



**MENDOCINO COUNTY BEHAVIORAL
HEALTH ADVISORY BOARD**

**REGULAR MEETING
MINUTES**

**February 21, 2018
10:00 a.m. to 2:00 p.m.**

**Consolidated Tribal Health Conference Room
6991 N. State Street, Redwood Valley**

Chairperson
JAN MCGOURTY

Vice Chair
EMILY STRACHAN

Secretary
DINA ORTIZ

Treasurer
CATHY HARPE

BOS Supervisor
GEORGEANNE
CROSKEY

1ST DISTRICT:
DENISE GORNY
JAN MCGOURTY
LOIS LOCKART

2ND DISTRICT:
CATHY HARPE
DINA ORTIZ
VACANT

3RD DISTRICT:
MEEKA FERRETTA
VACANT
VACANT

4TH DISTRICT:
EMILY STRACHAN
TAMMY LOWE
VACANT

5TH DISTRICT:
PATRICK PEKIN
MARTIN MARTINEZ
FLINDA BEHRINGER

OUR MISSION: "To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

Item	Agenda Item / Description	Action
<p>1. 5 minutes</p>	<p>Call to Order, Roll Call & Quorum Notice Approve Agenda:</p> <ul style="list-style-type: none"> • Meeting called to order by Chair McGourty • Roll called by Secretary Ortiz • Quorum met • Agenda approved by members present • Members Present: Harpe, Gorny, Ortiz, Strachan, Behringer, McGourty, Lockart, Martinez, Ferretta, Pekin, and Lowe. Supervisor Croskey also present. 	<p>Board Action: Motion made by Member Gorny, seconded by Member Pekin to approve the February 21, 2018 agenda as written; passed with a unanimous yay vote by members present.</p>
<p>2. 10 minutes</p>	<p>Minutes of January 17, 2018 BHAB Regular Meeting: <i>Discussion and Approval (Handout)</i></p> <ul style="list-style-type: none"> • Minutes from the January 17, 2018 meeting approved as written by members present. <p>Discussion:</p> <ul style="list-style-type: none"> • Member Lockart commented on the cultural competency discussed in the minutes. She feels that since there is a significant Native American population in Mendocino County there should be a larger focus on the Native American Culture. • Vice Chair Strachan questioned why she had to be sworn in and have a notarized Oath of Office as her term does not expire until January 1, 2021. She is concerned with the discrepancies and inconsistencies with the Clerk of the 	<p>Board Action: Motion made by Member Pekin, seconded by Treasurer Harpe to approve the January 17, 2018 minutes as written, passed with a unanimous yay vote by members present.</p>

	<p>Board regarding BHAB member terms.</p> <ul style="list-style-type: none"> • Supervisor Croskey swore in the members that had their Oath of Office forms with them; Vice Chair Strachan and Member Behringer. Member Gorny and Treasurer Harpe will need to go into the Clerk of the Board office as they did not have their form with them. 	
<p>3. 15 minutes (Maximum)</p>	<p>Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i></p>	
<p>4.</p>	<p>Board Check-in & Comments:</p> <p>A. Chair McGourty asked members for their comments on what they have been doing for behavioral health in the last month.</p> <ol style="list-style-type: none"> i. Chair McGourty - attended the OAC meeting and gave two presentations on cultural competency and regarding the Round Valley Innovation Project. She attended the California Behavioral Health Planning Council Meeting regarding Adult Residential Facility Stakeholder Engagement; the discussion was regarding the shortage of board and care facilities, and lack of funding as Medi-Cal payments are so low. She met with OAC while they were here in Mendocino County visiting Round Valley. Also attended a Lake County BHAB meeting, there are only five members on that board. Discussion of an art program started in Lake County for victims of the recent fires as a way to help them cope. ii. Member Lockart - commented on Measure B and that she feels BHAB needs to pay more attention to what the Measure B Committee is doing. She has been working on the Bylaws for adding SUDT, she has requested language for SUDT; BHRS Director has provided language. iii. Member Pekin - attended a four day class on capital crimes, there was a component of the class that addressed mental health. He was very interested in a case that was discussed at how mental health is viewed and the impact it has on the mentally ill's family. iv. Supervisor Croskey - commented on the Whole Person Care (WPC) Grant. There was a presentation to BOS Standing Committee; the purpose of WPC is to pair clients with programs to give them more care and additional support. She reviewed a list of criteria to qualify for the program. v. Member Martinez - working on getting the legal wording for getting SUDT into the BHAB Bylaws. He expressed concern for the people self-medicating, he's questioning where to start. He's been working with kids that had losses from the fires. He stated this will 	

