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## MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

## REGULAR MEETING MINUTES

April 18, 2018 10:00 a.m. to 2:00 p.m.

## Yuki Trails Conference Room 23000 Henderson Road Covelo

**Chairperson**JAN McGourty

Vice Chair EMILY STRACHAN

**Secretary** DINA ORTIZ

**Treasurer** CATHY HARPE

BOS Supervisor GEORGEANNE CROSKEY

$1^{\mathrm{ST}}\mathbf{D}$ ISTRICT:	2 <sup>ND</sup> DISTRICT:	3 <sup>RD</sup> DISTRICT:	<b>4<sup>™</sup> DISTRICT:</b>	<u> 5<sup>тн</sup> DISTRICT:</u>
Denise Gorny	CATHY HARPE	MEEKA FERRETTA	EMILY STRACHAN	PATRICK PEKIN
JAN McGourty	Dina Ortiz	VACANT	TAMMY LOWE	MARTIN MARTINEZ
LOIS LOCKART	MICHELLE RICH	VACANT	VACANT	Flinda Behringer

<u>OUR MISSION:</u> "To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

Item	Agenda Item / Description	Action
1.	Call to Order, Roll Call & Quorum Notice	<b>Board Action:</b>
5 minutes	Approve Agenda:	Motion by
	<ol> <li>Meeting called to order at 10:13 by Chair McGourty.</li> <li>Roll call by Member Martinez.         <ul> <li>A. Chair McGourty announced a quorum was met.</li> </ul> </li> <li>Agenda discussion and changes -         <ul> <li>A. Sheriff Allman will be having his Sheriff Advisory Meeting during the BHAB lunch break.</li> <li>B. Item 7 will be tabled - Site Visits</li> <li>C. Item 4 will be tabled - Board Check-in &amp; Comments</li> <li>D. Agenda is approved with changes as noted above.</li> <li>BHAB Members Present: McGourty, Gorny, Rich, Ferretta, Strachan, Behringer, and Martinez.</li> <li>Supervisor Croskey was also present.</li> </ul> </li> </ol>	Member Gorny, seconded by member Martinez, to approve 4/18/18 agenda with changes as noted, passed with a unanimous yay vote by members present.
2. 5 minutes	<ul> <li>Minutes of March 21, 2018 BHAB Regular Meeting: Discussion and Approval (Handout)</li> <li>1. Correct spelling of Chair McGourty's name in Item 6, 4-B</li> <li>2. Minutes approved as written with spelling correction.</li> </ul>	Board Action: Motion by Member Gorny, seconded by Member Ferretta, to approve the 3/21/18 minutes as written with correction of spelling, passed with a unanimous yay vote by members present.
3.	Public Comments:	Board Action:

15 minutes (Maximum)

Members of the public wishing to make comments to the BHAB will be recognized at this time.

- 1. Question from Eric Hoaglin, Round Valley tribal member, regarding how to get on the BHAB board.
  - A. Mr. Hoaglin was given Administrative Secretary Peckham's business card for contact information. He was also told he could go to the County web site for BOS and fill out an application for BHAB.
- 2. Richard Matens, Executive Director, Consolidated Tribal Health, announced Consolidated Tribal Health is now accepting non-Native American/Tribal patients.
  - A. They are getting prepared to start tele-psychiatry for their mental health clients. They will be contracting with North American Mental Health Services Group from Sacramento to provide the services.
- 3. Otis Brotherton, Director of Yuki Trails, Round Valley Tribal Health, stated they also have tele-psychiatry for the clients in Round Valley. They are contracted with University of California at Davis (UCD) to provide services.
- 4. Question Is there any placement locally for residential treatment for SUDT clients and/or if there is there any funding for placement.
  - A. BHRS Director Miller commented there will funding for placement when the ODS Waiver is rolled out. The County is at Phase Four at this time.
    - i. Phase Five will be for Tribal Health Care and will provide funding directly for Native American/Tribal clients.
  - B. Member Martinez asked if clinics that are stepping up to serve non- Native clients can be part of ODS Waiver Phase Four.
    - i. BHRS Director Miller stated the County has asked the State if the Tribal Clinics can join with the County and other clinics when they roll out the system.
    - ii. Discussion of the clinics being part of the Phase four roll out.
    - iii. BHRS Director Miller will add both Round Valley Tribal Health and Consolidated Tribal Health into the conversation with Partnership Health Plan.
  - C. Discussion of some of the criteria to meet the State requirements, and getting certification by the State.
- 5. Sheriff Allman wanted to thank the board for their interest in working with mental health.
- 6. Sheriff Allman was in Covelo for his monthly meeting with the community to hear their concerns and what has been going on in the area.
  - A. He asked the BHAB board if he could use the conference room during the lunch break to conduct his meeting. He encouraged the board members to please stay for his meeting as he thought it might be of interest to them.
    - i. Chair McGourty amended the agenda to change the lunch break from 12:30 1:00 to 12:00 to 12:30 to accommodate the Sheriff meeting.

