



**MENDOCINO COUNTY BEHAVIORAL  
HEALTH ADVISORY BOARD**

**REGULAR MEETING  
MINUTES**

**January 17, 2018  
10:00 a.m. to 2:00 p.m.**

**This meeting will be live video conferenced between:**

**WISC Office Atlantic Room, 472 E. Valley Rd., Willits and  
Seaside Room, 778 S. Franklin St., Fort Bragg**

**Chairperson**  
JAN MCGOURTY

**Vice Chair**  
EMILY STRACHAN

**Secretary**  
DINA ORTIZ

**Treasurer**  
CATHY HARPE

**BOS Supervisor**  
GEORGEANNE  
CROSKEY

**1<sup>ST</sup> DISTRICT:**

DENISE GORNY  
JAN MCGOURTY  
LOIS LOCKART

**2<sup>ND</sup> DISTRICT:**

CATHY HARPE  
DINA ORTIZ  
KATE GASTON

**3<sup>RD</sup> DISTRICT:**

MARGIE HANDLEY  
MEEKA FERRETTA  
VACANT

**4<sup>TH</sup> DISTRICT:**

EMILY STRACHAN  
TAMMY LOWE  
VACANT

**5<sup>TH</sup> DISTRICT:**

PATRICK PEKIN  
MARTIN MARTINEZ  
FLINDA BEHRINGER

**OUR MISSION:** *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

<b>Item</b>	<b>Agenda Item / Description</b>	<b>Action</b>
<b>1.</b> 5 minutes	<p><b>Call to Order, Roll Call &amp; Quorum Notice</b>  <b>Approve Agenda:</b> <i>Please be respectful, because this meeting is a video conference, any side conversations or comments interfere with auditory reception.</i></p> <ul style="list-style-type: none"> <li>• Meeting called to order at 10:07 by Chair McGourty.</li> <li>• Roll call by Secretary Ortiz</li> <li>• Chair McGourty announce quorum met</li> <li>• Agenda changes - Item 9 will be eliminated from the agenda, add letter to BOS for discussion to Item 5, and correction of date on agenda.               <ul style="list-style-type: none"> <li>○ Agenda approved with corrections</li> </ul> </li> <li>• Members present: Dina Ortiz, Emily Strachan, Jan McGourty, Lois Lockart, Martin Martinez, Meeka Ferretta, Patrick Pekin, and Tammy Lowe.               <ul style="list-style-type: none"> <li>○ Supervisor Georgeanne Croskey</li> </ul> </li> </ul>	<p><b>Board Action:</b>            Motion by Member Pekin, seconded by Secretary Ortiz to approve the Jan. 17, 2018 agenda with corrections as noted, passed with a unanimous yay vote from members present.</p>
<b>2.</b> 10 minutes	<p><b>Minutes of December 20, 2017 BHAB Regular Meeting:</b>  <i>Discussion and Approval (Handout)</i></p> <ul style="list-style-type: none"> <li>• Minutes approved as written.</li> </ul>	<p><b>Board Action:</b>            Motion by Member Ferretta, seconded by Member Pekin to approve the Dec. 20, 2017 minutes as written, passed with a</p>

		unanimous yay vote from members present.
<b>3.</b> 15 minutes (Maximum)	<b>Public Comments:</b> <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i>	Board Action:
<b>4.</b> 30 minutes	<b>Board Check-in &amp; Comments:</b> <ol style="list-style-type: none"> <li>1. Chair McGourty asked members to talk about what they have done for behavioral health in the last month. <ol style="list-style-type: none"> <li>A. <b>Member Ferretta</b> - finished a class in ethics and law.</li> <li>B. <b>Member Pekin</b> - spoke at a Leadership Mendocino meeting, discussion about Measure B and realizing there are gaps in understanding.</li> <li>C. <b>Vice Chair Strachan</b> - Reported on watching the documentary “32 Pills: My Sister’s Suicide”, regarding a person going through mental illness.</li> <li>D. <b>Member Lowe</b> - spent time with a parent in Fort Bragg that is trying to get mental health services for her adult son. She is trying to help the mother navigate the system.</li> <li>E. <b>Secretary Oriz</b> - talked about some grants that she saw for mental health. Commented on Trumps statements about other Countries. She has been trying to help a family that has a member on the street get the services needed. She is concerned with all the messes nationwide and DACA.</li> <li>F. <b>Chair McGourty</b> - has been working on a lesson plan for the OAC meeting she is attending Jan. 25, 2018.</li> <li>G. <b>Member Lockart</b> - commented that she agrees with Member Ortiz regarding the discord in the U.S. Government.</li> <li>H. <b>Supervisor Croskey</b> - stated the Measure B Committee has been appointed by BOS. There were many applicants and everyone is excited to serve on the committee.</li> </ol> </li> <li>2. <b>Member Martinez</b> - has been looking at combining SUDT and MH for BHAB. There are a lot of issues, of funding and combining funding. He’s trying to find the right legal wording for the by-laws. He has been looking at the problems with the fire disaster on the tribal lands. He thinks the tribal people are not being invited to anything in the County; they are very angry and feeling left out. He talked about tribal people having to go from place to place to get mental health services. He thinks clients should only have to go to one building to get services.</li> <li>3. Discussion brought up by Member Martinez regarding dual diagnosis issues, he stated SUDT tries to get clients off drugs and mental health puts them back on drugs.</li> </ol>	