	<p>be a long term process with getting the kids to feel safe. He has also been visiting clinics to see how they are run and how they treat people.</p> <p>vi. Member Ferretta - watched the video of the Whole Person Care presentation that Supervisor Croskey mentioned and felt it was great. Mentioned that mental health counselors are getting paid twenty percent less than market value. Commented on the problem of lack of funding for residential care for clients that need it. Commented that the WPC grant will provide some funding for services that are not currently covered by Medi-Cal. She has been studying the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) and is working on how diagnosis is done and how dual diagnosis is addressed in the overall treatment plan. She has also started to ask people having a difficult time if they may be thinking about suicide.</p> <p>vii. Member Lowe - has been busy working with a client, has interaction with Adult Protective Services (APS). She wanted to make a referral; it took two weeks to get the person in to be assessed. Commented on the homeless and getting connected to services. Commented on her concern regarding a person on the coast that is suicidal and an issue that came up regarding a crisis worker.</p> <p>viii. Member Behringer - has been away for a while, but commented that she is pleased with her committee assignment.</p> <p>ix. Member Gorny - commented on her grandson's story of being in the State Mental Hospital, standing trial, and his time in prison. He is out now and just got his Peer Counseling Certificate, she wanted to let everyone know there is hope for people with mental illness. She has chosen to serve on BHAB because she thinks mental health is going in the right direction.</p> <p>x. Secretary Ortiz - commented that she hates people being put on psychiatric medications, feels it's really bad for the body. She feels there has to be a better way of treatment instead of medications. Commented on the bad things going on in the world.</p> <p>xi. Treasurer Harpe - commented that her and her husband came across a family that was living out of their car. They went to the Mendocino College to get a list of mental health services; the list of mental health services that is being handed out hasn't been updated since 2013.</p>	
<p>5. 30 minutes</p>	<p>Board Reports: <i>Discussion and Possible Action</i></p> <p>A. BOS Supervisor:</p> <p>i. Update on any BHRS items or discussion at the BOS Meeting in the last month.</p>	

	<ul style="list-style-type: none"> a. Nothing other than Whole Person Care Grant as discussed in Item 4, iv. above. ii. What does BOS need from BHAB? <ul style="list-style-type: none"> a. Supervisor Croskey will bring the question to the rest of the BOS members. She feels it's a good idea for BHAB to look at upcoming items and have some input as to what BOS decides. <p>B. Chair:</p> <ul style="list-style-type: none"> i. Data Notebook – Chair McGourty asked Secretary Ortiz if she needs help with completing the Data Notebook. She's not sure she needs help exactly but needs information. She has the materials together, just needs to finish it. ii. There is a Cultural Diversity Committee (CDC) Meeting in Hopland today regarding Native American culture. iii. There will be Brown Act training in Willits today. Carolyn will send out the link to online Brown Act training, to BHAB members. <ul style="list-style-type: none"> a. Vice Chair Strachan commented that the Mendocino Fire Department will be doing a Brown Act training March 19th, 2018. She will send the information to Administrative Secretary Peckham to be distributed to BHAB members. <p>C. Secretary: Record Public Comments - Nothing to report at this time.</p> <p>D. Treasurer: Treasurer Harpe read off remaining budget amounts. Nothing else to report at this time.</p> <p>E. Membership: Supervisor Croskey is checking with some people in her district to see if they are interested in being on BHAB.</p> <ul style="list-style-type: none"> i. Discussion of ways to get people interested in being on the board. Discussed, having a Facebook page for BHAB, but that there would have to be frequent maintenance and updates of the page to make it relevant. <ul style="list-style-type: none"> a. Supervisor Croskey commented on a community page that maybe BHAB could post items on. b. Several of the members will post on their personal Facebook pages. 	
<p>6. 20 minutes</p>	<p>Committee Reports:</p> <p>A. By-Laws Committee - SUDT: (<i>Members Lockart, Martinez, Ferretta</i>)</p> <ul style="list-style-type: none"> i. The committee has not met yet, they will meet today at the lunch break. <p>B. Flow Chart Committee: (<i>Members Strachan, Harpe, Pekin</i>)</p> <ul style="list-style-type: none"> i. The committee has not met yet, they will meet today at the lunch break. <p>C. Dual Diagnosis Committee: (<i>Members Lowe, Ortiz</i>)</p>	