Mr. Matens will send Admin.
Secretary
Peckham the name of the telepsychiatry group, she will send the information to the BHAB members.

A	Board Check-in & Comments:	
4. 20 minutes	Tabled due to time. (see Item 1)	
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5.	<b>Board Reports:</b> Discussion and Possible Action	
15 minutes	1. BOS Supervisor:	
	2. Supervisor Croskey is meeting with Chief Probation Officer	
	Izen Locatelli on Friday to talk about the Stepping Up Program.	
	She is trying to get the County moving forward with the	
	program.	
	3. Member Martin asked if Supervisor Croskey had checked with	
	the Clerk of the Board (COB) regarding BHAB member	
	applications.	
	A. Supervisor Croskey said she had checked in with COB and	
	there were a couple of applications. They were forwarded to	
	Administration Secretary Peckham. Supervisor Croskey	
	commented regarding the applicant from Redwood Valley that wanted to be on board for District three has been	
	checked out and his property is in District three. He is	
	qualified to represent District three, but stated he wanted to	
	wait until next month for personal reasons.	
	4. Chair:	
	A. Chair McGourty commented there is a legal affairs division	
	within the State. She talked to them last Friday (4/13/18),	
	there are three counties in California that has been successful	
	with the Stepping Up Program.	
	i. According to the information the County had received in	
	the past Probation was supposed to be the County	
	department that was to be the lead on implementing the	
	Stepping Up Program. Apparently that is not the case	
	now any department can take the lead.	
	ii. Discussion of BHRS Director Miller and Chair	
	McGourty trying to work on getting it started.	
	Supervisor Croskey is now helping with the process.	
	iii. Chair McGourty commented regarding the	
7	recommendation to BOS for Crisis Intervention	
	Training (CIT).	
	B. As Sheriff Allman was present, Chair McGourty asked him about CIT.	
	i. Sheiff Allman stated that there was some campaign	
	funds left from the Measure B campaign, he thought	
	about \$15, 000, NAMI will be getting the funds to help	
	with training and education.	
	ii. He referred to the Mobile Outreach Prevention Services	
	(MOPS) stating he thinks there needs to be more public	
	education on what MOPS is and that it is available.	
	iii. He commented that MOPS is a cost saver for the	
	County, they are the ones keeping a lot of the "revolving	
	door" people off of Law Enforcement radar. He thinks	
	with an increase in MOPS services it could take Law	
	Enforcement involvement out of mental health.	
	C. Chair McGourty commented that the CIT training is not	
	something NAMI is equipped to do. She stated there needs	
	to be formal level of CIT training.	
	i. Sheriff Allman stated he is waiting for Mental Health to	

get the CIT training set up and he will get the deputies there. He didn't think he should be the one taking the lead on this. a. He thinks it will take about three trainings to get all of Law Enforcement trained. Then a plan for an annual training thereafter. He stated that Joel Faye is a psychologist and thought he was willing to be the trainer for CIT. D. Otis Brotherton commented they had attended crisis training at the Sheriff's Office and he thought it was a good training. Sheriff Allman stated that training was done by NAMI, and that the Sheriff's Office paid for the training. E. BHRS Director Miller stated Mental Health had been working with Marcus Young and Randy Johnson on setting up the CIT training. She is willing to have Acting Deputy Director Lovato go ahead and start working on the training again if Sheriff Allman is still on board for the deputies to do a sixteen hour CIT training. Sheriff Allman commented that this is not just about the cost of the training it is also the cost of paying the deputy's overtime to attend the training. He is hoping this can be done quickly and wants the dispatchers involved. He doesn't think law enforcement should be responding to all non-life threatening calls. BHRS Director Miller stated the plan for the CIT training is to have a mental health and a law enforcement professional be the local trainers. Sheriff Allman commented he thought finding a law enforcement professional to be the trainer would be difficult. Discussion and **Committee Reports:** 6. 1. By-Laws Committee - SUDT: (Members Lockart, Martinez, Possible Action: 15 minutes Ferretta) A. Member Ferretta stated the committee was unable to meet this last month but they will hopefully be on the agenda for May with a finished draft product. She will send the draft to BHRS Director Miller to review. 2. Flow Chart Committee: (Members Strachan, Harpe, Pekin) A. Vice Chair Strachan stated she had received some input from Administrative Secretary Peckham regarding the flow charts. She explained what the committee is working on, trying to sort out how and where people get services. B. Member Ferretta commented on some possible ways to set up the flow chart. 3. **Project Follow-up Committee:** (Members Behringer, Gorny) A. Member Gorny attended the Willow Terrace ground breaking and feels that things are starting to happen.