**5.**

30 minutes

**Reports: Discussion and Possible Action**

1. **BOS Supervisor:** Chair McGourty stated that BHAB members feel that they are not kept in the loop regarding what is being decided in the BOS meetings. BHAB would like for Supervisor Croskey to give a report to BHAB each month regarding decisions or proposals to be discussed by BOS.
  - A. Supervisor Croskey commented that she wasn't aware of anything effecting mental health going on other than Measure B.
  - B. The Measure B Committee will be meeting January 24<sup>th</sup> from 1:00 to 3:00 in Conference Room C in the Admin. Building. The agenda went out to the Committee Members. The first meeting will be to select the chair of the committee. BHRS Director Miller read the list of the newly appointed Committee members; Jenine Miller, Jan McGourty, Carmel Angelo, Ace Barash, Ross Liberty, Lloyd Weer, Mark Mertle, Jed Diamond, Shannon Riely, Thomas Allman and Donna Moschetti.
  - C. Discussion of a possible training facility as mentioned by Sheriff Allman. He had stated the college had received grant funds and the Sheriff's Office could have a training facility at the college.
2. **Chair McGourty:**
  - A. **Approve 2018 BHAB Calendar:**
    - I. Two copies of the 2018 BHAB schedule was included in the Agenda Packet; one with districts listed and one without.
    - II. Discussion of whether to change the scheduled November meeting from Willits to District 1. The members present voted to look for a venue in Potter Valley.
    - III. Administration Secretary Peckham will follow up with finding an alternate venue.
  - B. **BHAB Handbook:**
    - I. The new green BHAB Handbooks were handed out. Discussion that there are place holders for information to come.
    - II. Discussion of items in the binder.
    - III. Vice Chair Strachan and Member Martinez will be on the Crisis Flow Chart Ad Hoc Committee.
3. **Secretary:**
  - I. Nothing to report at this time. Secretary Ortiz is still working on the Data Notebook; she is coming up with issues with it.
4. **Treasurer:**
  - I. Treasurer Harpe was not available. Venus Hoaglen, Staff Services Administrator reported on the balances for the BHAB budget.
5. **Annual Report: Presentation to BOS January 23, 2018**

**Board Action:**  
Motion made by Secretary Ortiz, seconded by Member Lowe to change the venue for November to Potter Valley, passed by a unanimous yay vote from members present.

Admin. Secretary Peckham will follow up with a venue in Dist. 1.

