



**MENDOCINO COUNTY BEHAVIORAL  
HEALTH ADVISORY BOARD**

**REGULAR MEETING  
AGENDA**

**January 17, 2017  
10:00 a.m. to 2:00 p.m.**

**This meeting will be live video conferenced between:**

**WISC Office Atlantic Room, 472 E. Valley Rd., Willits and  
Seaside Room, 778 S. Franklin St., Fort Bragg**

**Chairperson**  
JAN MCGOURTY

**Vice Chair**  
EMILY STRACHAN

**Secretary**  
DINA ORTIZ

**Treasurer**  
CATHY HARPE

**BOS Supervisor**  
GEORGEANNE  
CROSKEY

**1<sup>ST</sup> DISTRICT:**  
DENISE GORNY  
JAN MCGOURTY  
LOIS LOCKART

**2<sup>ND</sup> DISTRICT:**  
CATHY HARPE  
DINA ORTIZ  
KATE GASTON

**3<sup>RD</sup> DISTRICT:**  
MARGIE HANDLEY  
MEEKA FERRETTA  
VACANT

**4<sup>TH</sup> DISTRICT:**  
EMILY STRACHAN  
TAMMY LOWE  
VACANT

**5<sup>TH</sup> DISTRICT:**  
PATRICK PEKIN  
MARTIN MARTINEZ  
FLINDA BEHRINGER

**OUR MISSION:** *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

<b>Item</b>	<b>Agenda Item / Description</b>	<b>Action</b>
<b>1.</b> 5 minutes	<b>Call to Order, Roll Call &amp; Quorum Notice</b> <b>Approve Agenda:</b> <i>Please be respectful, because this meeting is a video conference, any side conversations or comments interfere with auditory reception.</i>	Board Action:
<b>2.</b> 10 minutes	<b>Minutes of December 20, 2017 BHAB Regular Meeting:</b> <i>Discussion and Approval (Handout)</i>	Board Action:
<b>3.</b> 15 minutes (Maximum)	<b>Public Comments:</b> <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i>	Board Action:
<b>4.</b> 30 minutes	<b>Board Check-in &amp; Comments:</b>	
<b>5.</b> 30 minutes	<b>Reports: Discussion and Possible Action</b> 1. BOS Supervisor: 2. Chair: A. <i>Approve 2018 BHAB Calendar</i> B. <i>BHAB Handbook</i> 3. Secretary: 4. Treasurer: 5. <i>Annual Report: Presentation to BOS January 23, 2018</i> 6. <i>Membership: Returning Members Approval set for January 23, 2018 BOS Meeting</i> 7. Other:	Board Action:

<p><b>6.</b> 30 minutes</p>	<p><b>Yearly Focus and Committee Work:</b>  1. Review 2017 Vision from Strategic Planning:  2. Committees:  <i>Possible Committees - *MHSA, *Service flow charts, *Collaboration: OAC, MHSA forums, HHSA, CHIP, etc.</i>  A. By-Laws:  B.  C.  3. Site Visits:</p>	<p>Board Action:</p>								
<p><b>7.</b> 15 minutes</p>	<p><b>Mendocino County Report: Jenine Miller, Psy. D., BHRS Director</b>  1. Status of Grants:  2. MHSA Forums, etc.:  3. Fires Update:  4. Felony Competency Contract:  5. Stepping Up:  6. Fiscal Reports:</p>	<p>Discussion and Possible Action:</p>								
<p><b>8.</b> 15 minutes</p>	<p><b>RQMC Report: Tim Schraeder, CEO</b>  1. Data Sheet: <i>(Handout)</i>  2. Services Update:  3. Adult Social Activities:</p>									
<p><b>12:30 to 1:00 BREAK</b></p>										
<p><b>9.</b> 20 minutes</p>	<p><b>Mendocino College Training Center</b></p>									
<p><b>10.</b> 20 minutes</p>	<p><b>Measure B:</b>  1. Behind the Scenes Action:  2. Mendocino College Training Center:  3. Recommendations to BOS:</p>	<p>Board Action:</p>								
<p><b>10.</b> 5 minutes</p>	<p><b>Adjournment:</b>  Next meeting: February 21, 2018 - Consolidated Tribal Health Conference Room, 6991 N. State St., Redwood Valley</p>									
<p><b>Agenda Item Handouts:</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;"><i>BHAB Agenda January 17, 2018</i></td> <td style="width: 50%; border: none;"><i>BHRS Department Report</i></td> </tr> <tr> <td style="border: none;"><i>BHAB Draft Regular Meeting Minutes – December 20, 2017</i></td> <td style="border: none;"><i>RQMC Data Dashboard</i></td> </tr> <tr> <td style="border: none;"><i>BHAB Finance Reports</i></td> <td style="border: none;"><i>Client Cost Report</i></td> </tr> <tr> <td style="border: none;"><i>2017 BHAB Strategic Planning Vision</i></td> <td style="border: none;"><i>Site Visit Checklist</i></td> </tr> </table>			<i>BHAB Agenda January 17, 2018</i>	<i>BHRS Department Report</i>	<i>BHAB Draft Regular Meeting Minutes – December 20, 2017</i>	<i>RQMC Data Dashboard</i>	<i>BHAB Finance Reports</i>	<i>Client Cost Report</i>	<i>2017 BHAB Strategic Planning Vision</i>	<i>Site Visit Checklist</i>
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<i>2017 BHAB Strategic Planning Vision</i>	<i>Site Visit Checklist</i>									

**AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE**

The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health’s Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

**CONTACT INFORMATION: PHONE: (707) 472-2310 FAX: (707) 472-2331**

**BHAB EMAIL THE BOARD: [bhboard@mendocinocounty.org](mailto:bhboard@mendocinocounty.org)**

**WEBSITE: <https://www.mendocinocounty.org/government/health-and-human-services-agency/mental-health-services/mental-health-board>**



**MENDOCINO COUNTY BEHAVIORAL  
HEALTH ADVISORY BOARD**

**REGULAR MEETING  
MINUTES**

**December 20, 2017  
10:00 a.m. to 2:00 p.m.  
Manzanita Services  
410 Jones St., Ukiah CA**

**Chairperson**  
Jan McGourty

**Vice Chair**  
Patrick Pekin

**Secretary**  
Dina Ortiz

**Treasurer**  
Cathy Harpe

**BOS Supervisor**  
Dan Hamburg

**1<sup>ST</sup> DISTRICT:**  
DENISE GORNY  
JAN MCGOURTY  
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<b>Item</b>	<b>Agenda Item / Description</b>	<b>Action</b>
<p><b>1.</b> 5 minutes</p>	<p><b>Call to Order, Roll Call &amp; Quorum Notice</b> <b>Approve Agenda:</b></p> <ul style="list-style-type: none"> <li>Chair McGourty called the meeting to order at 10:04.</li> <li>Secretary Ortiz called roll</li> <li>Quorum not met, two members arrived late, quorum met at 10:24.</li> <li>Agenda discussed and voted to approve by members present.</li> <li>Members present: Cathy Harpe, Dina Ortiz, Emily Strachan, Jan McGourty, Lois Lockart, Margie Handley, and Meeka Ferretta.</li> </ul>	<p><b>Board Action:</b> Motion made by, Member Handley, seconded by Member Strachan to approve the agenda as written passed with an unanimous yay vote by members present.</p>
<p><b>2.</b> 10 minutes</p>	<p><b>Minutes of November 15, 2017 BHAB Regular Meeting:</b> <i>Discussion and Approval (Handout)</i></p> <ul style="list-style-type: none"> <li>Minutes from the November 15, 2017 meeting approved as written by members present.</li> </ul>	<p><b>Board Action:</b> Motion made by Member Handley, seconded by Treasurer Harpe to approve minutes from November 15, 2017 as written passed with an unanimous yay vote by members present.</p>

