

MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

February 17, 2016 - 10:00 AM – 2:00 PM WISC Atlantic Room 472 Valley Street Willits, CA

Before the Behavioral Health Advisory Board County of Mendocino • State of California Minutes - February 17, 2016

	Minutes - Tebruary 17,2010
8	REGULAR MEETING SPECIAL SESSION
BEHAVIORAL HEALTH BOARD	
JOHN WETZLER CHAIR	AGENDA ITEM NO. 1 – OPEN SESSION, CALL TO ORDER, AND ROLL CALL, QUORUI NOTICE, AGENDA CHANGES - 3 MINUTES
Nancy Sutherland Vice Chair	Vice Chair Sutherland called the meeting to order (10:07) AM
DINA ORTIZ SECRETARY	Roll Call Taken by: Member Gaston
KATE GASTON TREASURER	Behavioral Health Board members present (12): Denise Gorny, Emily Strachan, Jan McGourty, Jill McCaughna, John
JOHN McCowen BOARD OF SUPERVISORS	Gilmore, Kate Gaston, Lois Lockart, Margie Handley, Maureen O'Sullivan, Nancy Sutherland, Roger Schwartz, Board of Supervisors
DAN HAMBURG BOARD OF SUPERVISORS	representation, Supervisor John McCowen
ALTERNATE	Behavioral Health Board members absent (4):
JAN MCGOURTY CATHY HARPE MAUREEN O'SULLIVAN	Cathy Harpe (excused), John Wetzler (excused), Dina Ortiz (excused), Tammy Lowe (excused)
TAMMY LOWE EMILY STRACHAN	Vice Chair Sutherland noted that a quorum was present at (10:09) AM
JILL MCCAUGHNA MARGIE HANDLEY JOHN GILMORE LOIS LOCKART ROGER SCHWARTZ	HHSA Staff Present: Jenine Miller, Behavioral Health Director, Carolyn Peckham, Mental Health Staff Assistant III, Todd Storti, Mental Health Administrative Services Manager, Heidi Poor, Office Assistant III
DENISE GORNY	Mental Health Services Act (MHSA) Stakeholder Committee members
OPEN SEATS 1 ST DISTRICT - FILLED 2 ND DISTRICT - FILLED 3 RD DISTRICT - FILLED 4 TH DISTRICT - FILLED	present: Mark Montgomery, Psy D, Vice President of Operations, Ortner Management Group, Todd Harris, MFT, Clinical Director, Ortner Management Group, Joshephine Silva, Family Member, Susan Wynd Novotny, Executive Director, Manzanita Services, and Members of the
_TH	Behavioral Health Advisory Board

BOARD RESOURCE INFORMATION:

 $\mathbf{5}^{^{\text{TH}}}$ DISTRICT - FILLED

Office: (707) 472-2355 Fax: (707) 467-2364

EMAIL THE BOARD:

mhboard@co.mendocino.ca.us

WEBSITE:

www.co.mendocino.ca.us/hhsa/ mh board.htm DISCUSSION & ACTION – 10 MINUTES
 Regular Meeting – Handout

AGENDA ITEM No. 2 - APPROVAL AND DISCUSSION OF JANUARY 20, 2016 MINUTES

January 20, 2016

Vice Chair Sutherland announced the addition of the Public Comments Addendum

Board Action: Upon motion by Member Gilmore, seconded by Member O'Sullivan, and carried with the following YAY votes from: Vice Chair Sutherland and Members Strachan, McGourty, McCaughna, Gilmore, Gaston, Lockart and O'Sullivan with the following members abstaining: Member Gorny, Handley and Schwartz: IT IS ORDERED at 10:10 AM that the Behavioral Health Advisory Board approved the minutes with the addition of the Public Comment Addendum from the January 20, 2016 BHAB meeting.

AGENDA ITEM NO, 3 – APPROVAL AND DISCUSSION OF JANUARY 11, 2016 SPECIAL MEETING MINUTES— DISCUSSION & ACTION – 5 MINUTES

Special Meeting -Handout January 11, 2016

Board Action: Deferred

AGENDA ITEM No, 4 – TREASURER & SECRETARY REPORTS - DISCUSSION & ACTION - 5 MINUTES Behavioral Health Board Expense Report – Handout

The Behavioral Health Advisory Board has a remaining balance of \$5,737.51 for FY 2015/16.

Proposed Budget Request – Handout

The proposal was discussed with Supervisor John McCowen and presented to HHSA Director, Stacey Cryer. The proposal includes an increase in allocation for In-County Travel, stipends for meals, annual membership, and rent for venues.

The stipend for meals is allowable in the WIC code. The BHAB meeting runs through the lunch hour so food should be provided. It is not mandatory that the stipend gets used and the budget is fungible. Extra funds from each fiscal year are carried over in the County budget.