B. In response to a question about No Place Like Home, BHRS Director Miller commented on the No Place Like Home funds currently being held up. She explained the hold up and stated how No Place Like Home funding will impact the

County MHSA dollars.

	<ul> <li>C. Member Gorny commented that Redwood Coast Regional Center (RCRC) is working on the plan to build on eight acers of land they own. They want to build about eighty units that would be housing for RCRC, mental health, disabled, and low income people.</li> <li>4. Membership Committee: New Applications</li> <li>A. Vice Chair Strachan commented she had received two BHAB applications from Administrative Secretary Peckham. Julia Eagles and Raymond Tate are the applicants. She and at least two other BHAB members will review the applications and interview the applicants. They will bring the committee's recommendation to the board.</li> </ul>	
7. 10 minutes	Site Visit Reports:  Tabled due to time. (see Item 1)	
8. 10 minutes	<ol> <li>Measure B Committee Report:         <ol> <li>Chair McGourty reported at the last Measure B meeting: two Ad Hoc Committees reported to the Measure B Board: Old Howard Hospital Building and Measure B Committee Bylaws</li> <li>Chair McGourty reported on the Ad Hoc Committee for the old Howard Hospital being used as a possible site for a mental health facility. There was a tour of the building last week.</li></ol></li></ol>	Discussion and Possible Action:
9. 30 minutes	<ul> <li>Mendocino County Report: Jenine Miller, Psy. D., BHRS Director</li> <li>See Director Report for: (attached in the Agenda Packet)</li> <li>Board of Supervisor Information</li> <li>Staffing Updates</li> <li>Audit/Site Reviews</li> <li>Meetings of Interest</li> <li>Grant Opportunities</li> <li>Mental Health Service Provided Information</li> <li>Educational Opportunities/Information</li> <li>Conservatorships</li> </ul>	Discussion and Possible Action:

- Substance Use Disorder Treatment Services Provided Information
- Contracts
- Capital Facility Projects
- 2. Mental Health Services Act (MHSA) Reversion Plan Discussion and Possible Action
  - A. Discussion of the MHSA Reversion Plan.
  - B. BHRS Director Miller commented on the history of the changes being made at the State level.
  - C. Chair McGourty asked how long has BHRS known about the need for a Reversion Plan.
    - i. BHRS Director Miller commented that BHRS didn't know what the expectations were until the end of February 2018.
  - D. Chair McGourty asked for five minutes of quiet time for the board to read the plan.
  - E. Chair McGourty asked where the ideas for the Reversion Plan came from.
    - i. BHRS Director Miller commented that they were ideas that were previously considered and wanted to fund by Stakeholders and BHRS.
  - F. Member Behringer asked why the amount of funding for the Hospitality House is the smallest amount.
    - i. BHRS Director Miller stated the amount of funding is what Hospitality House had requested.
  - G. Discussion and comments on the PEI Section.
  - H. Richard Matens, Executive Director, Consolidated Tribal Health, spoke about the PEI program in the plan related to Consolidated Tribal Health.
  - I. Eric Hoaglin, Round Valley tribal member, commented he thought one of the best ways to get people to attend meetings is to provide food for participants.
    - i. BHRS Director Miller stated the recommendation of providing food for participants will be added to the plan.
    - ii. The recommendation of adding who cultural training is targeting will also be added to the plan.
  - J. RCS CEO Camille Schraeder wanted to go on record that because of the fast turnaround for the plan, the projects were already in the que, but were not able to be funded in the previous plan.
    - i. It will be added to the plan; these projects were already in the que as an explanation to why they were chosen to fund.
  - K. Funding under the Reversion Plan will begin July 1, 2018.
  - L. Discussion on the Innovation Section.
    - i. Comments were that the focus should be for services that are not Medi-Cal billable.
    - ii. Discussion of where to allot funding.
    - iii. Discussion of how the planning happens for Innovation Projects.
  - M. Discussion of Workforce Education and Training (WET) Section.