<p><b>3.</b> 30 minutes</p>	<p><b>Public Comments:</b> <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i></p> <ul style="list-style-type: none"> <li>• Sheriff Allman was in attendance to comment on Measure B. He stated that Measure B is going to be a major part of everyone’s life going forward. He really appreciates all the support he has received from BHAB members. <ul style="list-style-type: none"> <li>○ Sheriff Allman announced there will be a meeting January 24, 2018 at 1:00 in Room C at the County Administration Building 501 Low Gap Rd. Ukiah to discuss Measure B. The meeting will fall under the Brown Act requirements. This will be the first meeting of the Oversight Committee.</li> <li>○ Sheriff Allman asked the BHAB members to consider who they wanted to represent BHAB on the Oversight Committee.</li> <li>○ Sheriff Allman commented that no money is expected to be available to the County until August 2018. Also wants BHAB to understand how important their role will be in the oversight of Measure B.</li> <li>○ A question was asked; when does the tax start? Sheriff Allman stated that it will start ninety days after it is approved by the State.</li> </ul> </li> <li>• Sheriff Allman commented regarding a match grant that the college has received to build a training facility for mental health. It could also qualify as a training facility for the Sheriff’s Office to use.</li> <li>• Acting HHSA Director Molgaard introduced herself to the members and public in attendance.</li> <li>• There was discussion of the Felony Restoration Contract with the State that has been in process for quite a while and has been on hold while there were issues being worked out. Acting HHSA Director Molgaard announced that the contract will be held by the Sheriff’s Office. The Sheriff will be taking the lead in the contract as they have the key components needed and they are contracted with the medical contractors that will be providing the care.</li> <li>• Dr. J Holden commented that he came to the meeting to get clarification as to where the contract was in being signed. He is very happy to hear there has been movement forward.</li> <li>• Chair McGourty asked if there was a date for when the contract would be signed. Acting HHSA Director Molgaard commented that since the decision was just made as to which department would be the lead in the contract, not at this time. The Sheriff has just turned the information over to his contract person to move forward.</li> <li>• Discussion of funding issues that Sonoma County has had with their contract with the State for Felony Restoration.</li> <li>• Question; How is BHAB going to know when the contract is completed? Acting HHSA Director Molgaard suggested BHAB send an e-mail to the Sheriff to get information or</li> </ul>	<p>Board Action:</p>
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	<p>the other option is to set up an Ad Hoc Committee to follow up with the Sheriff.</p> <ul style="list-style-type: none"> <li>• Discussion of getting clients to be more social and having activities. CEO Camille Schraeder suggested that after the holidays have a meeting with various agencies to discuss possible ways to get clients involved with social activities.</li> <li>• This discussion was regarding adult clients. Chair McGourty requested this subject be added to the agenda for January 17, 2018 meeting.</li> <li>•</li> </ul>	<p>Admin. Secretary Peckham will add this as a discussion item on the next agenda.</p>
<p><b>4.</b> 30 minutes</p>	<p><b>Board Check-in &amp; Comments:</b></p> <ul style="list-style-type: none"> <li>• Item tabled by Chair McGourty due to lack of time.</li> </ul>	
<p><b>5.</b> 15 minutes</p>	<p><b>Reports: Discussion and Possible Action</b></p> <ol style="list-style-type: none"> <li>1. <b>Chair</b> - Nothing to report at this time.</li> <li>2. <b>Secretary Ortiz</b> has been working on the data notebook, she is moving forward with it. Commented that there are no parameters for adult mental health.</li> <li>3. <b>Treasurer Harpe</b> stated the BHAB budget looks good.</li> <li>4. <b>Annual Report - Discussion and Vote –</b> <ol style="list-style-type: none"> <li>A. Chair McGourty made the changes as suggested at the last BHAB meeting.           <ol style="list-style-type: none"> <li>I. Secretary Ortiz commented that is should be in the annual report that the BOS representative attends all BHAB meetings. She is concerned that they don't always attend and BHAB members are not receiving all the information they need from BOS.</li> <li>II. Member Strachan commented that the expectations from the BOS representative should be in the member handbook.</li> <li>III. Chair McGourty stated the BHAB committees have made their recommendations for the Annual Report.</li> <li>IV. Acting HHSA Director Molgaard commented that other boards struggle with the same issue of not getting information from BOS. Other boards are asking the same 3 questions at their meetings of the BOS representatives.</li> <li>V. Chair McGourty commented that it could be added as an item for the BHAB agenda.</li> </ol> </li> <li>B. Treasurer Harpe made a motion to approve the Annual Report as written with a few corrections of typos.</li> </ol> </li> <li>5. <b>Membership - Expiring Terms –</b> <ol style="list-style-type: none"> <li>A. Member Handley will not be renewing her appointment to the board. This will mean there are two vacant positions in District Three, Consumer and Public Interest.</li> <li>B. Discussion of whose terms are expiring. At this time no one has been contacted by the Clerk of the Board</li> </ol> </li> </ol>	<p><b>Board Action:</b></p> <p>Motion made by Treasurer Harpe, seconded by Member Strachan to approve the Annual Report to BOS as written with corrections to a few typos, passed with a unanimous yay vote by members present.</p> <p>Motion to accept the nominated members for the BHAB officers was passed with a unanimous yay vote by members present.</p> <p>Motion made by Treasurer Harpe, seconded by Member Strachan to have standard questions on the BHAB agenda each month for the BOS representative to address each month passed</p>

	<p>(COB). Administrative Secretary Peckham will contact COB to find out what is happening and make sure members are contacted.</p> <p><i>Voting for 2018 Executive Committee -</i></p> <p>C. Discussion of members being nominated for officers.</p> <p>D. Nominated:</p> <ul style="list-style-type: none"> <li>• Chair - Jan McGourty</li> <li>• Vice Chair - Emily Strachan</li> <li>• Secretary - Dina Ortiz</li> <li>• Treasurer - Cathy Harpe</li> </ul> <p>E. Members voted to accept the nominations, there were no alternative nominations.</p> <p><i>Other discussions -</i></p> <p>A. Members present voted to add to the regular agenda standard questions for the BOS representative to address each month.</p> <p>B. Emily attended the MHSA forum and commented on the way the meeting was held; there was too much paper, charts etc.</p> <ol style="list-style-type: none"> <li>I. Discussion of the confusion of agency names, and the difference between access and crisis.</li> <li>II. Discussion of the meaning of the different columns of numbers on a form.</li> <li>III. There was technical difficulty so the video was not working, they only had audio.</li> <li>IV. In FB there was only one person from the public, two BHAB members and two people from County. If the plan was to educate the public it did not work. If it was to get agency people together it did work.</li> <li>V. Venus Hoaglen, Mental Health Fiscal, commented that the meeting was a mixture of groups, the MHSA Forum and the QIC meetings. She explained that it was a combination of QIC and MHSA. So that is why there were so many reports. She stated there are a lot of reports and the County is required to notify the public of all the reports that were provided at the meeting.</li> <li>VI. BHRS Director Miller explained why the meeting structure has changed and that per stakeholder request the County is focusing on the community where the meeting is held.</li> <li>VII. This is one of the goals in the County has in their Plan of Improvement is to get stakeholders to meetings. The County has tried ice cream socials and a few other ideas but is still struggling to get stakeholders to attend.</li> <li>VIII. There were about sixteen people at the meeting in Ukiah.</li> </ol>	<p>with a unanimous yay vote by members present.</p>
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	<p>IX. Chair McGourty asked if BHAB is mandated to be involved in the planning of the MHSA forums. BHRS Director Miller will look into what the regulations state.</p> <p>1. Handbook -</p> <p>A. Treasurer Harpe commented on the Site Committee working on the protocol for site visits and it will be included in the handbook next year.</p>	
<p><b>6.</b> 15 minutes</p>	<p><b>Handbook of BHAB: Discussion and Possible Action</b></p> <p>1. Incorporate SUDT into Bylaws: Tabled by Chair McGourty to 2018</p> <p>2. Approve Handbook: <i>Talked about it last meeting, but didn't vote on it.</i></p> <p>A. Discussion of the Table of Contents for the handbook and the items that are still needed; BOS calendar, org charts, and committees.</p> <p>B. Discussion of the confusion regarding all the projects going on; the new mental health wing at the jail, college training facility, Measure B, various grants with county, and RQMC.</p> <p>C. Discussion of getting a flow chart for each project with the funding amounts included. Need a flow chart for mental health facilities also.</p> <p>D. Discussion of the reason for the Member Handbook and the Table of Contents; the Handbook is to give the BHAB members resources and information.</p> <p>E. Discussion regarding Sheriff Allman's announcement of the college grant for a training facility. Comments that there will need to be follow up on exactly what the college is building and what it will be used for and by whom.</p> <p>F. BHAB members present made a motion to approve the Table of Contents with addition of Mental Health projects.</p>	<p><b>Board Action:</b> Motion made by Member Ferretta seconded by Member Stranchan to accept the Table of Contents for the Member Handbook with addition of Mental Health projects passed with a unanimous yay vote by members present.</p>
<p><b>7.</b> 25 minutes</p>	<p><b>Mendocino County Report: Jenine Miller, Psy. D., BHRS Director</b></p> <p><b>1. MHSA Innovation Plan Update –</b></p> <p>A. Acting Deputy Director Lovato presented; the MHSA Oversight and Accountability Commission (OAC) informed the County that they intend to visit Mendocino County (Covelo) regarding the Round Valley Innovation Project. The visit was scheduled for January 2018, but has been changed to February 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup>. The tentative agenda from OAC is very ambitious, so the County is working with them on it. The OAC plan to visit a MHSA provider and go to Covelo to discuss the progress of the project, and will have an exit interview with the County on the last day.</p> <p>B. There has been progress made with Round Valley on</p>	<p>Discussion and Possible Action:</p>

the Innovation Project, there have been several meetings and a contract is in process. The contract for startup will hopefully be signed next week; once the contract is complete funding can move forward. The other contract will be larger for the services being provided and will need to go to BOS for approval.

