



**MENDOCINO COUNTY BEHAVIORAL
HEALTH ADVISORY BOARD**

**REGULAR MEETING
MINUTES**

**March 21, 2018
10:00 a.m. to 2:00 p.m.**

**Public Health Building, Conference Room 1, 1120 S. Dora St. Ukiah
and by live video conferencing
Seaside Room, 778 S. Franklin St., Fort Bragg**

Chairperson
JAN MCGOURTY

Vice Chair
EMILY STRACHAN

Secretary
DINA ORTIZ

Treasurer
CATHY HARPE

BOS Supervisor
GEORGEANNE
CROSKEY

1ST DISTRICT:
DENISE GORNY
JAN MCGOURTY
LOIS LOCKART

2ND DISTRICT:
CATHY HARPE
DINA ORTIZ
MICHELLE RICH

3RD DISTRICT:
MEEKA FERRETTA
VACANT
VACANT

4TH DISTRICT:
EMILY STRACHAN
TAMMY LOWE
VACANT

5TH DISTRICT:
PATRICK PEKIN
MARTIN MARTINEZ
FLINDA BEHRINGER

OUR MISSION: "To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

Item	Agenda Item / Description	Action
1.	<p>Call to Order, Roll Call & Quorum Notice Approve Agenda: <i>Please be respectful, because this meeting is a video conference, any side conversations or comments interfere with auditory reception.</i></p> <ul style="list-style-type: none"> • Meeting called to order at 10:13 by Chair McGourty. • Roll call by Vice Chair Strachan. • Chair McGourty announced quorum is met. • Discussion of changes to the agenda items, move Membership discussion to the top of the list. • Members Present: Harpe, Strachan, Behringer, McGourty, Rich, Lockart, Martinez, Ferretta, and Pekin. • BOS Supervisors Croskey and McCowen also present. 	Board Action:
2.	<p>Membership:</p> <ol style="list-style-type: none"> 1. Chair McGourty announced and introduced the new BHAB member Michelle Rich. Member Rich was recommended to be appointed by Supervisor McCowen to fill the vacant seat in District 2. BOS approved the appointment of Member Rich. <ol style="list-style-type: none"> A. Supervisor McCowen stated he knew Member Rich was interested in behavioral health issues and thought she would be an asset to BHAB. <ol style="list-style-type: none"> I. He apologized to BHAB members for her being appointed without following the protocol that has been in place for appointing new BHAB members. II. Supervisor McCowen explained he saw that there was a vacancy for District 2 and wanted to get the position filled so BHAB would not be short of members and be unable to have a quorum for meetings. 	

	<p>B. Supervisor Croskey commented that BHAB is the only local board that has a vetting process for members, so she could see why the process was easily over looked.</p> <p>I. Discussion and expression from several BHAB members regarding their frustration and disappointment of the protocol not being followed by BOS.</p> <p>C. New BHAB Member Rich stated she is happy to participate in whatever the vetting process is.</p> <p>I. Chair McGourty commented that Vice Chair Strachan will be calling Member Rich regarding the interview process.</p> <p>D. Discussion of the applications not being sent to Administrative Secretary Peckham as the protocol states. Based on the discussion there are at least two applications that have been submitted, at this time none has been forwarded.</p> <p>I. Supervisor Croskey will be going back to the Clerk of the Board office and will follow up with staff to have the applications forwarded to Administrative Secretary Peckham.</p>	
3.	<p>Minutes of February 21, 2018 BHAB Regular Meeting: <i>Discussion and Approval (Handout)</i></p> <p>1. Discussion and review of minutes.</p> <p>A. Discussion of the Oaths of Office and clarification of who was sworn in at the last meeting.</p> <p>B. Admin. Secretary Peckham is in the process of trying to get copies of all the Oaths of Office for the current members.</p> <p>2. Minutes were approved as written by members present.</p>	<p>Board Action: Motion made by Member Pekin, seconded by Treasurer Harpe, to approve the minutes from the BHAB regular meeting 2/21/18 as written, passed with a unanimous yay vote by members present.</p>
4.	<p>Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i></p>	<p>Board Action:</p>
5.	<p>Board Check-in & Comments: Tabled due to a late meeting start.</p>	
6.	<p>Board Reports: <i>Discussion and Possible Action</i></p> <p>1. BOS Supervisor:</p> <p>A. Supervisor Croskey will follow up with the Clerk of the Board Office about the applicants for BHAB. (See item 2-D.I for details)</p> <p>2. Chair:</p> <p>A. Chair McGourty commented Secretary Ortiz was not available to comment on the status of the Data Notebook. She will follow up with Secretary Ortiz.</p> <p>3. Treasurer: Everything looks good on the budget. Treasurer</p>	<p>Discussion and Possible Action:</p>