Board Action: Upon motion by Member Strachan, seconded by Member Schwartz and carried with the following YAY votes from: Vice Chair Sutherland and Members Gorny, Strachan, McGourty, McCaughna, Gaston, Lockart, Handley, O'Sullivan and Schwartz: IT IS ORDERED at 10:22 AM that the Behavioral Health Advisory Board accepted the remaining FY 15/16 balance of \$5,737.51 and the Proposed Budget Request as written.

AGENDA ITEM No. 5 – PUBLIC COMMENT FORMAT – DISCUSSION AND PUBLIC COMMENT – 15 MINUTES OR AT CHAIR'S DISCRETION

Citizen and Community comments and questions regarding Mental Health Services in the County are welcomed and encouraged and are one of the mandated functions of the Behavioral Health Advisory Board. Comments will be limited to three minutes or longer, at the discretion of the Chair. Speakers do not have to identify themselves as per the CA Welfare & Institutions Code.

Members of the public wishing to make comments to the Mendocino County Behavioral Health Advisory Board, you will be recognized at this time. Public comment is also requested at each agenda item particular to that agenda subject matter.

Board members may only "briefly respond" to public comments as any lengthy response would convert the conversation into an illegal discussion of an item not on the agenda.

Record of Public Comment will be documented by the Behavioral Health Advisory Board Secre-tary and added as an addendum to the minutes.

Mendocino County Behavioral Health Advisory Board Mission Statement:

"To be committed to consumers, their families and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

AGENDA ITEM No. 6 – REPORT FROM THE CHAIR – NANCY SUTHERLAND, VICE CHAIR BHAB – 30 MINUTES OR AT THE CHAIR'S DISCRETION

Report from the Chair – Handout

Report read by Vice Chair Sutherland

Report included:

- Sheriff Tom Allman's Crisis Facility Proposal
- Request to add 2nd Quarter Financial Report and ASO 2nd Quarter Financial Report to the March BHAB meeting
- Request to add MHSA annual update to the March BHAB meeting
- Announcements:
 - Brown Act and Ethics training presented by County Counsel takes place on March 8, 2016 at 9:00 am at the BOS Chambers; the next Willits Town Hall Meeting is March 13, 2016 4 6 pm at the Willits Community Center, 111 Commercial Rd, Willits, to discuss Mental Health Services in Mendocino County.
- Committee Reports:
 - <u>Finance Committee</u>: working on Membership and calendar for Standing Committee
 Meetings
 - o Bylaws: the bylaws are scheduled for March 7, 2016 on the BOS Consent Calendar
 - Policies & Procedures: ready to begin review and revision of existing Policy & Procedure Manual
 - Co-Occurring Disorders: met with Clover Martin of Unity Village (Formerly Ford St. Residential Treatment); met with Todd Harris and Mark Montgomery of iCMS. Discussed community needs. A program was provided that has been implemented in Shasta County to provide integrated services (MH and SUDT). Questions have been presented to County SUDT Deputy Director. A meeting with RQMC is to be scheduled.
 - Audits: Dina is working on a matrix for the BHAB audit review. All 2015 audits to be posted on the County website when available. ERQO and Kemper are posted.
 - Jail Squad: Jail walk through to be scheduled. Jan to request the CIT training for the next
 Criminal Justice Standing Committee
 - O Housing: Nancy has been appointed as an Advisory Member of the Homeless Continuum of Care coalition and has been attending meetings. There will be a review and update of last year's supportive housing inventory. Members attended the most recent MHSA housing meeting and presentation by Mike Pallesen. Surveys regarding community preferences on

the proposed MHSA housing project are available on the back table and online. Point in Time Homeless survey was completed in January.

Mental Health Crisis Services Delivery:

Interim Report: This report focuses on Fort Bragg because the committee is awaiting a meeting with Ortner staff regarding Willits and Ukiah, and it has not yet been in contact with South Coast, Leggett, or Laytonville agencies.

Mendocino Coast Hospital Emergency Room

All 5150 holds are currently handled through the Emergency Room at Mendocino Coast District Hospital. Andrea McCullough, ER doctor at MCDH, is very pleased with John Wisner and Rob Henderson, the current urgent care providers from the Access Center. Ole St. Vincent dePaul recently joined the Mendocino Coast Hospitality Center (MCHC) as a case manager, and can also respond to clients in the Emergency Room. However, all three crisis providers are unavailable nights and weekends, necessitating calls to inland staff, who can take three to four hours to arrive. These waits are a considerable drain on ER staff, and sometimes clients leave before the crisis provider arrives. Andrea feels that placing clients on a 5150 would be helpful to hold them.