	<ul style="list-style-type: none"> i. The committee has not met yet, they will meet today at the lunch break. <p>D. Project Follow-up Committee: (<i>Members Behringer, Gorny</i>)</p> <ul style="list-style-type: none"> i. Member Behringer put together a report with the purpose (goals) and mission of the committee. She will e-mail the report to Admin. Secretary Peckham and follow up with BHRS Director Miller to get a list of the capital projects. ii. Member Behringer read the report to the members present. 	<p>Member Behringer will send committee report to Admin. Secretary Peckham.</p>
<p>7. 15 minutes</p>	<p>Site Visit Reports:</p> <p>A. Chair McGourty handed out copies of a couple of sections from the California Association of Local Behavioral Health Boards and Commissions Best Practices 2018 update. She requested to have the site visit section put in Section Eight of the BHAB Members Handbook.</p>	
<p>8. 20 minutes</p>	<p>Mendocino County Report: <i>Jenine Miller, Psy. D., BHRS Director</i></p> <p>A. Status of Grants:</p> <ul style="list-style-type: none"> i. Question about the No Place Like Home Grant, BHRS Director Miller gave a status update on the grant. <p>B. Fiscal Reports:</p> <ul style="list-style-type: none"> i. Venus will include the SUDT fiscal report in the next month agenda packet. <p>C. Capital Projects List:</p> <ul style="list-style-type: none"> i. BHRS Director Miller reviewed the information regarding the Orchard Project and Willow Terrace Project and some of the names the projects have been called. This information is included in the Director Report in the Agenda Packet. <p>D. Question regarding the MHSA Housing project.</p> <ul style="list-style-type: none"> i. BHRS Director Miller commented the contract and funding did go before BOS. The housing project will be called Willow Terrace. CEO Carmel Angelo will be signing the documents to move forward with the project. <p>E. Legislation:</p> <ul style="list-style-type: none"> i. The Peer Certification efforts have been renewed. ii. There is proposed legislation regarding Licensing of Substance Abuse Treatment Facilities. <ul style="list-style-type: none"> a. Question regarding Substance Abuse Treatment licenses for counselors will they need to be licensed. BHRS Director Miller stated, at this time just the facilities are being discussed. <p>F. Question about DUI contracts in the County.</p> <ul style="list-style-type: none"> i. BHRS Director Miller commented that the County is mandated by the State to monitor the DUI programs in the County. 	<p>SUDT fiscal report to be included in future meetings.</p>

	<p>G. There will be a presentation to BOS regarding Mental Health Services.</p>	
<p>9. 15 minutes</p>	<p>RQMC Report: <i>Camille Schraeder, RCS CEO</i></p> <p>A. Data Sheet: (<i>Handout</i>)</p> <p>i. Board requested that the cost per beneficiary be included each month on the Data Dashboard.</p> <p>B. Services Update:</p> <p>i. RCS CEO Schraeder commented on the January numbers for psychiatry services. They are still working out the kinks in the system, but it's going relatively well. There are services four days a week in Fort Bragg and Ukiah. They are separating adult and children services.</p> <p>C. Adult Social Activities:</p> <p>i. Nothing stated at this time.</p> <p>D. Discussion of Whole Person Care (WPC), RCS CEO Schraeder stated she thinks there are fifty-five clients in the program at this time. She will get a copy of the WPC referral form to BHAB at the next meeting.</p> <p>i. The plan is for Care Managers to have about twenty-five clients on their case load.</p> <p>E. The County is in the process of auditing the service providers.</p> <p>F. RQMC and the County are working together to prepare for the Triennial Audit scheduled for October 2018.</p> <p>G. Discussion of the MOU between the County and Redwood Coast Regional Center not being finalized. Secretary Ortiz commented on the number of Latinos being treated by RQMC. Discussion of some Latinos checking "Other" instead of Latino out of fear of Immigration.</p> <p>Meeting adjourned for lunch at 12:15, reconvened at 1:01</p>	
<p>12:30 to 1:00 Lunch Break</p>		
<p>10. 30 minutes</p>	<p>Stepping Up Program: <i>Chief Probation Officer Robert Ochs presenting</i></p> <p>A. Chair McGourty introduced Interim Chief Probation Officer Robert Ochs and his team, the newly selected Chief Probation Officer Izen Locatelli and Deputy Probation Officer III Katie Ford.</p> <p>i. Chief Ochs reviewed what he feels the Stepping Up program is all about. He talked about the role that probation has in the program as they provide services with all the judicial entities in the County along with Behavioral Health.</p> <p>a. Chief Ochs referred to people and/or agencies that are interested in keeping the mentally ill out of jail: CEO Carmel Angelo, Sheriff Allman, BHRS Director Miller, District Attorney Eyster, Judge</p>	

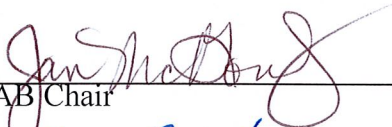



Moorman and probation. Chief Ochs feels the starting point for Stepping up would be to see if our leadership in the County is committed to this process. He commented that there is probably not a county in the country that has the Stepping Up program all lined up.