- I. Thirty people attended the stakeholder meeting in Covelo regarding the Round Valley Innovation Project.
- C. Discussion of the Round Valley Innovation Project being a role model for other reservations in the State.
2. **Legislative Update –**
  - A. Jenine talked about legislative updates; there are a lot of marijuana regulations going around now along with, how the taxes on marijuana will be worked out.
  - B. As of January 1, 2018, SUDT staff will be mandated elder abuse reporters.
  - C. There has been a change to when the County can submit Drug Medi-Cal billing; it used to be with in thirty days, it has been expanded to sixty days.
  - D. A new regulation for MHSA reports to the State, the County will have to track how much MHSA monies are spent on Veterans services.
    - I. There is a big focus on veterans; the suicide rate is very high for veterans.
    - II. Question - What is the suicide rate locally for veterans?
    - III. Current information was not available at the time of the question.
3. The County will be starting a suicide review committee to look at suicides in the county for trends and what can be done to change the amount of suicides; similar to the death review committee.
4. **MHSA -**
  - A. There is a bill currently being considered that would transfer some of the oversight of MHSA funds to MHSA Oversight and Accountability Commission (OAC). There are questions of who will be the best department to be the oversight of MHSA funds.
5. **Status of Grants -**
  - A. Whole Person Care Grant (WPC) has made a lot of progress, the committee has been working on getting clients referred to the program, and they are hoping to have forty to forty-five participants by January 1, 2018.
  - B. FEMA Fire Recovery Grant, the County just received the contract from FEMA so will be working on getting everything in place to move forward. This will be a special project and will be crisis specific, there are currently five people trained and will be out in the field working with people in crisis from the fires.



6. **Medi-Cal Specialty Mental Health External Quality Review (EQRO) - (Follow up) –**
7. BHRS Director Miller had provided the report at last month's meeting for the board to read and had brought it to this meeting to answer and questions there may be. BHRS had a ninety-seven percent rating of meeting the State standards. BHRS Director Miller reviewed some of the sections in the report and discussed some items the County and RQMC will be working in to correct as many items as possible before the next EQRO in 2018.
8. Chair McGourty introduced Wynd Novotny, Director of Manzanita Services.
  - A. Director Novotny thanked everyone for coming to Manzanita Services for the BHAB meeting. She stated that it's been a good year with lots of changes. Manzanita Services has grown by 1.5%, in care management by 8%. There has not been a slow down with referrals coming in. This week they have hired Sharon Govern as administration help, eight new care managers, three interns, three clinicians and a person to interface between the clinicians and the care managers.
  - B. The room the BHAB meeting is being held is a teaching room. Director Novotny described the way they do their screening and referrals to clinics if needed. She has a schedule of classes if anyone wants one. She announced the Willits Manzanita office will be expanding their hours to be the same as Ukiah. They have a range of areas that care managers travel to in various communities to provide services.
  - C. Question - What do you do if you have someone come in the office in crisis?
    - I. Director Novotny stated that they use de-escalation procedures if possible or will call the crisis line for help or may if possible take the person to the Emergency Room themselves if needed. They also have a quiet room for the person to go and will use WRAP and support services to help the person.
  - D. Question - Are there any activates for clients provided on the weekends?
    - I. Director Novotny stated not on a regular schedule, but there have been weekend activities planned on occasion.

**Adjourned for lunch at 12:09, reconvened 12:48**

**12:00 to 12:45 BREAK**

<p><b>8.</b> 20 minutes</p>	<p><b>RQMC Report: Camille Schraeder, CEO</b></p> <ol style="list-style-type: none"> <li>1. <b>Data Sheet: (Handout)</b> <ol style="list-style-type: none"> <li>A. The Data sheet is attached to the Agenda Packet.</li> </ol> </li> <li>2. <b>Services Update:</b> <ol style="list-style-type: none"> <li>A. Whole Person Care (WPC) Grant is in phase two, so is about one year behind. When the program is in place there will be about two hundred clients participating.           <ol style="list-style-type: none"> <li>I. CEO Camille Schraeder explained what the requirements are for the WPC grant and so far they have twenty to thirty clients signed up.</li> <li>II. In January 2018, they will bring into the program providers and the care managers. Discussion of bringing in activities for clients, but may be able to work out building activities into the project in the future. All the partners are working really close together to get the funding. CEO Camille Schraeder described how the funding is split up and the partners involved.</li> </ol> </li> <li>B. RQMC has been working with the County on getting the adult medication management services transitioned to RQMC, the process is moving along.           <ol style="list-style-type: none"> <li>I. RQMC is getting the doctors and support staff in place to provide medication management services in Fort Bragg and Ukiah.</li> <li>II. CEO Camille Schraeder will be sending out information on where the medication management services will be provided.</li> </ol> </li> <li>C. Discussion of the cost per year on average for providing services to a client.           <ol style="list-style-type: none"> <li>I. Director Novotny commented just for the care management section of providing services they estimated the cost to be \$600 per client.</li> <li>II. Chair McGourty asked Director Novotny to provide a breakdown regarding client costs, in the various categories.</li> </ol> </li> </ol> </li> </ol>	
<p><b>9.</b> 5 minutes</p>	<p><b>California Association of Local Behavioral Health Boards and Commissions (CALBHB/C): Discussion on renewing membership (Handout)</b></p> <ol style="list-style-type: none"> <li>A. Discussion of the CALBHB/C; what it is and what benefits the BHAB has received from being a member.       <ol style="list-style-type: none"> <li>I. It has benefited BHAB by providing training to members.</li> </ol> </li> <li>B. Member Ortiz commented that she thinks the board should pay the dues. As CALBHB/C advocate for mental health services. Motion was made and approved.</li> </ol>	<p><b>Board Action:</b> Motion made by Secretary Ortiz seconded by Member Handley to pay the membership dues for CALBHB/C for fiscal year 2017/2018 motion passed with a unanimous yay vote by members present.</p>

<p><b>10.</b> 10 minutes</p>	<p><b>Measure B:</b></p> <ol style="list-style-type: none"> <li>1. Select BHAB Representative for Oversight Committee: <ol style="list-style-type: none"> <li>A. Discussion of the best person to have represent BHAB on the Oversight Committee. <ol style="list-style-type: none"> <li>I. Member Handley commented she thought it should be the BHAB Chairperson. In the future it won't be the person but the person currently holding the position of BHAB Chair.</li> <li>II. Motion was made and passed.</li> </ol> </li> </ol> </li> </ol>	<p><b>Board Action:</b> Motion made by Secretary Ortiz seconded by Treasurer Harpe for the person currently the BHAB Chair be the representative on the Measure B Oversight Committee, motion passed with a unanimous yay vote by members present.</p>
<p><b>11.</b> 25 minutes</p>	<p><b>Mental Health Facility:</b></p> <ol style="list-style-type: none"> <li>1. <b>Howard Hospital Specs - Margie Handley reporting</b> <ol style="list-style-type: none"> <li>A. The Howard Hospital Foundation (HHF) has been waiting for three years to find out if the old Howard Hospital building could/would be used for a mental health facility.</li> <li>B. The HHF asked CEO Camille Schraeder, BHRS Director Miller and HHSA Director Moss Chandler to put together ideas about what would be needed to make the building meet State requirements to be used as a mental health facility. <ol style="list-style-type: none"> <li>I. The HHF paid \$50,000 to get an estimate on how much it would cost to remodel the building. They received a quote in November 2017 for remodeling costs. The foundation is ready to go and think the building could be ready for services within 18 months. The cost estimate is \$11 million to do the remodel.</li> </ol> </li> <li>C. Member Handley is also on the HHF board, she has 1000 signatures from the Willits community saying they want a mental health facility in the community.</li> <li>D. CEO Camille Schraeder commented on the money going out of county for client care and the history of how the HHF started the process of getting the building estimates for remodeling to be a mental health facility.</li> <li>E. Discussion of what the remodeling specifications were for; the specifications were for a Psychiatric Health Facility with a sixteen bed long term facility that could be a step down from the Psychiatric Health Facility so</li> </ol> </li> </ol>	<p>Discussion and Possible Action:</p>