Respite Beds

A room at the Access Center is used, among other purposes, as a cool-down area. It contains a couch that folds into a bed. In addition, the Mendocino Coast Hospitality House (MCHH) has provided respite beds for appropriately stabilized clients. MCHH isn't staffed to handle clients in the throes of extreme crises. MCHH has also helped clients transition into their regular rooms once their crises have passed. There are no other respite beds in Fort Bragg, Mendocino, or apparently the rest of the Coast at this time.

Access Center move to MCHC

The Access Center itself is to relocate in the MCHC, presumably along with its crisis room. The area in MCHC for the Access Center functions needs to be divided into rooms for waiting, counseling, psychiatric sessions, drug storage, etc. Hopefully these renovations will be completed by July, when the new six-month lease for the current strip mall Access Center space expires. Anna Shaw, Director of MCHC asserts that the Center welcomes the move but is not involved in the schedule and specifications for the renovations. She referred this committee to Mark Montgomery of Ortner for these details.

AGENDA ITEM No. 7 – DIRECTOR'S REPORT – JENINE MILLER, BEHAVIORAL HEALTH AND RECOVERY SERVICES DIRECTOR – 30 MINUTES OR AT THE CHAIR'S DISCRETION

Director's Report - Handout

Jenine presented the Org. Chart and her plan to create a new chart showing clear definitions and separations between the different programs.

Jenine presented the Behavioral Health Newsletter. This newsletter will continue as a regular monthly submission to the BHAB.

Jenine presented the Director's Report:

Board of Supervisors:

- a) Recently passed items or presentations:
 - i) Mental Health:
 - Appointment of the Behavioral Health Director
 - ii) Substance Abuse Disorder Treatment:
 - None
 - iii) Other items of interest:

January 5, 2016 BOS Meeting

- Adoption of Resolution of the Board of Supervisors setting the time and place for conducting business of Standing Board Committees, Health and Human Services, Criminal Justice, Public Resources, and General Government.
- b) Future BOS items or presentations:
 - i) None at this time
 - ii) Other items of interest: None at this time

Staffing Updates January 2015 stats:

a) New Hires:

BH: 0

SUDT: 0

b) Promotions:

MH: 1 Behavioral Health Director

SUDT: 1 Deputy Director

c) Departures:

MH: 1 Staff Assistant II

SUDT: 1 Substance Abuse Counselor II

Audits/Site Reviews:

- a) Date occurred and report out of findings:
 - EQRO September = Received final report. Report out to Behavioral Health Board in February, 2016.
 - DHCS Mental Health Triennial Medi-cal Audit October = waiting for report
 - DHCS SUDT Medi-cal Audit November = waiting for report.
- b) Upcoming/scheduled:
 - Substance Use Disorders Program, Policy and Fiscal Monitoring Compliance Review = April 7-8, 2016.

Legislative updates from CBHDA:

- County currently working on their legislative platform
 - AB 59: Mental Health Services: Assisted Outpatient Treatment. Support
 - o AB 1644: School-based Early Mental Health Intervention & Prevention Services
 - AB 1808: Minors: Mental Health Services
 - o AB 1571: Vehicles: Driving Under the Influence: Alcohol Abuse Programs
 - o SB 819: Powdered Alcohol. Support

Meetings of interest:

- a) January 2016:
 - MHSA Housing Project Q&A & Survey, February 1, 2016, MHSA Housing project in predevelopment phase. Community feedback needed to prioritize project type. Survey open through February 18, 2016.
- b) February 2016

AGENDA ITEM No. 8 – RQMC AND OMG DATA AND UPDATES BY WRITTEN REPORT – 20 MINUTES OR AT THE CHAIR'S DISCRETION

a. Ortner Management Group - Handout

Mark Montgomery, Psy D-Vice President of Operations to answer questions – 5 minutes

Mark Montgomery updated: Welcome to Nuestra Alianza de Willits who provides mental health education programs, outreach, engagement, and referrals for adults 18 years and older; Services in Willits include residential services and wrap around services from Redwood Creek, and independent living for those who have graduated from Redwood Creek; Manzanita has a location in Willits at the Willits Methodist church and is open Monday, Wednesday and Friday. Manzanita includes support for integrating back into the community. An updated list of classes offered by Manzanita can be viewed on the website; Medication Management and Case Management services are offered through Ukiah or on the coast with travel available to deliver those services; OMG has a proposal to the County for Satellite Services. The proposal was tabled and waited out; Communications include outreach to all local providers; OMG is in a position to implement County Policy and Procedure and has requested a plan, the County has not yet submitted the plan.

b. Redwood Quality Management - Handout

Tim Schraeder, MFT – Chief Executive Officer to answer questions – 5 minutes

Dan Anderson, Chief Operating Officer, RQMC introduced Sarah Livingston, Supervisor of Redwood Children's Services Crisis Center. Sara Livingston demonstrated a typical crisis call scenario.