	<p>Harpe suggested everyone go to training as there are funds in the training budget.</p> <p>A. Treasurer Harpe asked Supervisor Croskey if she asked the BOS members if there is anything they need from BHAB.</p> <p>I. Supervisor Croskey stated that they had not discussed it as they were busy with other County business.</p> <p>4. Recommendations to BOS for Crisis Intervention Training (CIT):</p> <p>A. Chair McGourty commented that at the last BHAB meeting the board voted to have the BHAB executive board draft a recommendation to BOS regarding Crisis Intervention Training (CIT). She passed around two drafts that were created for members to vote on.</p> <p>I. Member Lockart stated this training is very important. She commented we need Law Enforcement training and cultural training to make life as good as we can for people.</p> <p>II. Chair McGourty had members review to see which recommendation they preferred.</p> <p>III. Members Ferretta and Pekin stated they liked B better as it didn't seem as accusatory as A and the recommendation needn't be accusatory.</p> <p>B. Chair McGourty commented about a grant she found regarding CIT training. She asked members if it should be attached to the recommendation.</p> <p>I. Vice Chair Strachan stated that maybe if there was a grant there would be movement forward with training.</p> <p>C. Discussion of whether BHAB should get on the BOS agenda or speak at Public Comment time. Supervisor Croskey recommended that the BHAB recommendation be sent to all the BOS members and Chair McGourty read it at the next BOS meeting. Will look into also getting on the BOS agenda to follow up in a month.</p>	<p>Motion made by Member Ferretta, seconded by Member Martinez, to use recommendation version B for BOS regarding CIT for Law Enforcement, motion passed with a unanimous yay vote by members present.</p>
<p>7.</p>	<p>Committee Reports:</p> <p>1. By-Laws Committee - SUDT: <i>(Members Lockart, Martinez, Ferretta)</i></p> <p>A. Member Ferretta stated the committee has met a few times, they have a draft and she is putting it together. They will hopefully be ready to present at the May meeting.</p> <p>B. BHRS Director Miller will review the draft changes before it goes to County Counsel.</p> <p>2. Flow Chart Committee: <i>(Members Strachan, Harpe, Pekin)</i></p> <p>A. Member Pekin stated the committee met last month, they are waiting for a detailed flow chart from BHRS.</p> <p>I. Admin. Secretary Peckham will finish the mental health flow chart and have it ready for the April meeting.</p> <p>3. Dual Diagnosis Committee: <i>(Members Lowe, Ortiz)</i></p> <p>A. Tabled as neither committee member was available to comment.</p> <p>4. Project Follow-up Committee: <i>(Members Behringer, Gorny)</i></p> <p>A. Member Behringer has nothing more to comment from the</p>	<p>Discussion and Possible Action:</p>

	<p>report read at the last meeting.</p> <p>I. Admin. Secretary Peckham will forward the report to the BHAB members.</p> <p>5. Membership Committee: <i>New Applications?</i></p> <p>A. Please see Item 2-D.I for details.</p>	
8.	<p>Site Visit Reports:</p> <ul style="list-style-type: none"> • Tabled by Chair McGourty 	Discussion and Possible Action:
9.	<p>Measure B:</p> <ol style="list-style-type: none"> 1. CEO Carmel Angelo, BHRS Director Miller and Chair McGourty were appointed to the Ad Hoc Committee to find out the history of the Howard Hospital Foundation. <ol style="list-style-type: none"> A. Chair McGourty commented they are working to put the information together to present at the next Measure B meeting. 2. The Measure B Committee is working on the Mission Statement for the Committee. They are taking recommendation from members. <ol style="list-style-type: none"> A. Member Martinez asked if it was put out to the public that they can put in a recommendation for a Mission Statement. B. BHRS Director Miller said she wasn't sure if it was put on the Measure B website. 3. BHRS Director Miller stated the committee also voted to go before the BOS regarding getting a Needs Report done to see what facilities would be most needed. The hope is that Lee Kemper would be available to do the report. 	Discussion and Possible Action:
10.	<p>Questions for Mendocino County Staff:</p> <ol style="list-style-type: none"> 1. RFP for Adult Services this year? <ol style="list-style-type: none"> A. Chair McGourty brought up for discussion the question of whether there will be a RFP for mental health services this year. <ol style="list-style-type: none"> I. BHRS Director Miller commented she is consulting with County Counsel and will be bringing the recommendation to BOS in May. II. Supervisor McCowen commented he thinks the board needs to consider if there is a legal reason to do a RFP or are there complaints or is services not being provided. He commented that according to Dr. Marbut's report a lot of the reason for an increase in chronic homelessness is the instability in mental health services. B. Chair McGourty asked BHRS Director Miller to have it put on the BHAB agenda when she gets clarification from County Counsel. 2. MOU between County and Redwood Coast Regional Center. <ol style="list-style-type: none"> A. Chair McGourty asked if there is an existing MOU with Redwood Coast Regional Center (RCRC). <ol style="list-style-type: none"> I. BHRS Director Miller commented the County has had an MOU with RCRC in place since 2011, which was renewed in 2014. 	Discussion and Possible Action:

- II. The County has reached out to the new director at RCRC to start the process of getting a new one in place. BHRS Director Miller has not met with the director yet. The plan is to complete the MOU for 2018.
- 3. Meeting adjourned to try and move tables for better reception for the video conferencing. Adjourned at 11:27, reconvened at 11:40.
- 4. Question regarding Press Releases for BHAB meetings.
 - A. Member Martinez asked if BHRS could send the press releases to BHAB members.
 - B. Supervisor Croskey commented that the press releases could be dropped off at the local TV office.
 - C. Discussion of how press releases are processed; BHRS completes the press releases, e-mails it to HHSa Media, they review it and forwards it to printed media and radio contacts locally.
 - D. Members requested a meeting flier be created for the meetings that can be sent to members to post to see if the attendance from the public can be increased.
 - I. A flier will be created monthly for the meetings beginning in April.

Adjourned for lunch at 12:22, reconvened at 1:03.

12:30 to 1:00 Lunch Break

11.

Whole Person Care Grant Overview: *Megan Van Sant, Sr. Program Manager, HHSa Advocacy & Collaboration Team presenting*

- 1. Chair McGourty introduced Megan Van Sant.
 - A. Ms. Van Sant referred to the handouts provided in the agenda packet; she reviewed the information and answered questions.
 - B. Ms. Van Sant stated the Whole Person Care (WPC) project is a federally funded project.
 - I. The goal is to identify people with high level needs that are not being met with their current services that meet the criteria for the project.
 - II. When a person is enrolled they get a wellness coach, short term housing if/when they are discharged from hospitalization, and expedited access to Substance Use Disorder Treatment (SUDT) services. There will be a lot of providers looking out for them.
 - C. Ms. Van Sant thinks there are about eighty-one people enrolled currently and they are looking at having up to two hundred people enrolled as the project moves forward.
 - D. The providers/partners in WPC are struggling with the issues around data sharing. All participants have signed a pretty extensive agreement and are willing to work out the issues.
 - E. There will be case conferencing every week to keep all the providers up to date.
 - F. Member Pekin asked who the wellness coaches will be and the level of experience required.

- I. Ms. Van Sant commented the wellness coaches will be paraprofessionals.
- II. Wynd Novotny Director of Manzanita commented there is training provided through RCS. The wellness coaches are not licensed staff; they have experience with mental health. She feels confident the coaches that have been hired will be able to hit the ground running.
- III. RCS CEO Camille Schraeder commented the coaches will be working with the primary care providers.
- G. Member Rich asked how the data sharing was going to be done.
 - I. Ms. Van Sant commented they are looking at various formats. At this time no one is being asked to change to a different Electronic Health Record (EHR).
- H. Member Martinez asked what the service areas are.
 - I. Ms. Van Sant stated WPC is open to the whole county, at this time mainly focusing in Ukiah, Willits and Fort Bragg, but they are hoping to expand to other communities. They are looking at expanding the providers and partners to include more clinics.
- I. Member Lockart expressed concern about the short care coordination for housing.
 - I. Ms. Van Sant explained everyone will enter the program at a high intensity level so there has to be an exiting point. The grant does not provide for long term housing.
 - II. Chair McGourty stated BHAB had made a recommendation to BOS to have some kind of form to keep information regarding housing back ground information so that people wouldn't have to pay to have a background done each time they applied for housing. She wondered if something like this could be incorporated into WPC.
 - III. Ms. Van Sant is not aware of anything regarding having a position in the county to hold information for people looking for housing. She will look into it and follow up with the housing unit.
- J. Question - Does WPC track the data of where the clients are being referred from?
 - I. Ms. Van Sant doesn't have the information with her, but yes they know where the referral came from.
- K. Member Behringer asked if they were keeping stats on which criteria is being met for enrollment.
 - I. RCS CEO Schraeder stated yes they are tracking with the enrollment.
 - II. Member Behringer asked if there could be a report included with the RQMC stats at the next BHAB meeting.
 - III. RCS CEO Schraeder stated they will provide the numbers at the next BHAB meeting.
- L. Ms. Van Sant reminded everyone this is a very new program and they are just getting started and sill working out issues as they come up.
 - I. Wynd Novotny Director of Manzanita commented that