- A. Chair McGourty suggested members attend the BOS meeting when she presents the Annual Report.
  - I. Discussion of a letter to BOS regarding keeping BHAB in the loop on any capital decisions made (buildings etc.) *see Item 7.*
- B. Discussion of the RCS purchase of property for crisis respite. BHRS Director Miller clarified the procedure that has been going on for the crisis residential. This project has nothing to do with Measure B, this project has been in process for a while, and the two different projects will hopefully augment each other.
  - I. Member Lowe asked where the funding for staffing will come from. BHRS Director Miller clarified the funding will be from; Medi-Cal billing, MHSA funds, and possible private insurance.
  - II. Chair McGourty asked about clarifying information for projects and where the funding comes from. RCS CEO Camille Schraeder offered more information regarding their projects on Orchard Ave. RCS CEO Camille Schraeder stated that they hope to break ground in 2019 on the Orchard Ave. project (Crisis Residential).
- 6. **Membership:** *Returning Members Approval set for January 23, 2018 BOS Meeting*
  - A. Of the five members with expiring terms Treasurer Harpe, Member Gorny and Member Behringer will be re-appointed by BOS. Member Handley and Member Gaston has decided not to continue on the board.
- 7. **Other:** *Letter to BOS*
  - A. Discussion to write a letter to BOS; to include wanting a list of all capital projects upcoming and what are already in place. Chair McGourty commented that there had been a previous discussion of having a list of all the projects currently going on and where the funding comes from, and communication from BOS regarding BHAB being notified as to what is going on and coming up. There was quite a bit of member suggestions, discussion, and requests for information.
    - I. Supervisor Croskey asked BHRS Director Miller if she thought there was a way to cover these issues without involving or going directly to BOS.
    - II. BHRS Director Miller commented that project information is included in the director report provided monthly. Some of the confusion is, because of the regulations, the projects sometimes take a couple of years to get authorized and the projects are at times referred to by different names which also causes some confusion.
    - III. Chair McGourty commented that maybe if there was a common title of the projects consistently it would lessen the confusion.

	<p>IV. BHRS Director Miller stated she thinks BHAB should be asking the departments to bring/provide the information on upcoming capital projects as by the time the project goes to BOS it is going to them for final approval.</p> <p>V. RCS CEO Camille Schraeder stated RCS has been very open and has reported to BHAB on all the projects they are working on.</p> <p>B. BHAB members by consensus decided not to write a letter at this time to BOS. They asked BHRS Director Miller and CEO Camille Schraeder to provide lists of the projects along with the various names the projects have been referred to and the funding source(s).</p>	<p>County and RQMC to provide a list of capital projects.</p>
<p><b>6.</b> 30 minutes</p>	<p><b>Yearly Focus and Committee Work:</b></p> <p>1. <b>Review 2017 Vision from Strategic Planning:</b></p> <p>A. Discussion of the items that were accomplished in the last year from the list created at the Vision/Strategic Planning meeting from 2017.</p> <p>I. Some of the accomplishments are:  Education/Stigma Education: RQMC is providing training for several schools, SafeTalk and Assist training, NAMI provided training to families and care givers, during May is mental health month County staff were out at Farmers Markets around the County; Housing: RQMC has provided additional housing, 24 plus beds, RQMC has twenty-four hour Crisis/Access Centers in Fort Bragg and Ukiah, the County added 2 Mobile Outreach Prevention Services (MOPS) units.</p> <p>II. The local Hospital does street medicine and will refer people as needed. Whole Person Care will be connecting with the street medicine program to further referrals and access to services.</p> <p>III. Crisis mobile over the entire County: MOPS does provide crisis as needed and the staff is 5150 trained to write holds if needed.</p> <p>IV. At this time De-escalation training for Law Enforcement has not been completed.</p> <p>V. At this time there is no program for diet and exercise for clients.</p> <p>VI. There has been an increase in care management, housing and support services.</p> <p>VII. Planning for client social activities is in process.</p> <p>VIII. No change in client spiritual community activities.</p> <p>B. CEO Camille Schraeder stated RQMC/RCS has hired two psychiatrists, one in person, one telehealth along with psychiatric nurses and Nurse Practitioners.</p> <p>C. Discussion of oversight on what medications clients are on and how frequently they see the psychiatrist; how frequently clients are seen varies depending on</p>	<p>Board Action:</p>