- ii. New Chief Locatelli commented that he is not ready to take on the full leadership role for Stepping Up. He and Probation Officer Ford may attend meetings to help out as much as possible, but with him just stepping into the Chief Probation Officer position he will have to focus on settling into his new role.
- iii. Probation Officer Ford is excited about this program and wants to move forward with it.
- iv. Discussion of how probation determines which probationer to refer to mental health services. Chief Ochs commented they assess the probationers for certain risk factors.
 - a. Question - What are the risk factors?
 - 1) Chief Ochs stated there are eight risk factors they assess for. He commented that just in the last few years the accepted view has changed on how to treat probationers.
 - a. Question - Do you have certain risk factors that you will serve?
 - 1) Probation is taking steps to look at the populations. Chief Ochs talked about having to look at all issues and treat them together instead of separately. They look at the higher risk of recidivism and that is where they would most likely focus referral for treatment.
- v. Discussion of where the funding for making the Stepping Up changes to the system will be coming from. Possibly from grants or BOS may designate some funding.
- vi. Chief Ochs thinks the county needs a champion to lead the county to get Stepping Up going, but will need the support of the community leaders to make it work.
- vii. Chief Ochs has made some progress with talking to several county leaders and getting them on board, the next steps will be getting all the players to the table for discussion.
- viii. Secretary Ortiz asked about what kind of risk assessments they used and people being let out of jail not being a good thing.
 - a. Chief Ochs responded that there are several assessments, but it may depend on the circumstance that the probationer is placed in.
- ix. Discussion of the diversion program, it was originally funded by a grant. The grant has ended, but Judge Moorman is trying to keep the program going without

	<p>the grant as the outcome has proven to be successful.</p> <ul style="list-style-type: none"> x. Discussion of maybe having a place to take people that really shouldn't go to jail, but do need treatment instead. Chief Ochs commented the board is not alone in struggling with this issue the whole country is struggling with the same issue. xi. Chair McGourty asked BHAB members if they were interested in creating a resolution to get Stepping Up moving forward. xii. There was a vote taken to have the Executive Officers meet to develop a recommendation to BOS to have CIT training for all first responders. Passed with a yay vote. xiii. Follow up discussion: <ul style="list-style-type: none"> a. Discussion of the woman that was shot in Willits and the need for law enforcement officers to have CIT training. b. Vice Chair Strachan commented that maybe BHAB should find out how much the overtime for law enforcement officers would be and use the CIT funds to pay for their training. c. Treasurer Harpe stated she thought Probation Officer Ford would be a good champion for Stepping Up. d. BHRS Director Miller will be putting out invites to try to get a Stepping Up meeting. Supervisor Croskey commented that maybe she should send out a flow chart showing what she thinks each department will be doing so maybe it would give them incentive to attend the meeting. e. Question - Where did the funds come from to start the Behavioral Health Court? The funds came from in-kind, MHSA and there was a grant also for the program. 	<p>Board Action: Motion made by Treasurer Harpe, seconded by Secretary Ortiz for the Executive Officers to meet and develop a letter of recommendation to BOS to have CIT training for first responders, passed with a unanimous yay vote.</p> <p>BHRS Director will send out invitations to a Stepping Up meeting.</p>
<p>11. 25 minutes</p>	<p>Measure B:</p> <ul style="list-style-type: none"> A. Report on measure B, Sheriff Allman is Chair, and Doctor Ace Barash is Vice Chair. B. Discussion of some topics that was discussed at the meeting. C. Discussion on why there was not a decision to hire Lee Kemper to do research into what is missing from the system. D. At the next measure B meeting BHRS Director Miller will be giving a presentation of what mental health is. 	
<p>12. 5 minutes</p>	<p>Adjournment: 2: at 2:08 Next meeting: March 21, 2018 - Ukiah and Fort Bragg via video conferencing.</p>	
<p>Agenda Item Handouts:</p>		
<p><i>BHAB Agenda February 21, 2018</i></p>		<p><i>BHRS Department Report</i></p>

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health’s Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

 _____ Jan McGourty, BHAB Chair	 _____ Date
 _____ Carolyn Peckham, BHRS Administrative Secretary	 _____ Date

CONTACT INFORMATION: PHONE: (707) 472-2310 FAX: (707) 472-2331

BHAB EMAIL THE BOARD: bhboard@mendocinocounty.org

WEBSITE: <https://www.mendocinocounty.org/government/health-and-human-services-agency/mental-health-services/mental-health-board>