipends to help people with move in cost
 - c. Hire a person who would help with the above services
 - d. Jobs
 - e. Jim B pushed for the mental health court impressed Silva
 - f. Members of the board need to be proactive to make the county follow thru.
 - g. Accounting- put money into the mental health services verse putting money into fixing pot holes in the streets

Josephine Silva

1. Too destructive to change ASOs, let's make what we have work
2. Keep to the 90 days for the MOUs

Maureen O'Sullivan (as private citizen comment)

1. I just wanted to state that MCAVHN is doing their jobs and they are not selling drugs. I worked there when I was doing the AOD courses at the college and I drop in now. There are no just activities going on. I wanted to say that while Carmel was here, so that she knows.

Detailed Minutes Taken by Member Ortiz

Addendum B

Special meeting

2/26/201

Time: 1:06

Welcome: Alison Glassy welcomed us to the county museum. Told us the room (that the Mental Health Board Special meeting was held) exists for last minute meeting, "it is an important room". Numerous agencies have used the room when there was a need to have a meeting at the last minute.

Alison announced the Museum Road Show starts on March 11, 2016 and will travel around the County. She encouraged everyone to go.

Nancy Sutherland.- roll call: Present: John Wetzler Chair, Jan McGourty, Maureen O'Sullivan, Tammy Lowe, Emily Strachan, Jill McCaughna, Nancy Sutherland Vice Chair, Dina Ortiz Secretary, Kate Gaston, Margie Handley, John Gilmore, Lois Lockhart, Roger Schwartz, Denise Gorny; John McCowen Board of Supervisors;

Absent: Dan Hamburg Board of Supervisor alternate and Cathy Harpe

John Wetzler - Stated that there are handouts and they were passed out to visitors and board members.

Agenda 2: **Roger Schwartz** - Read the Mission /Public Comment.

Chair recognized **Josephine Silva**

Silva comments followed:

5. Thinks this is an improper site, should have been at Methodist church were clients gather so that clients could be at the meeting.
6. Silva stated that her son has been involved with mental health services for the past 15 years and the most successful has been when he received services from a private psychiatrist. He received cognitive therapy it was a slow process.
7. He spend 5 weeks in Mendocino county jail, he was given a drug that kept him in a black out state which made him incapable of going to court.

8. Thoughts of county services now:
 - h. Need housing
 - i. Stipends to help people with move in cost
 - j. Hire a person who would help with the above services
 - k. Jobs
 - l. Jim B pushed for the mental health court impressed Silva
 - m. Members of the board need to be proactive to make the county follow thru.
 - n. Accounting- put money into the mental health services verse putting money into fixing pot holes in the streets

Chair recognized Carmel Angelo (see handout)

Carmel Angelo stated that on March 1, CEO's office will be getting directions from the BOS for:

- g) Implementation
- h) Recommendation

- i) time line
 - j) executive summary
 - k) recommendation hiring contract specialist to oversee MOU and contracts
 - l) RFP time line up Jan 1, 2017
- John Gilmore - stated he had concerns about the RFP and time frame
 - Jan McGourty- thought 90 days is too short, 120 seemed more responsible
 - John McCowen - 120 county vs 90 days as the Kemper report recommended. Advocated that the County work with the ASOs, verse bringing in new providers. Also dual tracks at the same time, which would be the county working with current ASOs so that ASOs could accomplish the recommendations of the Kemper report and also developing RFPs at this time. ASOs needs to focus on developing MOUs with agencies.
 - Carmel Angelo- BOS will be giving us directions.
 - Kate Gaston- 2017 is a major problem with MOU. MOUs need to be done in a shorter time period and the need to hire a contract specialist to oversee MOU and contracts
 - John McCowen –The county needs to meet the recommendation of the Kemper's report, maybe outside consultation to implement and oversee, and a contract administrator to negotiate MOU and give guidance with contracts to BOS and mental health board.
 - John Wetzler- can Lee Kemper help?
 - Carmel Angelo- Lee is looking for people who could help, maybe someone he already works with.
 - John Wetzler- once a person is hired, time line may change?
 - John McCowen- this position will be administrative and will do oversight of the contracts including fiscal
 - Carmel Angelo -Contractor maybe bigger than just a contract administrator, possible project manager and contract manager. MOUs maybe difficult between ASOs and agencies, so mental health director will be at the table to help with the MOUs.
 - Margie Handley- What about looking at other counties who have been successful with contracts for guidance?
 - Carmel Angelo- this may be difficult because Mendocino County has contracted out most of the mental health services, does not know of any other county that has contracted out so many services
 - Jan McGourty- Could County Counsel be a resource for the MOUs and also people of the board.
 - Roger Schwartz- Thrilled by the Kemper report, what he is concerned about is the effort, and the money.
 - John McCowen. – There should not be any extra costs. There should also be a follow thru with Crisis residential plans.
 - Jan McGourty- what about the cost of additional staff
 - John McCowen- 85% is covered by billing.
 - Roger Schwarz- the CEO executive staff will be following thru with this?
 - Carmel Angelo-Agency vacancies rate is very high, which will cover the cost of staff needed. \$100,000 for the position.
 - John McCowen- this has to be a priority
 - Dina Ortiz- will general funds be used if needed.
 - John McCowen- Yes
 - Roger Schwartz- this is what I like to hear!
 - Kate Gaston- there should be two positions, project manager and project coordinator