	<p>clients wouldn't need to be moved to another location and cost the County additional money for non-acute days.</p> <ol style="list-style-type: none"> <li>I. Discussion on getting a psychiatrist to come to Mendocino County to work here. Discussion of needing enough funds to meet the needed pay rates to get qualified staff.</li> </ol> <p>2. <b>RQMC Crisis Plans</b> - <i>Camille Schraeder, RCS CEO</i></p> <ol style="list-style-type: none"> <li>A. CEO Camille Schraeder commented on the crisis center RQMC is purposing to build. The facility will be volunteer housing and will not be locked.</li> <li>B. Discussion of hospitals wanting volatile clients out of their facility while they wait for placement in a psychiatric facility.</li> <li>C. CEO Camille Schraeder commented regarding the ideas they have for a crisis center on Orchard Ave. Chair McGourty handed out an article from the Ukiah Daily Journal regarding the purposed crisis center.</li> <li>D. CEO Camille Schraeder stated they are interested in building a crisis stabilization unit and crisis respite facility along with a homeless shelter.</li> </ol>	
<p><b>12.</b> 15 minutes</p>	<p><b>Felony Competency Training:</b> <i>Jenine Miller, Psy. D., BHRS Director</i></p> <ol style="list-style-type: none"> <li>1. <b>Status of State Contract</b> –</li> <li>2. Discussion of where the funds are coming from for the Felony Competency Training, the funds come from the State they are not county funds.</li> <li>3. BHRS Director Miller reviewed the reasons why the Felony Competency Training contract has taken over a year and is still not complete. She described the programs and how they work and why we have them in place.</li> <li>4. Part of the delay in the contract process is the Jail has a new contracted medical provider and they have to have some input into the services being provided at the jail.</li> <li>5. Discussion of whether to have an Ad Hoc Committee to follow up regarding the contract. Consensus from the members is that Chair McGourty will continue to keep in contact and follow up with the progress.</li> </ol>	
<p><b>13.</b> 5 minutes</p>	<p><b>NAMI Regarding Measure B:</b> <i>Donna Moschetti, NAMI Chair</i></p> <ol style="list-style-type: none"> <li>1. Ms. Moschetti is hoping that NAMI will have quarterly forums regarding Measure B and the purpose of what the Measure B Oversight Committee will be overseeing.</li> <li>2. NAMI has a new office on Jones Street next to Manzanita Services.</li> </ol> <p><b>Meeting adjourned at 1:56 by Chair McGourty</b> Next meeting: January 18, 2018 - Willits and Fort Bragg via video conferencing.</p>	

**Agenda Item Handouts:**

*BHAB Agenda December 20, 2017*

*BHAB Draft Regular Meeting Minutes – November 15, 2017*

*BHAB Finance Reports*

*BHRS Department Report*

*RQMC Data Dashboard*

*CALBHB/C Invoice*

**AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE**

The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

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Jan McGourty, BHAB Chair

Date

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Carolyn Peckham, BHRS Administrative Secretary

Date







DRAFT

**CONTACT INFORMATION: PHONE: (707) 472-2310 FAX: (707) 472-2331**

**BHAB EMAIL THE BOARD: [bhboard@mendocinocounty.org](mailto:bhboard@mendocinocounty.org)**

**WEBSITE: <https://www.mendocinocounty.org/government/health-and-human-services-agency/mental-health-services/mental-health-board>**

**MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD**  
**2018 Meeting Schedule**

MONTH	DISTRICT		PLACE
January 17		Willits	WISC Office, 472 E. Valley Street
		Fort Bragg	778 S. Franklin Street, Seaside Room
February 21	Redwood Valley		Consolidated Tribal Health, 6991 N. State St.
March 21		Ukiah	1120 S. Dora Street, Conference Room 1
		Fort Bragg	778 S. Franklin Street, Seaside Room
April 18	Covelo		Round Valley Indian Center, 23000 Henderson Road, Yuki Trails Conf. Rm.
May 16		Willits	WISC Office, 472 E. Valley Road
		Fort Bragg	778 S. Franklin Street, Seaside Room
June 20	Boonville		Veterans' Building, 14470 Highway 128
July 18		Fort Bragg	778 S. Franklin Street, Seaside Room
		Ukiah	1120 S. Dora Street, Conference Room 1
August 15	Point Arena		Action Network, 225 Main Street
September 19		Ukiah	1120 S. Dora Street, Conference Room 1
		Fort Bragg	778 S. Franklin Street, Seaside Room
October 17	Laytonville		Harwood Hall, 44400 Willis Avenue
November 14	Willits		County Museum, 400 E. Commercial Street
December 19		Ukiah	1120 S. Dora Street, Conference Room 1
		Fort Bragg	778 S. Franklin Street, Seaside Room

1 <sup>st</sup> District	2 <sup>nd</sup> District	3 <sup>rd</sup> District	4 <sup>th</sup> District	5 <sup>th</sup> District
1	4	5	6	2

## Mendocino County Behavioral Health Advisory Board Meeting Schedule 2018

<b>January 17<sup>th</sup></b> Via Video Conferencing	<b>10:00</b>	<b>Willits/Fort Bragg</b>	<b>WISC Office Atlantic Room 472 E. Valley Road, Willits <u>and</u> Seaside Room 778 S. Franklin St., Fort Bragg</b>
<b>February 21<sup>th</sup></b>	<b>10:00</b>	<b>Redwood Valley</b>	<b>Consolidated Tribal Health 6991 N. State St. Redwood Valley</b>
<b>March 21<sup>th</sup></b> Via Video Conferencing	<b>10:00</b>	<b>Ukiah/Fort Bragg</b>	<b>Conference Room 1, 1120 S. Dora St., Ukiah <u>and</u> Seaside Room 778 S. Franklin St., Fort Bragg</b>
<b>April 18<sup>th</sup></b>	<b>10:00</b>	<b>Covelo</b>	<b>Yuki Trails Conference Room, 23000 Henderson Rd., Covelo</b>
<b>May 16<sup>th</sup></b> Via Video Conferencing	<b>10:00</b>	<b>Willits/Fort Bragg</b>	<b>WISC Office Atlantic Room 472 E. Valley Road, Willits <u>and</u> Seaside Room 778 S. Franklin St., Fort Bragg</b>
<b>June 20<sup>th</sup></b>	<b>10:00</b>	<b>Boonville</b>	<b>Boonville Veterans Building 14470 Hwy 128</b>
<b>July 18<sup>th</sup></b> Via Video Conferencing	<b>10:00</b>	<b>Fort Bragg/Ukiah</b>	<b>Seaside Room 778 S. Franklin St., Fort Bragg <u>and</u> Conference Room 1, 1120 S. Dora St., Ukiah</b>
<b>August 15<sup>th</sup></b>	<b>10:00</b>	<b>Point Arena</b>	<b>Action Network 225 Main St., Point Arena</b>
<b>September 19<sup>th</sup></b> Via Video Conferencing	<b>10:00</b>	<b>Ukiah/Fort Bragg</b>	<b>Conference Room 1, 1120 S. Dora St., Ukiah <u>and</u> Seaside Room 778 S. Franklin St., Fort Bragg</b>
<b>October 17<sup>th</sup></b>	<b>10:00</b>	<b>Laytonville</b>	<b>Family Resource Center, Harwood Hall 44400 Willis Ave., Laytonville</b>
<b>November 14<sup>th</sup></b>	<b>10:00</b>	<b>Willits</b>	<b>Mendocino County Museum, 400 E. Commercial St., Willits</b>
<b>December 19<sup>th</sup></b> Via Video Conferencing	<b>10:00</b>	<b>Ukiah/Fort Bragg</b>	<b>Conference Room 1, 1120 S. Dora St., Ukiah <u>and</u> Seaside Room 778 S. Franklin St., Fort Bragg</b>