Dan Anderson presented services provided in Willits: RQMC contracts with five or six providers serving clients in the North part of the county. Manzanita has a contract to facilitate the process of transitioning a client from children's services into adult services with OMG.

12:00 P.M. BREAK - 25 MINUTES OR AT THE CHAIR'S DISCRETION

Reconvened at 12:27 pm

AGENDA ITEM No. 9 – EQRO – PRESENTATION BY JENINE MILLER, MENDOCINO COUNTY BEHAVIORAL HEALTH AND RECOVERY SERVICES DIRECTOR - DISCUSSION – 15 MINUTES OR AT THE CHAIR'S DISCRETION Jenine Miller, BHRS Director, and Todd Storti, Administrative Services Manager, to answer questions.

Jenine Miller presented the External Quality Review Organization (EQRO) Agenda. EQRO has improved from 73% in 2013/14 to 95% in 2014/15.

Jenine Miller presented a Performance Improvement Plan (PIP), two of which were done last year. The current year PIP is on Adults Needs Assessment (ANSA) and the non-fundable PIP is on Latino Penetration rates. These reports are Medi-Cal driven and get rated as either fully or partially meeting standards or failing.

Todd Storti gave an Electronic Medical Records (EMR) update. The idea is to use Redwood MedNet as a gateway for the sharing of information. The County is currently finishing up with an electronic records transfer from RQMC. OMG is in the process of arranging a transfer and should have a solid plan within the next 60 days. Electronic sharing of records is a controversial topic with potential HIPAA violations. Expio is monitoring the HIPAA compliance and is contracted with the County. HIPAA determines who shares records. This project is in the development stage.

AGENDA ITEM No. 10 - KEMPER REPORT – JOHN McCowen, BOARD OF SUPERVISORS, 2ND DISTRICT – 10 MINUTES OR AT THE CHAIR'S DISCRETION

Update from Supervisor John McCowen on the Kemper Report.

The report emphasizes the weaknesses in the contracts with the Administrative Services Organizations (ASOs). For both Ortner Management Group (OMG) and Redwood Quality Management Company (RQMC), there was no contract oversight, management, consequences, or clear definitions of services.

RQMC fared better in the review because they already had a system in place prior to the contract.

OMG was still in the ground breaking stage when the contract started. Improvements were seen by OMG in the second year.

The goal is to improve and rewrite the contracts. There was no formal vote by the Board of Supervisors, but there was clear direction to return on March 1st with an agenda item. The agenda item would define forward movement on a dual track; implement recommendations from the Kemper Report and prepare for request for proposal.

AGENDA ITEM NO. 11 - TRIAL COMPETENCY TRAINING PROGRAM TO FELONY DEFENDANTS WITH MENTAL ILLNESS – PRESENTATION BY JAY HOLDEN, PhD – 10 MINUTES OR AT THE CHAIR'S DISCRETION Jay Holden, PhD. – Presentation and Handout

Presentation tabled. Dr. Holden submitted a handout and written response to questions.

AGENDA ITEM NO. 12 - PRESENTATION BY ACE BARASH, M.D., HOWARD MEMORIAL HOSPITAL— 10 MINUTES OR AT THE CHAIR'S DISCRETION

Ace Barash, M.D., Howard Memorial Hospital

Dr. Barash worked in the Emergency Room for many years and is now the Director of Inpatient Care. Throughout his career, Dr. Barash has become very disappointed with the Mental Health support and services available in Mendocino County. Dr. Barash created a letter summarizing his feelings about the lack of Mental Health services, and presented the letter for signatures and support. The majority presented with the letter were doctors (approximately 50 in total) all of whom promptly supported and signed. Dr. Barash recently submitted the letter to the Board of Supervisors at the meeting on February 16, 2016.

AGENDA ITEM NO. 13 - CORRESPONDENCE AND BACKUP MATERIALS RECEIVED AND FILED

OMG Data

RQMC Data

AGENDA ITEM NO. 14 - AGENDA ITEM HANDOUTS:

- BHAB draft meeting minutes 1-20-16
- BHAB draft special meeting minutes 1-11-16
- Treasurer's Report and Budget Request
- Report from the Chair
- Director's Report
- Trial Competency Training Program to Felony Defendants with Mental Illness

THERE BEING NOTHING FURTHER TO COME BEFORE THE BOARD, THE BEHAVIORAL HEALTH BOARD OF MENDOCINO COUNTY ADJOURNED ON February 17, 2016 AT 2:11 PM.

John Wetzlas

John Wetzler, Chair

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Attest: Heidi Poor, Office Assistant III, BHRS