	<p>what medication the client is taking.</p> <p>D. Discussion of having a scale to rate how well the County has moved forward with accomplishing improvement goals.</p> <p>2. <b>Committees:</b> <i>Possible Committees - *MHSA, *Service flow charts, *Collaboration: OAC, MHSA forums, HHS, CHIP, etc.</i></p> <p>A. Chair McGourty listed the committees that were in place in 2017. She asked what committees the board needed for 2018.</p> <p>I. By-Laws Committee to include SUDT changes/additions. Members: Martinez, Ferretta, Lockart.</p> <p>II. Flow Chart Committee: Members: Strachan, Harpe, Pekin.</p> <p>III. Dual Diagnosis Committee: Members: Lowe, Ortiz</p> <p>IV. Housing Project Committee: to include follow up of all current and upcoming housing projects. Members: Gorny and Behringer.</p> <p>3. <b>Site Visits:</b></p> <p>A. Chair McGourty commented that she thinks all the members should do at least one site visit a year.</p> <p>I. Consensus is that each member will do at least one site visit during 2018.</p> <p>II. BHRS Director Miller will get a copy of the facilities to add to the handbook.</p>	<p>Each BHAB member agrees to going on one site visit.</p> <p>County will provide a list of facilities to the Handbook.</p>
<p><b>7.</b></p> <p>15 minutes</p>	<p><b>Mendocino County Report:</b> <i>Jenine Miller, Psy. D., BHRS Director</i></p> <p><b>1. Status of Grants:</b></p> <p>A. The Crisis Counselor Program Immediate Services Program Grant has been approved.</p> <p>B. Discussion of tribal folks not getting services. CEO Camille Schraeder will follow up with getting a connection with tribal members affected by the fires.</p> <p>C. BHRS Director Miller commented that the County is always looking for new grants.</p> <p><b>2. MHSA Forums, etc.:</b></p> <p>A. The County has combined MHSA Forums with QIC Meetings to see if more community members attend. The County is always looking for different ways to have the meetings in hopes of getting more people to attend. The County is looking and testing using video conferencing.</p> <p><b>3. Fires Update:</b></p> <p>A. Recovery Director Tammy Moss Chandler is still in the recovery director position to keep the fire recovery going.</p> <p><b>4. Felony Competency Contract:</b></p> <p>A. The jail has been in contact with DHCS regarding the Felony Competency Contract. The jail is taking the</p>	<p>Discussion and Possible Action:</p>

lead on that contract. Contract is not signed yet; they will need to re-write the contract to include some changes since they have a new medical provider.

5. **Stepping Up:**

- A. Jenine has a meeting with Chief Probation Officer Robert Ochs to discuss Stepping Up. The meeting is scheduled for January 31, 2018.
- B. Chief Probation Officer Robert Ochs has agreed to be at the BHAB February 21, 2018 meeting to discuss the Stepping Up Program.

6. **Fiscal Reports:**

- A. BHRS Director Miller handed out a chart reflecting the cost per client for a year, for Full Service Partnership (FSP) and non-FSP clients.
  - I. Discussion of the chart, BHRS Director Miller will continue to refine the chart as information changes.
  - II. Member Ortiz asked that the chart be broken down by Medi-cal, non-Medi-cal, and indigent clients.
  - III. RCS CEO Camille Schraeder commented that she doesn't think the numbers reflected on the chart are correct. She asked that the ASO be consulted before information goes out to the public because she feels that it's incorrect.
- B. Chair McGourty requested BHRS Director Miller add a list of ongoing capital projects with names and funding sources along with any updates on the Director Report.
- C. Chair McGourty asked about a list of contacts and wanted to know what status of the NAMI contract is. BHRS Director Miller stated the NAMI contract is ready to go out. Acting Deputy Director Lovato has been working on it.
- D. BHRS Director Miller commented on the SUDT and MH being combined. Usually people that have substance issues also have a mental health issue. If they don't get services from both sides they don't recover as well. In Mendocino County all SUDT clients sign a Release of Information so their primary provider is aware of the SUDT treatment. If a client tests dirty for a prescription medication, the client needs to provide a copy of the prescription to the SUDT case manager.
  - I. Member Martinez commented that some of the treatment centers won't let clients in if they are on opioid or benzo prescriptions. Ford Street and Hilltop are good about accepting clients. Jenine commented that education is an issue regarding dual diagnosis. Member Martinez asked if BHRS can provide training to the staff of substance use treatment facilities. BHRS Director Miller commented that for local facilities if they are