All meetings are scheduled from 10:00 am to 2:00 pm with a lunch break 12:00 to 12:30 pm  
November Meeting is a week early due to the Thanksgiving Holiday

Mendocino County Behavioral Health and Recovery Services  
 Behavioral Health Advisory Board General Ledger  
 FY 17/18  
 January 11, 2018



ORG	OBJ	ACCOUNT DESCRIPTION	YR/PER/JNL	EFF DATE	AMOUNT	INVOICE #	CHECK #	VENDOR NAME	COMMENT
MHB	862080	FOOD	2018/02/000452	08/17/2017	85.96	85006 072217	4266285	SAFEWAY	ACCT 85006
MHB	862080	FOOD	2018/03/000117	09/07/2017	134.81	081917	4267352	SAFEWAY	ACCT 85006
MHB	862080	FOOD	2018/03/000527	09/14/2017	43.23	01201709071326	4268149	SAVE MART SUPER	TRD-4030
MHB	862080	FOOD	2018/03/000743	09/21/2017	41.18	07201709200826	4268881	SAVE MART SUPER	TRD-4030
MHB	862080	FOOD	2018/04/000504	10/13/2017	164.40			SUPER CHAV59180.0009/20/20	
MHB	862080	FOOD	2018/06/000194	12/07/2017	86.09	85006 11-11-17	4272720	SAFEWAY	85006
MHB	862080	FOOD	2017/07/000129	1/5/2018	47.98	85006 120917	4274324	SAFEWAY	ACCT 85006
		<b>FOOD Total</b>			<b>\$603.65</b>				
MHB	862150	MEMBERSHIPS	2018/07/000224	01/05/2018	\$600.00	DUES 17/18	0	CALHBH/C	MEMBERSHIP JUL 17-JUN 18
		<b>MEMBERSHIPS TOTAL</b>			<b>\$600.00</b>				
MHB	862170	OFFICE EXPENSE	2018/02/000934	08/24/2017	31.08	6210070673	4267084	VERITV EXPRESS	13199PC031
MHB	862170	OFFICE EXPENSE	2018/04/000816	10/18/2017	154.33	1100759	4270200	FISHMAN SUPPLY COMP	15368.17
MHB	862170	OFFICE EXPENSE	2018/05/001343	11/30/2017	32.40	6210072289	4272804	VERITV EXPRESS	131995PC031
MHB	862170	OFFICE EXPENSE	2018/06/000323	12/07/2017	219.57	405902885	4273014	FISHMAN SUPPLY COMP	15368.17
		<b>OFFICE EXPENSE Total</b>			<b>\$437.38</b>				
MHB	862250	TRNSPRATION & TRAVEL	2018/02/000017	08/03/2017	54.57	7/19/2017	4265488	STRACHAN EMILY	BHAB MTG MILEAGE FY17/1
MHB	862250	TRNSPRATION & TRAVEL	2018/02/000017	08/03/2017	95.98	7/19/2017	4265294	HANDLEY MARGIE	BHAB MTG MILEAGE
MHB	862250	TRNSPRATION & TRAVEL	2018/02/000017	08/03/2017	68.87	7/19/17	4265285	GASTON KATE C	BHAB MTG MILEAGE
MHB	862250	TRNSPRATION & TRAVEL	2018/02/000447	08/10/2017	69.02	7/19/17	4266105	HARPE CATHY	BHAB MTG 7/19/17 MI
MHB	862250	TRNSPRATION & TRAVEL	2018/02/000447	08/10/2017	91.49	7/19/17	4266169	MCGOURTY JAN	BHAB MTG 7/19/17 MI
MHB	862250	TRNSPRATION & TRAVEL	2018/02/000447	08/10/2017	79.18	8/1/17	4266169	MCGOURTY JAN	BHAB MTG 8/1/17 MI
MHB	862250	TRNSPRATION & TRAVEL	2018/03/000145	09/07/2017	80.26	7/19/17	4267269	MARTINEZ MARTIN D	BHAB MEETING MILEAGE
MHB	862250	TRNSPRATION & TRAVEL	2018/03/000145	09/07/2017	25.68	7/19/17	4267301	O'SULLIVAN MAUREEN	BHAB MTG MILEAGE
MHB	862250	TRNSPRATION & TRAVEL	2018/03/000145	09/07/2017	48.15	8/16/17	4267378	STRACHAN EMILY	LOCAL 8/16/17
MHB	862250	TRNSPRATION & TRAVEL	2018/04/000062	10/05/2017	64.42	9/8,9/20/17	4269100	HANDLEY MARGIE	BHAB MTGS MILEAGE
MHB	862250	TRNSPRATION & TRAVEL	2018/04/000062	10/05/2017	77.04	9/20/17	4269251	STRACHAN EMILY	BHAB MTG MILEAGE
MHB	862250	TRNSPRATION & TRAVEL	2018/05/000024	11/02/2017	159.43	8/16-10/18/17	4270627	GASTON KATE C	BHAB MEETINGS MI
MHB	862250	TRNSPRATION & TRAVEL	2018/05/000024	11/02/2017	67.20	10/18/17	4270639	HARPE CATHY	BHAB MEETING MI
MHB	862250	TRNSPRATION & TRAVEL	2018/05/000024	11/02/2017	18.19	9/20/17	4270639	HARPE CATHY	BHAB MEETING MILEAGE
MHB	862250	TRNSPRATION & TRAVEL	2018/05/000024	11/02/2017	68.48	10/18/17	4270770	STRACHAN EMILY	BHAB MEETING MILEAGE
MHB	862250	TRNSPRATION & TRAVEL	2018/05/001110	11/16/2017	42.80	10/18/17	4271913	MARTINEZ MARTIN D	BHAB MTG MILEAGE
MHB	862250	TRNSPRATION & TRAVEL	2018/05/001110	11/16/2017	57.25	10/18/17	4271918	MCGOURTY JAN	BHAB MTG MILEAGE
MHB	862250	TRNSPRATION & TRAVEL	2018/05/001343	11/30/2017	28.89	11/15/17	4272504	HANDLEY MARGIE	BHAB MEETING MILEAGE
MHB	862250	TRNSPRATION & TRAVEL	2018/06/000323	12/07/2017	74.90	11/15/17	4273293	STRACHAN EMILY	BHAB MEETING MILEAGE
MHB	862250	TRNSPRATION & TRAVEL	2018/06/000571	12/14/2017	74.90	9/20/17	4273390	BEHRINGER FLUNDA	BHAB MTG MILEAGE
MHB	862250	TRNSPRATION & TRAVEL	2018/06/000571	12/14/2017	81.32	11/15/17	4273390	BEHRINGER FLUNDA	BHAB MTG MILEAGE
		<b>TRNSPRATION &amp; TRAVEL Total</b>			<b>\$1,428.02</b>				
MHB	862253	TRAVEL & TRSP OUT OF COUNTY	2018/02/000447	08/10/2017	356.28	7/26-7/27/17	4266169	MCGOURTY JAN	SAC OAC MEETING
		<b>TRAVEL &amp; TRSP OUT OF COUNTY Total</b>			<b>\$356.28</b>				
		<b>Grand Total</b>			<b>\$3,425.33</b>				





Behavioral Health Advisory Board General Ledger  
 FY 17/18  
 January 11, 2018

ORG	OBJ	ACCOUNT DESCRIPTION	YR/PER/JNL	EFF DATE	AMOUNT	INVOICE #	CHECK #	VENDOR NAME	COMMENT
Summary of Budget for FY 17/18									
	<b>OBJ</b>	<b>ACCOUNT DESCRIPTION</b>	<b>Budget Amount</b>	<b>YTD Exp</b>	<b>Remaining Budget</b>				
	862060	Communications	200.00	0.00	200.00				
	862080	Food	1,800.00	603.65	1,196.35				
	862150	Memberships	0.00	600.00	-600.00				
	862170	Office Expense	300.00	437.38	-137.38				
	862210	Rents & Leases Bld	30.00	0.00	30.00				
	862250	In County Travel	5,870.00	1,428.02	4,441.98				
	862253	Out of County Travel	3,300.00	356.28	2,943.72				
		<b>Total Budget</b>	<b>\$11,500.00</b>	<b>\$3,425.33</b>	<b>\$8,074.67</b>				