	<p>when starting any process you have to develop a relationship with clients and providers. Rapport building with clients as to all the paperwork and new people involved is important; you have to build a safe space for the client.</p> <p>II. Karen Rizzolo from Hillside Clinic commented the clinics have been trying to get something like WPC in place for probably ten years. She is hoping this will be the first step in making it happen.</p>	
<p>12.</p>	<p>Mendocino County Report: <i>Jenine Miller, Psy. D., BHRS Director</i></p> <ol style="list-style-type: none"> 1. Mike Palleson from Rural Communities Housing Development Corporation (RCHDC), the developers for the Willow Terrace project, stopped by the meeting to thank BHAB for all the support to get this project going. They are demolishing the current building and will begin building the new housing unit next month. 2. BHRS Director Miller asked if there were any questions regarding the information in the Director Report (attached in the Agenda Packet). <ol style="list-style-type: none"> A. BHRS Director Miller introduced Juanita Dreiling as she is the Administrative Services Manager in fiscal and will be overseeing BHRS fiscal. B. Ms. Dreiling commented she worked for the County previously nine years ago, she started again last week. 3. Fiscal Reports: <ol style="list-style-type: none"> A. Venus Hoaglen, BHRS fiscal, commented that this month the SUDT budget was included with the fiscal reports in the agenda packet. The Revenue for SUDT comes from Drug Medi-Cal. B. BHRS Director Miller commented the SUDT budget is combined with funding sources from Drug Medi-Cal, realignment dollars, grants, and small amounts from MHSA and AB109. C. BHRS Director Miller clarified on the report, Prevention and Planning are listed which is part of Public Health, but comes under the SUDT budget. D. The board requested that the heading “Other Charges” be changed to “Contracts”. 4. Legislation: <ol style="list-style-type: none"> A. Due to short time, the legislative update will be postponed. 5. Specialty Mental Health Education: <ol style="list-style-type: none"> A. This will take a couple of meetings to get through, but BHRS Director Miller will be giving an overview of services, about what Specialty Mental Health (SMH) services are and try to give members a good idea of what it entails. <ol style="list-style-type: none"> I. SMH services are not all of the levels of mental health (MH) services. The County only provides a small portion of MH services. II. In 1965 congress passed legislation to have Medicare and Medi-Cal enacted to provide MH services. 	<p>Discussion and Possible Action:</p>


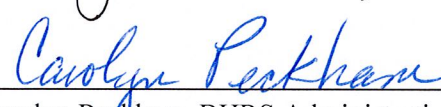
- III. In 1968 California implemented their Medi-Cal program.
 - IV. In 1968 the Lanterman-Petris-Short (LPS) act for Conservatorship was implemented in California. Creating a judicial system for people conserved.
 - V. In 1991 the realignment funds we started, it was a shift from authority for the State to Counties.
 - VI. In 1995 the State started the Mental Health Plan (MHP), each county started a managed MHP. This is a carve out plan for MH and SUDT carved out.
 - VII. In 2004 the Mental Health Services Act (MHSA) was implemented. This was funding to increase in MH programs and staffing.
 - VIII. In 2010 parity for coverage with the same level of care regardless of where you get your services or insurance coverage.
 - IX. In 2011 realignment funds covers a variety of Health and Human Services Programs.
 - X. In 2014 with the ACA expansion there was an increase of clients.
6. Cultural Competency Meeting (*Discussion/Feedback*)
- A. Acting Deputy Director Lovato attended to hear feedback and offer some clarification of the Cultural Competency Meetings.
 - B. Acting Deputy Director Lovato commented that the County is mandated to have a Cultural Competency Committee.
 - I. The County has scheduled meetings quarterly, have had declining attendance in the last few years. The time of meetings was changed to later in the day with the hope that more people could attend at that time. She is open to ideas and suggestions regarding ways to increase attendance. The Committee has received in the past feedback from the community they wanted more of a educational training type of meeting.
 - C. Question - What is the purpose of the meeting?
 - I. Acting Deputy Director Lovato commented to provide more information and education to communities on what is working and not working.
 - II. Acting Deputy Director Lovato explained the plan that is required by the State is to look at disparities, and what is being done. The report is required and submitted to Department of Health Care Services (DHCS). She commented that BHRS including MH and SUDT is the focus. The target audience is the community in general, anyone that considers themselves interested in the improvement of BHRS.
 - D. Question - Has the Committee developed goals and objectives?
 - I. Acting Deputy Director Lovato commented they do have goals and objectives, they are not dictated by the State.
 - E. Member Martinez stated he doesn't know how the Committee is put together and where did the information come from? How does the County define culture? He wants