	<p>receptive to the idea it would be possibility.</p> <p>II. Chair McGouty suggested the SUDT Ad Hoc Committee look at recommendations for how to handle the dual diagnosis issues.</p> <p>E. BHRS Director Miller clarified the list of cost per client; the youth number is high due to one client being placed in several facilities. She explained the way the billing is figured for placements and hospitalization. There is an extra amount that may not be paid by Medi-cal which is billed directly to the County called a patch. The patch cost is paid out of realignment funds.</p>	
<p><b>8.</b> 15 minutes</p>	<p><b>RQMC Report:</b> <i>Camille Schraeder, CEO</i></p> <ol style="list-style-type: none"> <li>1. <b>Data Sheet:</b> <i>(Handout)</i> <ol style="list-style-type: none"> <li>A. RCS CEO Camille Schraeder commented on the information on data dashboard (included in the Agenda Packet). She commented that Crisis calls have calmed down now after the fires, she attributes it partly to the Crisis Counselors going out and helping in the community.</li> </ol> </li> <li>2. <b>Services Update:</b> <ol style="list-style-type: none"> <li>A. RQMC has been implementing medication management both inland an on the coast.</li> <li>B. Working with clinics and County on Whole Person Care (WPC). RCS CEO Camille Schraeder will be providing information regarding WPC for the BHAB member handbook.</li> </ol> </li> <li>3. <b>Adult Social Activities:</b> <ol style="list-style-type: none"> <li>A. RCS CEO Camille Schraeder is working on getting a workgroup together to discuss social activities for clients. Josephine Silva has volunteered be on the workgroup.</li> </ol> </li> <li>4. Member Ortiz asked, “Does crisis have contracts with private insurance for billing?” RCS CEO Camille Schraeder commented that they are working on getting contracts in place.</li> <li>5. Member Martinez commented that he doesn’t have anything saying RQMC is providing help for staff so they don’t burn out. RCS CEO Camille Schraeder commented that the directors are working on providing self-care for staff.</li> </ol> <p>Adjourn for lunch 12:33, reconvened at 1:03</p>	
<b>12:30 to 1:00 BREAK</b>		
<p><b>9.</b> 20 minutes</p>	<p><b>Mendocino College Training Center:</b></p> <ul style="list-style-type: none"> <li>• The College Director was unable to attend to present. Item eliminated by Chair McGourty.</li> </ul>	



<p><b>10.</b> 20 minutes</p>	<p><b>Measure B:</b></p> <p><b>1. Behind the Scenes Action:</b></p> <p>A. At the BOS meeting it was decided that the Sheriff's Office will be providing the clerk support for the Measure B meetings.</p> <p><b>2. Mendocino College Training Center:</b></p> <p>A. Still no clarification as to what, if any agreements were made between the Sheriff and College for a training center.</p> <p>B. The Dean from the Mendocino College told Chair McGourty that the college has done research on having a Psychiatric Tech training program. The program has not been implemented at this time.</p> <p><b>3. Recommendations to BOS:</b></p> <p>A. Chair McGourty commented that the board needs to make sure that people don't get carried away with spending money until it has been carefully thought out.</p> <p>4. There will be a MHSA Forum January 25, 2018 in Laytonville from 3:30 to 5:30. Member Ferretta will attend.</p> <p>5. Chair McGourty will attend January 26, 2018 the California Planning Counsel on board and care facilities.</p>	<p>Board Action:</p>								
<p><b>11.</b> 5 minutes</p>	<p><b>Adjournment:</b> Meeting adjourned at 1:58</p> <p>Next meeting: February 21, 2018 - Consolidated Tribal Health Conference Room, 6991 N. State St., Redwood Valley</p>									
<p><b>Agenda Item Handouts:</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;"><i>BHAB Agenda January 17, 2018</i></td> <td style="width: 50%; border: none;"><i>BHRS Department Report</i></td> </tr> <tr> <td style="border: none;"><i>BHAB Draft Regular Meeting Minutes – December 20, 2017</i></td> <td style="border: none;"><i>RQMC Data Dashboard</i></td> </tr> <tr> <td style="border: none;"><i>BHAB Finance Reports</i></td> <td style="border: none;"><i>Client Cost Report</i></td> </tr> <tr> <td style="border: none;"><i>2017 BHAB Strategic Planning Vision</i></td> <td style="border: none;"><i>Site Visit Checklist</i></td> </tr> </table>			<i>BHAB Agenda January 17, 2018</i>	<i>BHRS Department Report</i>	<i>BHAB Draft Regular Meeting Minutes – December 20, 2017</i>	<i>RQMC Data Dashboard</i>	<i>BHAB Finance Reports</i>	<i>Client Cost Report</i>	<i>2017 BHAB Strategic Planning Vision</i>	<i>Site Visit Checklist</i>
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**AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE**

The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

 Jan McGourty, BHAB Chair	2-21-18 Date
 Carolyn Peckham, BHRS Administrative Secretary	2/21/18 Date

CONTACT INFORMATION: PHONE: (707) 472-2310 FAX: (707) 472-2331

BHAB EMAIL THE BOARD: [bhboard@mendocinocounty.org](mailto:bhboard@mendocinocounty.org)

WEBSITE: <https://www.mendocinocounty.org/government/health-and-human-services-agency/mental-health-services/mental-health-board>