10. 15 minutes	<ol> <li>RQMC Report: Tim Schraeder, CEO</li> <li>Data Sheet: (Handout)         <ul> <li>A. The Data Dashboard was included in the agenda packet; it shows the statistics for February 2018 of client services provided by RQMC and their contracted providers.</li> </ul> </li> <li>RCS CEO Camille Schraeder reported on some of the legislative bills in process. She discussed the bills and the possible effect they may have on mental health services and funding for in the future.</li> </ol>	Discussion and Possible Action:
11	<b>Meeting</b> Adjourned for an extended lunch at 12:05 to accommodate Sheriff Allman's request to hold his meeting with the Round Valley Community. BHAB Meeting reconvened at 1:10.	
	12:30 to 1:00 Lunch Break	
12. 25 minutes	Native American Historical Trauma Presentation: Frank Tuttle, Round Valley Tribal Member  1. Mr. Tuttle introduced himself and described what his presentation is about. This presentation was presented to the Oversight and Accountability Commission (OAC) when they visited Round Valley in February 2018.  A. Mr. Tuttle discussed what Historical Trauma is and how it relates to the Round Valley tribal people. The unmet psychological and medical needs are higher with people having historical trauma.  1. Historical Trauma relates to the Native American suicide rate which is high. Native Americans have a shorter life expectancy than other ethnic groups; the Native American male life expectancy is fifty-two years.  B. Mr. Tuttle talked about the Covelo Innovation Project and how having a respite center at Yuki Trails is helping to work on the trust issues between tribal members and people from outside Round Valley.  C. Mr. Tuttle explained the Yuki tribe is the original tribe in Round Valley, their language is considered a dead language and the Yuki people are considered extinct. Although there are Yuki tribal people still in the valley.  D. Mr. Tuttle talked about the history of Round Valley and some of what happened when the "white" settlers moved into the valley and the impact on the native people.  E. Mr. Tuttle thanked BHAB members for giving him the opportunity to give a brief outline of what Historical Trauma is and how it relates to the Round Valley Tribe.	Discussion and
13. 25 minutes	<ol> <li>Fire Recovery and Resiliency Planning: Kirsten Johnsen,         Administrative Analyst I, Executive Office presenting     </li> <li>Ms. Johnsen explained that Tammy Moss Chandler is         Mendocino County Recovery Services Director, and she was unable to attend the BHAB meeting, so Ms. Johnsen was presenting for her.     </li> <li>Ms. Johnsen was hired by the County to help with designing a long term recovery plan. She talked about what the Federal Emergency Management Agency's (FEMA) plan for disaster</li> </ol>	Possible Action:

	<ul> <li>and expected climate changes were.</li> <li>The County is working on a long term community recovery plan. She commented the County doesn't have a strategic plan is place at this time.</li> <li>The County will be working with Redwood Municipal Advisory Board and the Redwood Valley Rancheria to work out a plan that works for everyone.</li> <li>Ms. Johnsen asked BHAB members how they would like to see the recovery plan work.</li> <li>Ms. Johnsen stated they should think about community preparedness, how the community would be able to handle the bridges going out for example.</li> <li>Discussion of what exactly the strategic planning process if for.</li> <li>Ms. Johnsen commented that since Mendocino County was declared a natural disaster area, there are more opportunities for getting funding.</li> </ul>	
<b>14.</b> 10 minutes	BHRS Director announced that all BHAB travel reimbursements need to be submitted by July 13, 2018 to be paid.  Next meeting: May 16, 2018 - Willits and Fort Bragg  Discussion of touring the old Howard Hospital at 1:00  Discussion of whether the meeting will be just in Willits or do the video conferencing as scheduled.	
	Adjournment: Meeting adjourned at 2:11.	
D.T. (	Agenda Item Handouts:	
BHAB Agenda - April 18, 2018  BHRS Department Report		
	Regular Meeting Minutes – March 21, 2018 RQMC Data Dashboard	
BHAB Financ	e Keports	

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE
The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

Jan McGourty, Behavioral Health Advisory Board Chair	5-16-18
Jan McGourty, Behavioral Health Advisory Board Chair	Date
Caulin Perkham	5/16/18
Carolyn Peckham, BHRS Administrative Secretary	Date

CONTACT INFORMATION: PHONE: (707) 472-2310 Fax: (707) 472-2331

BHAB EMAIL THE BOARD: bhboard@mendocinocounty.org

Website: https://www.mendocinocounty.org/government/health-and-human-services-agency/mental-health-services/mental-health-board