	<p>to know who is on the board and committee. Was there public announcement for the committee?</p> <p>I. Acting Deputy Director Lovato stated the feedback is really important. For clarification it's a stakeholder meeting, not a formal board. She stated the County is mandated by the State and it is unfunded. Any funds used are MHSA funds.</p> <p>A. Acting Deputy Director Lovato listed some of the trainings that the County has provided. County staff facilitates the meetings based on the input from the stakeholders.</p> <p>I. Chair McGourty commented that she and Member Lockart attended the last meeting at the Hopland Rancheria. There were no tribal members in attendance.</p> <p>II. Member Lockart commented that the agenda stated to improve responsiveness to Native Americans. She commented the correct way to set up a meeting on their land is to contact the tribal leaders to see if this is a good time to do the meeting and invite them to be there. She was appalled that she was on tribal land and there were no tribal representatives and the lack of understanding of proper protocol.</p> <p>III. Acting Deputy Director Lovato commented that she appreciates the comments and acknowledges that they need to work on the way to communicate with First Native People.</p> <p>B. Acting Deputy Director Lovato talked about how there are different ways of looking at culture.</p> <p>I. Member Lockart commented on the historical trauma of the First Native People.</p> <p>II. Acting Deputy Director Lovato commented that the County needs to be better at the way they communicate with First Native People.</p> <p>III. Member Lockart talked about all the problems that tribal people have dealing with outsiders and are not always able to talk about it.</p> <p>C. Acting Deputy Director Lovato stated one strategy they have tried in the past to increase the attendance at meetings was to have speaker panels, but was unable to sustain the process. She asked for suggestions or ideas on how to get speakers to participate.</p> <p>D. Member Martinez commented there's a lot of cultural competency that needs to be addressed with the County. He commented on the tribal people that are in the jail are put down and there is no sensitivity.</p>	
<p>13. 15 minutes</p>	<p>RQMC Report: <i>Camille Schraeder, RCS CEO</i></p> <p>1. Data Sheet: <i>(Handout)</i></p> <p>A. RCS CEO Camille Schraeder commented that they added the cost per client to the Data Dashboard along with adding the Medication Management information.</p> <p>2. Services Update:</p> <p>A. RCS CEO Camille Schraeder commented that when you see</p>	<p>Discussion and Possible Action:</p>

	<p>the difference in the child system of care vs. the adult system of care it's based on the information that BHRS Director Miller had talked about. (see item 12 for more details)</p> <p>3. Adult Social Activities:</p> <p>A. BHRS Director Miller commented that she proposed as an innovation project is to do some type of model for adult activities. They will be coming up at the MHSA forums for input.</p>							
14. 5 minutes	Adjournment: 2:00 Next meeting: April 18, 2018 - Covelo							
Agenda Item Handouts:								
<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;"><i>BHAB Agenda - March 21, 2018</i></td> <td style="width: 50%; border: none;"><i>BHRS Department Report</i></td> </tr> <tr> <td style="border: none;"><i>BHAB Draft Regular Meeting Minutes – February 21, 2018</i></td> <td style="border: none;"><i>RQMC Data Dashboard</i></td> </tr> <tr> <td style="border: none;"><i>BHAB Finance Reports</i></td> <td style="border: none;"><i>Whole Person Care Handouts</i></td> </tr> </table>			<i>BHAB Agenda - March 21, 2018</i>	<i>BHRS Department Report</i>	<i>BHAB Draft Regular Meeting Minutes – February 21, 2018</i>	<i>RQMC Data Dashboard</i>	<i>BHAB Finance Reports</i>	<i>Whole Person Care Handouts</i>
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AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

 Jan McGourty, BHAB Chair	4/18/18 Date
 Carolyn Peckham, BHRS Administrative Secretary	4/18/18 Date

CONTACT INFORMATION: PHONE: (707) 472-2310 FAX: (707) 472-2331

BHAB EMAIL THE BOARD: bhboard@mendocinocounty.org

WEBSITE: <https://www.mendocinocounty.org/government/health-and-human-services-agency/mental-health-services/mental-health-board>