# BRAINSTORMING THROUGH THE STAGES OF MENTAL ILLNESS

## MHAB Strategic Planning Session 1/13/17 - Creating a Vision

<p style="text-align: center;"><b>1. Early Intervention - Now</b></p> <ul style="list-style-type: none"> <li>• Call 911</li> <li>• See psychiatrist</li> <li>• Get medication</li> <li>• See primary Care physician - may or may not get referral to psychiatrist</li> <li>• Talk to someone: teacher, counselor, therapist, family member</li> <li>• Go to the Emergency Room</li> <li>• Educate oneself</li> <li>• Family clueless - often justifies or denies odd behavior</li> <li>• Self-medicate with drugs or alcohol</li> <li>• Trauma</li> </ul>	<p style="text-align: center;"><b>1. Early Intervention - Vision</b></p> <ul style="list-style-type: none"> <li>• Education of society on Mental Illness**</li> <li>• Overcome stigma, i.e. discrimination**</li> <li>• Education of family to ask questions &amp; recognize signs of mental illness**</li> <li>• Educate individuals for healthy life to prevent mental illness</li> <li>• Educate through K-12 schools (SB 330)*</li> <li>• Recognize addictive habits</li> <li>• Housing*</li> <li>• Employment*</li> <li>• Therapy</li> <li>• Psychiatrists</li> <li>• Dietician</li> <li>• Psych nurses</li> <li>• Street Mental Health workers*</li> <li>• Communication</li> <li>• 24/7 de-escalation center and stabilization assessment</li> </ul>
<p style="text-align: center;"><b>2. Crisis - Now</b></p> <ul style="list-style-type: none"> <li>• Call 911</li> <li>• Call the Crisis Line</li> <li>• Call the Suicide Hot Line</li> <li>• Call the Access Line</li> <li>• Walk into the Crisis Center</li> <li>• Go to the Emergency Room</li> <li>• Law enforcement engaged</li> <li>• Not get help</li> </ul>	<p style="text-align: center;"><b>2. Crisis - Vision</b></p> <ul style="list-style-type: none"> <li>• Licensed and mobile crisis worker available all over county 24/7***</li> <li>• Mental Health response***</li> <li>• CIT team in place to respond</li> <li>• Local psychiatric hospital</li> <li>• De-escalation training for Law Enforcement*</li> <li>• De-escalation training for First Responders</li> <li>• Access to Psychiatrists**</li> <li>• Access to Dietician</li> <li>• Evaluation of medical issues</li> <li>• Communication between family and agencies</li> </ul>

\* Indicates prioritization during brainstorming session.

# BRAINSTORMING THROUGH THE STAGES OF MENTAL ILLNESS

## MHAB Strategic Planning Session 1/13/17 - Creating a Vision

<p style="text-align: center;"><b>3. Crisis Outcome - Now</b></p> <ul style="list-style-type: none"> <li>• Hospital</li> <li>• Psychiatrist</li> <li>• Medication</li> <li>• Jail</li> <li>• Conservatorship</li> <li>• Board &amp; Care</li> <li>• Mental Health Court</li> <li>• Homeless</li> <li>• Morgue</li> </ul>	<p style="text-align: center;"><b>3. Crisis Outcome - Vision</b></p> <ul style="list-style-type: none"> <li>• Psychiatrist oversight on medication*</li> <li>• Dietician and exercise*</li> <li>• Wellness Center with peer support**</li> <li>• Case management daily or once/week***</li> <li>• Alternative medicine e.g. acupuncture</li> </ul>
<p style="text-align: center;"><b>Recovery - Now</b></p> <ul style="list-style-type: none"> <li>• Wellness Center</li> <li>• Family</li> <li>• Talk therapy with licensed clinician</li> <li>• Inpatient services</li> <li>• Board &amp; Care</li> <li>• Medication</li> <li>• Case management</li> <li>• Peer support</li> <li>• Psychiatrist</li> </ul>	<p style="text-align: center;"><b>Recovery - Vision</b></p> <ul style="list-style-type: none"> <li>• Housing &amp; Support Services*****</li> <li>• Monetary help to obtain housing</li> <li>• Employment services</li> <li>• Flexible, educated employers</li> <li>• Friends &amp; social activities*</li> <li>• Exercise**</li> <li>• Case manager</li> <li>• Accompaniment</li> <li>• Psychiatrist - therapy</li> <li>• Cognitive therapy</li> <li>• Medication management*</li> <li>• Dietary oversight</li> <li>• Understanding of limitations</li> </ul>
<p style="text-align: center;"><b>Maintenance - Now</b></p> <ul style="list-style-type: none"> <li>• Wellness Center</li> <li>• Peer support</li> <li>• Psychiatrist oversight for appropriate medication</li> <li>• Housing</li> <li>• Employment</li> <li>• Homeless</li> <li>• Addiction to prescribed inappropriate medication</li> <li>• Self-medicate with drugs/alcohol</li> <li>• Smoking</li> <li>• Music</li> </ul>	<p style="text-align: center;"><b>Maintenance - Vision</b></p> <ul style="list-style-type: none"> <li>• Case Manager</li> <li>• Psychiatrist</li> <li>• Narcotics Anonymous/Alcohol Anonymous</li> <li>• Housing**</li> <li>• Employment</li> <li>• Social connections**</li> <li>• Community &amp; family support</li> <li>• Spiritual community**</li> <li>• Opportunity to give back</li> <li>• Manage symptoms</li> </ul>

\* Indicates prioritization during brainstorming session.

**Mendocino County Behavioral Health Advisory Board  
Facility and Program/Services Site Visit Checklist**

Facility-Program Name:	
Address:	Phone:
Date of Site Visit:	
License is dated and has the following exceptions:	
Date of last state inspection:	
Name of Site Reviewers:	
Name of Program Staff participating:	

<b>The facility is clean, safe and responsive to client and peer needs based on the following:</b>	<b>Met</b>	<b>Needs Work</b>	<b>Unmet</b>
(1) Temperature is comfortable and safe.			
(2) Facility and grounds are free of hazards			
(3) Fire alarms/extinguishers are operable			
(4) Fire drills are practiced monthly and documented			
(5) Toxic items are safely stored			
(6) Centrally stored medicines are locked			
(7) Facility staff has training in First Aid			
(8) First aid supplies and manual are available			
(9) Vehicles are in good repair			
(10) Client ADAC bathrooms are clean and afford privacy			
(11) Showers and towels available			
(12) Clothes washing facilities are available			
(13) Respite space, separate quiet room is on-site			
(14) Emergency phone numbers and procedures are posted			
(15) Client rights are posted in accessible locations			
(16) Grievance process in place, clients know how to use it			
(17) Cash resources are kept securely locked			
(18) Peer/client records are locked; kept in a locked office			

<b>Food service provides meals that appear to be of quantity &amp; quality necessary to meet needs of clients</b>	<b>Met</b>	<b>Needs Work</b>	<b>Unmet</b>
19. An adequate food supply is available			
20. Food is adequately stored			
21. Sanitation practices are adequate			
22. Residents with special diets receive appropriate food and have prescriptions on file			
<b>Client and Peer Services and Supports meet the value and mission of current wellness standards</b>	<b>Met</b>	<b>Needs Work</b>	<b>Unmet</b>
23. Intake process is versed in trauma-reduced care practices, respects privacy and is not invasive			
24. Access to clinical services when identified or requested			
25. Services, programs and participant responsibilities are explained thoroughly, and printed material provided			
26. WRAP training is offered regularly			
27. Ongoing support for peers in WRAP occurs regularly			
28. Peers have leadership training & practice opportunities			
29. Peers have job training and employment programs			
30. Support programs include skills building and community inclusion opportunities			
31. Program conducts regular client satisfaction surveys and these are available for review			
32. Ongoing staff training with clinical support			
33. Staff are trained in professional procedures to identify and support peer in crisis, towards recovery and care			

34. Please list trainings held for staff during the course of the year.

35. Please share programs and a brief description of each held regularly.

36. Please discuss how programs are developed, chosen and provided.

37. How do peers/clients participate in developing programs and activities?

38. What support groups are offered and who provides them?

Anger management, WRAP

39. Share any employment opportunities and workshops agency provides for peers.

40. What is the percentage of peer staff in your program services?

41. Anything you would like to share or showcase for us about your services?

42. Future plans?

**Site Visit Signatures:**

\_\_\_\_\_ **Date** \_\_\_\_\_

\_\_\_\_\_ **Date** \_\_\_\_\_

# Behavioral Health Advisory Board Director's Report

## January 2018

### 1. Board of Supervisors:

#### a) Recently passed items or presentations:

##### i) Mental Health:

- Contract with Redwood Community Services for Crisis Response and Outreach and Engagement services.
- Contract with Mendocino Coast Clinics for support, implementation, and participation to Mendocino's Whole Person Care Pilot project.
- Contract with Redwood Quality Management Company for support, implementation, and participation to Mendocino's Whole Person Care Pilot project.
- Contract with Mendocino Community Health Clinic for support, implementation, and participation to Mendocino's Whole Person Care Pilot project.
- Contract with Redwood Community Services for housing and case management for Assisted Outpatient Treatment and LPS Conservatorship clients.
- Contract with Department of Health Care Services Crisis Counseling Program grant to provide crisis counselors to aide in the fire relief.