- John Wetzler.- \$100,000 seems very low for those positions-
- Dina Ortiz- maybe if you raised the salary, the county could hire better qualified persons.
- Nancy Sutherland - questioned the vote of confidence.
- Jan McGourty-The time frame of June 1st is goodwill, but look at Laurel's Law and the timeframe. Keep with Kemper's dates.
- Lois Lockart- point of budget contract with fed and state, the Grief act of 1963. There is a Fed and State criteria of time frame that has to be met or money is taken away.
- John McCowen-Since no money has been taken away, I am assuming that the county is doing "ok". With the RFP if new ASOs maybe destructive to start over. There is already a foundation, work with it.
- Emily Strachan- Time frame, maybe there needs to be more time, if not will there be more failures.
- Roger Schwartz- Progress reports at Board meetings to monitor timeframe. Let it be on the agenda permanently.
- Kate Gaston- I like what Emily said gives them time with a dead line.
- Lois Lockart – This is what contract management is about.
- John McCowen- does anyone have appointments after 3:00 pm because this is very important. Recommendations need to be solid and transparent. We need to take advantage of this time.

John Wetzler- will now go to public comment

Josephine Silva

1. too destructive to change ASOs, let's make what we have work
2. keep to the 90 days for the MOUs

Maureen O'Sullivan - I just wanted to state that MCAVHN is doing their jobs and they are not selling drugs. I worked there when I was doing the AOD courses at the college and I drop in now. There are no just activities going on. I wanted to say that while Carmel was here, so that she knows.

Break- 10 minutes

Started the meeting at 2:17

We will go thru the items that was given as handout by Angelo

Mendocino Behavioral Health Advisory Board Kemper Report Response Recommendations

10. Section III, line 5: MOUs will meet a 90 day target, as recommended in Kemper Report.
11. Section III, line 1: a) A contract manager to oversee financial claiming and service delivery outcomes. b) A program manager to work with the clinical side and directly with the behavioral health and service delivery director to assure coordination of administration and clinical oversight, and review all facilities.
12. Section IV, line 1: Meet the recommendations to hold the public forums specific to residential care and crisis residential services.
13. Section IV, line 2: Ensure the MOU and 5150 Review happens within 90 days, and develop and implement an arbitration process for psychiatrists, ASOs, hospitals and the County.
14. Section VII: An outside independent financial audit will be conducted of both ASOs contracted services

15. Section VI: Renewed spirit of openness and transparency with the Behavioral Health Advisory Board.
16. Section III, line 4: Electronic health records will be ready to implement by both ASOs with the County by July 1, 2016. 8. Section IV, line 5: Formalize and finalize contracts for 18-24 year olds (TAY) services and transition with both ASOs.
17. Section III, line 6: Clarify definitions for ASO administration, direct men-tal services, and utilization review and proposed methodology for deter-mining payments for these activities.
18. Section VII, line 1: Present quarterly financial summary reports, all inclusive, to Behavioral Health Advisory Board.

Also Board's recommendations:

13. A monthly report will be provided to the BHAB from the CEO and BOS on the status of the Kemper recommendations.
14. We recommend the County apply for the peer respite grant due March 8, 2016. This follows in line with Kemper's suggestion that we look to increasing seeking additional funding. In consideration of residential care and crisis residential services, also address the imminent need to use the \$500,000 wellness grant that has a deadline.
15. Prioritize recruiting and hiring credentialed case managers
16. Prioritize and provide necessary resources to hire a full time County psychiatrist.
17. Credentialed 5150 card holder staff able to respond in all outlying areas within 25 minutes.
18. Talk-therapy and persistent follow-up for those who are discharged from mental health hospitalization.
19. Ensure there is a fully staffed Substance-Use Disorder Treatment department. Provide integrated co-occurring disorder treatment.
20. Create and Implement Mental Health Crisis/Respite and Substance-Use Disorder Treatment Detox Centers inland and coast.
21. Recommend employment of a full-time Assisted Outpatient Treatment Program Coordinator for Laura's Law pilot program.
22. Board of Supervisors form the ad-hoc committee at the BOS level to track the implementation and management of the Kemper Report's recommendations, and ensure board member involvement in the process.
23. There was a lack of review, comment or inclusion of Latinos in the Kemper Report.
24. Implement the recommendations from the EQRO (External Quality Re-view Organization) Report to increase the penetration rate for the county Latino population.

Meeting adjourned at 4:45 pm