##### ii) Substance Use Disorders Treatment:

- None

#### b) Future BOS items or presentations:

##### i) Mental Health:

- Amendment to contract with Redwood Quality Management for adult and youth services.

##### ii) Substance Use Disorders Treatment:

- Three Year contract with Department of Health Care Services for Drug Medi-Cal services.
- Three Year contract with Department of Health Care Services for Substance Abuse Prevention and Treatment funding.

## **2. Staffing Updates:**

### December:

- a) New Hires:  
Mental Health: Department Analyst I  
Substance Use Disorders Treatment: 0
  
- b) Promotions:  
Mental Health: 0  
Substance Use Disorders Treatment: 0
  
- c) Departures:  
Mental Health: 0  
Substance Use Disorders Treatment: 0

## **3. Audits/Site Reviews:**

- a) Date occurred and report out of findings:
  - Drug Medical Technical Assistance Review: September 25<sup>th</sup>- 28<sup>th</sup>, 2017 – Report Received.
  
- b) Upcoming/scheduled:
  - Substance Abuse Prevention and Treatment Audit – April 2<sup>nd</sup>- 4<sup>th</sup> 2018.

## **4. Meetings of interest:**

- a) Joint QIC/MHSA Stakeholder Meeting: January 25<sup>th</sup>, 2018; 3:30pm - 5:30pm, Family Resource Center located at 44000 Willis Avenue, Laytonville.
- b) Cultural Diversity Committee Meeting: February 21<sup>st</sup>, 2018; 3:30pm - 5:30pm, Hopland Band of Pomo Indians Rancheria located at 3000 Shanel Road, Hopland.

## **5. Grant opportunities:**

- a) Crisis Counselor Program Immediate Services Program – Application Approved.
- b) Benefits for Homeless Individuals – Application Submitted.
- c) No Place Like Home Technical Assistance – Application Submitted.
- d) SB 82 Triage Grant – RFQ for Investment in Mental Health Wellness Act – Applications due March 9, 2018.
- e) No Place Like Home.
- f) Crisis Counselor Program Regular Services Program – Application submitted.



**6. Significant projects/brief status:**

a) Assisted Outpatient Treatment (AOT): AB 1421/Laura’s Law:

i) Updates on Program:

- William Riley AOT Coordinator is accepting and triaging referrals

Referrals to date:	29
Did not meet AOT Criteria:	22
Currently in Investigation/Screening/Referral:	5
Settlement Agreement/Full AOT	1
Other:	1

b) SB 82 Wellness Grant: Crisis Residential Treatment:

- Extension awarded until May 2018 by CHFFA Board.
- Redwood Quality Management Company has finalized sale of property. Next steps development for use.

**7. Educational opportunities/ Information:**

a) Joint QIC/MHSA Stakeholder Meeting: January 25<sup>th</sup>, 2018; 3:30pm - 5:30pm, Family Resource Center located at 44000 Willis Avenue, Laytonville.

b) Cultural Diversity Committee Meeting: February 21<sup>st</sup>, 2018; 3:30pm - 5:30pm, Hopland Band of Pomo Indians Rancheria located at 3000 Shanel Road, Hopland.

**8. Mental Health Services Act (MHSA):**

a) MHSA Housing:

- Rural Communities Housing Development Corporation (RCHDC) has identified eligible properties.
- Contract with RCHDC approved by Board of Supervisors February 14, 2017.
- RCHDC submitted their application for their Affordable Housing Program for additional funding support. Notice of Award granted June 16<sup>th</sup>, 2017.
- RCHDC was approved by the Ukiah City Council Planning Commission for the project with conditions.
- RCHDC submitted the Tax Credit Application in June. Initial scoring looks very promising for award.
- California Tax Credit Allocation was awarded for Willow Terrace.
- Development financing schedule to be completed in March 2018.

b) Innovation:

- Plan submitted to MHSOAC with BHAB support letter March 13, 2017.
- MHSOAC acknowledged receipt, and will respond to us with 20 questions that need to be answered.

- Public comment period July 24 – August 13, 2017, tentatively scheduled for re approval with BOS in September (aiming for September 18, 2017).
- OAC final presentation date scheduled for October 26, 2017 in Los Angeles from 9:00 am – 4:00 pm.
- OAC Approved the proposal on October 26, 2017. They intend to visit for a status update in 3 months. MHSA team is coordinating with Round Valley to develop the contract and begin project implementation.
- OAC Staff Technical Assistance visit scheduled February 7-9, 2018.

### **9. Lanterman Petris Short Conservatorships (LPS):**

- a) Number of individuals on LPS Conservatorships = 52

### **10. Medication Support Services:**

- a) Number of Medication Support Clients Served in November 2017
- Total number of clients served = 242
  - Total number of services provided = 361
  - Fort Bragg: 84 clients served for a total of 134 services provided
  - Ukiah: 158 clients served for a total of 227 services provided

### **11. Substance Use Disorder Treatment Services:**

- a) Number of Substance Use Disorder Treatment Clients Served in November 2017
- Total number of clients served = 86
  - Total number of services provided = 605
  - Fort Bragg: 11 clients served for a total of 72 services provided
  - Ukiah: 68 clients served for a total of 493 services provided
  - Willits: 7 clients served for a total of 40 services provided

### **12. Contracts:**

1. Mental Health Block Grant – Mendocino Coast Hospitality Center Transitional housing/homeless mental health clients.
2. Round Valley Indian Health Center – Innovation Project.
3. North Coast Drivers – Multiple offender drinking driving program.
4. Three Year contract with Department of Health Care Services for Drug Medi-Cal services.
5. Three Year contract with Department of Health Care Services for Substance Abuse Prevention and Treatment funding.

<p>Minutes Frank Tuttle, YT/RVIHC</p>	<p><b>Mendocino County</b>  <b>Behavioral Health &amp; Recovery Services</b>  <b>MHSA Innovations Project #1</b>  <b>Round Valley Crisis Response</b></p>	
<p>Agenda date: Tuesday, December 19, 2017   1:00 p.m. – 3:10 p.m. Yuki Trails</p>		
	<p>Discussion Item</p>	
<p>1.</p>	<p><b>Introductions:</b>  Otis Brotherton, Program Director, Yuki Trails/RVIHC provided a brief introduction of the intended agenda, and introduced members of the RVIHC/Mendocino County (RVIHC/MC) Innovations project present.</p> <p>Robin Meloche, MHSA Coordinator, Mendocino County Behavioral Health Services provided a brief background regarding the larger and current context of MHSA financial resources available to Mendocino County – Community Services and Support, and Early Intervention and Innovations program components. Introduced development of RVIHC/Mendocino County Innovations project focus on stakeholders engagement.</p> <p>Frank Tuttle, Yuki Trails – Innovations Project Start-Up Team, focused on current intent of RVIHC/MC Innovations project, project start-up needs and role of stakeholders in project development.</p> <p>Agency/organization representatives asked to briefly note how project does/could interface with your agency/organization – especially highlight agency interface with Native Americans in immediate crisis involving substance abuse and possible mental health factors.</p>	
<p>2.</p>	<p><b>Project Overview:</b> Frank Tuttle</p> <p>Presented the longstanding need to increase access to services for individuals in outlying areas of county, particularly Round Valley area. Overall response from stakeholder confirms this observation.</p> <p>Discussion of underserved Native American community as project focus: limited access to crisis services/care, perceived shortcomings between NA community(ies) and MC delivery of services (general lack of Co physical facilities and programs, limited distribution of Co financial resources, financial impact of health care disparities, up this point a perception of a lack of a collaborative effort between NA programs – specifically substance abuse and mental health - and MC to increase awareness of NA client, i.e. understanding impact of historical intergenerational trauma and its possible significance to delivery of services to NA demographic.</p> <p>Presented a generalized history of engagement with “institutional” County modalities – successes and failures, possible personal, interpersonal and cultural dynamics. Pre-planning – stakeholder input – highlighted underlying these factors and possible means to address issues, short-term and long-term.</p>	

	Presented the need for improved community trust for crisis services, recovery collaboration. Group introduced to cultural dynamics of historical trauma, trauma and trauma-informed care as foundational factors: training, delivery of services, stakeholder education. Discussed the develop of a training schedule for in-coming project staff, possibility of offering of training to identified staff of agencies/organizations present, particularly staff interfacing with NA community members/clients.	
3.	<b>Immediate Tasks/Engagement:</b> Frank Tuttle A synopsis of project staffing, training, physical facility needs and continuous stakeholder engagement presented. Use of present TLC building adjacent to Yuki Trails facility; need for on-call, crisis workers and administrative positions, adherence to consistent evidence-based training program for all involved in project.	
4.	<b>OAC Site Visit:</b> Frank Tuttle January 10-11, 2018 has been identified for on-site visit by OAC to Yuki Trails/RVIHC and Mendocino Co. BHS in Ukiah. Specific agenda has yet to be developed, R Meloche facilitating this aspect as Co Project Liaison.	

**Meeting ended 3:10 pm**

**Next meeting: TBA in January 2018 - 1:00 p.m. to 3:00 p.m.**

Yuki Trails Conference Room, 2300 Henderson Rd, Covelo, CA



Behavioral Health Recovery Services  
Mental Health FY 2017-2018 Budget Summary  
Year to Date as of December 31, 2017

Program	FY 17/18 Approved Budget	EXPENDITURES										REVENUE					Total Net Cost
		Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	2011 Realign	1991 Realign	Medi-Cal FFP	Other	Total Revenue					
1 Mental Health (Overhead)	980,600		113,128	192,142			305,270		1,496,004		(870)	1,495,134		(1,189,864)			
2 Administration	1,678,299	473,276	66,598			539,873					89,557	89,557		450,316			
3 CalWorks	100,995	45,501	133			45,634						-		45,634			
4 Mobile Outreach Program	212,886	79,083	4,575	30,537		114,195						-		114,195			
5 Adult Services	9,048,183	188,390	188,780	3,042,765		3,419,935				586,016	164,942	750,958		2,668,977			
6 Path Grant	19,500		2,512			2,512						-		2,512			
7 SAMSHA Grant	123,401					-						-		-			
8 Mental Health Board	11,500		2,777			2,777						-		2,777			
9 Business Services	819,954	232,748	14,264			247,013					13,085	13,085		233,927			
10 Children Services	9,481,381	53,074	67	3,058,976		3,112,117				1,120,815		1,120,815		1,991,301			
11 AB109	146,791	56,001	16,496			72,497		42,800				42,800		29,697			
12 QA/QI	746,022	281,993	14,059			296,052					12,122	12,122		283,929			
<b>a Total YTD Expenditures &amp; Revenue</b>		1,410,067	423,390	6,293,883	30,537	-	8,157,876	42,800	1,496,004	1,706,831	278,837	3,524,473		4,633,404			
<b>b FY 2017-2018 Adjusted Budget</b>	<b>23,369,512</b>	<b>3,823,209</b>	<b>1,957,499</b>	<b>17,450,381</b>	<b>40,000</b>	<b>98,423</b>	<b>23,369,512</b>	<b>5,788,752</b>	<b>4,180,046</b>	<b>7,375,708</b>	<b>5,996,167</b>	<b>23,340,673</b>		<b>28,839</b>			
<b>c Variance</b>		<b>2,413,142</b>	<b>1,534,109</b>	<b>11,156,498</b>	<b>9,463</b>	<b>98,423</b>	<b>15,211,636</b>	<b>5,745,952</b>	<b>2,684,042</b>	<b>5,668,877</b>	<b>5,717,330</b>	<b>19,816,200</b>		<b>(4,604,565)</b>			



Redwood Quality Management Company (RQMC) is the Administrative Service Organization for Mendocino County- providing management and oversight of specialty mental health, community service and support, and prevention and early intervention services. The following data is reported by age range, along with a total for the system of care (either youth or adult) as well as the overall RQMC total. This will assist in interpreting how different demographics are accessing service, as well as assist in providing an overall picture of access and service by county contract (youth and adult). Our goal is to provide the Behavioral Health Advisory Board with meaningful data that will aid in your decision making and advocacy efforts while still providing a snapshot of the overall systems of care.

**AGE OF PERSONS SERVED**

*Children, Youth, & Young Adult System      Adult & Older Adult System      RQMC*

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
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**Persons Admitted to...**

Outpatient Services	30	30	10	4	23	25	4	
<i>Total</i>	74				52			<b>126</b>

Crisis Services	4	18	12	8	30	52	10	
<i>Total</i>	42				92			<b>134</b>

*Children, Youth, & Young Adult System      Adult & Older Adult System      RQMC*

**Identified As...**

Male	63			70			<b>133</b>
Female	52			74			<b>126</b>
Transgender	1			0			<b>1</b>

White	48			104			<b>152</b>
Hispanic	28			11			<b>39</b>
American Indian	4			10			<b>14</b>
Asian	1			1			<b>2</b>
African American	5			2			<b>7</b>
Other/Undisclosed	30			16			<b>46</b>



**AGE OF PERSONS SERVED**

<i>Children, Youth, &amp; Young Adult System</i>				<i>Adult &amp; Older Adult System</i>			<i>RQMC</i>
0-11	12-17	18-21	22-24	25-40	41-64	65+	Total

**Unduplicated Persons...**

Served in November	271	232	82	44	158	235	46	
<i>Total</i>	629				439			<b>1,068</b>

Served Fiscal Year to Date	366	347	135	62	288	378	83	
<i>Total</i>	910				749			<b>1,659</b>

<b>YTD Persons by location...</b>	
Ukiah Area	894
Willits Area	204
North County	41
Anderson Valley	24
North Coast	402
South Coast	21
OOC/OOS	73

**AGE OF PERSONS SERVED**

<i>Children, Youth, &amp; Young Adult System</i>				<i>Adult &amp; Older Adult System</i>			<i>RQMC</i>
0-11	12-17	18-21	22-24	25-40	41-64	65+	Total

**Total Number of...**

Full Service Partnerships (FSP)	1		16	12	19	30	4	
<i>Total</i>	29				53			<b>82</b>

**Total Number of...**

Emergency Crisis Assessments	5	27	19	20	46	70	20	
<i>Total</i>	71				136			<b>207</b>

<b>by location...</b>	
Ukiah Valley Medical Center	76
Crisis Center-Walk Ins	89
Mendocino Coast District Hospi	21
Howard Memorial Hospital	18
Jail	1
Juvenile Hall	
Schools	
Community	2
FQHCs	

<b>by insurance...</b>	
Medi-Cal/Partnership	132
Private	24
Medi/Medi	24
Medicare	15
Indigent	12
Consolidated	
Private/Medi-Cal	
VA	





**AGE OF PERSONS SERVED**

	Children, Youth, & Young Adult System				Adult & Older Adult System			RQMC
	0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
Inpatient Psychiatric Hospitalization	0	8	5	2	14	9	3	
<i>Total</i>	15				26			<b>41</b>

<b>by location...</b>	
Aurora- Santa Rosa	8
Restpadd Redding/RedBluff	11
St. Helena Vallejo/DeerPark	20
Fremont	1
John Muir Walnut Creek	1
Sonoma CSU	
WoodLand	
St Francis	
Marin General	

<b>by criteria...</b>	
Danger to Self	19
Gravely Disabled	10
Danger to Others	2
Combination	10

<b>at discharge...</b>	
29 Discharged to Mendocino Cnty	
23 Had a Post-Hospital Session	
Avg .5 days to Exit Interview	

Crisis Line Contacts	5	37	23	27	136	199	29	
<i>Total</i>	92				364			<b>456</b>

\*There were 53 logged calls where age was not disclosed. Those have been added to the total.

<b>by reason for call...</b>	
Increase in Symptoms	185
Phone Support	97
Information Only	43
Suicidal ideation/Threat	84
Self-Injurious Behavior	8
Access to Services	28
Aggression towards Others	6
Resources/Linkages	5

<b>by time of day...</b>	
09:00am-05:00pm	270
05:00pm-09:00am	186

<b>Calls from Law Enforcement to Crisis</b>		
TOTAL: 39		
MCSO: 14	CHP: 2	WPD: 0
FBPD: 7	Jail: 1	UPD: 15